

Wanderluxe Women

LUXURY WOMEN'S TRAVEL RETREAT **NORTHERN THAILAND**

Co-Hosted by Jane & Frances
JD Whole Health &
Frances Cream Travel Manager

*Explore the beauty & culture of
Chiang Mai ~ Chiang Rai &
Bangkok.*

*Step away from the many hats
you wear and roles you juggle
and give yourself the gift of
time and space to reconnect,
recharge and refocus on you.*

*This travel retreat offers the
perfect balance of indulgence,
adventure and nourishment for
the the body, mind and soul.*

8 days / 9 nights

16th to 24th February 2026



Contact for more Information:

jane@jdwholehealth.com.au

frances.cream@travelmangers.com.au

**BOOK
NOW!**



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WANDERLUXE
WOMEN

LUXURY • WOMEN'S • TRAVEL RETREATS

Itinerary

Bangkok - 2 nights

- *The tour starts in Bangkok where we will enjoy a day of sightseeing including visiting the flower market, the famous reclining Buddha and ride on a private longtail boat.*

Chiang Rai - 2 nights

- *Only a short flight away, we will arrive in Chiang Rai - Thailand's northernmost province. Among other sites, we will visit the spectacular White Temple, Wat Rong Khun and enjoy a market visit and a rickshaw ride around the quaint streets.*

Chiang Mai - 4 nights

- *We will transfer to Chiang Mai via private vehicle and enjoy sightseeing along the way.*
- *Our remaining days in Chiang Mai will include a tour of the old town, a Thai cooking class, Night Markets, Shopping opportunities, a visit to an Elephant Sanctuary, an optional morning hike. We will also visit a local Hilltribe with the opportunity to receive a blessing of good health and fortune from a Buddhist monk.*



** final itinerary subject to change due to operational reasons*

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What's Included?

- 8 nights in 5-star Luxury Accommodation (single room)
- Daily Delicious Breakfasts
- 5 Lunches
- 4 Dinners
- Morning Movement Sessions & Nutrition / Wellness Talks
- Sightseeing in each area with private guides including a Cooking Class, River Cruise, Elephant Sanctuary, Morning Hike and more...
- All transfers (including flight from Bangkok to Chiang Rai)

Note

- All activities are entirely optional..do as little or as much as you like.
- There is ample opportunity for spa treatments and rest time

COST - \$6485.00

(\$6250 Early Bird Price if booked before 1st June)

(Price is for Single Share

Twin Share option available)

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