



PRN365

PRN365 Counseling, PLLC

PARENT SUPPORT GROUP

for Children with Special Needs



You don't have to do this alone.

Join a supportive community of parents who understand. Get practical tools, expert guidance, and the encouragement you need to navigate the challenges and celebrate the **joys** of parenting a child with special needs.



You matter.
Your child matters.
We're here to support you both.



SPANISH AND ENGLISH SPEAKING GROUPS AVAILABLE

Todos son bienvenidos.

IN THIS GROUP, YOU WILL:



LEARN

Practical, hands-on strategies for managing behavioral challenges.



ADVOCATE

Gain advocacy tools to support your child in school and beyond. **Both therapists are strong advocates** and will help you navigate systems and access the resources your child deserves.



CONNECT

Build meaningful connections with other parents who truly understand your experience.



RECEIVE SUPPORT

Find emotional support in a safe, judgment-free environment.

LED BY TWO EXPERIENCED SPECIALISTS



STEPHANIE TICHELAAR, LMHC, M.Ed.
Mental Health Counselor

- ✔ Specializes in supporting children, adolescents, and families
- ✔ Expert in behavior management strategies and emotional regulation
- ✔ Passionate about empowering parents with practical tools and compassionate support



MARIA GENT, Ed.D., LMHCA
Mental Health Counselor

- ✔ Expert in special education and school collaboration
- ✔ Helps families navigate systems and access the services and supports their child needs to thrive
- ✔ Passionate about empowering parents and advocating for children and families



IN-PERSON
Chelan Office



VIRTUAL OPTION
Can't make it in person? Join us from the comfort of your home.



ONGOING GROUP
Day/Time:
TBA for Day and Time

Limited spots available!



FOR PARENTS OF CHILDREN WITH ALL SPECIAL NEEDS
All are welcome.



Take the first step today.

You don't have to do this alone. Support. Guidance. Community.

We're here for you.



TO LEARN MORE OR REGISTER:

- ☎ (360) 797-9741 ext. 2
- ✉ intake@prn365.com
- 🌐 www.prn365counseling.com
- 📍 Chelan, WA