



Legend for the lesson

S=Sensory activity (could include drawing, spelling, reading or looking at pictures)

Q=Questions to go with teaching point (choices will be given in brackets after the question for students who need them, but not every student needs to use them)

BOLD words are the key words for the teaching point and should be written down on your paper

This lesson is ready for a student at any level, modify as needed!

16. Peanut Butter Lovers Month

If you are a big fan of **peanut butter** - November is a great month to **celebrate** as it is peanut butter lovers month!

Q - So the month of November is to celebrate Peanut _____
(BUTTER/APPLES).

Q- Is this a month for you? Are you a big fan of peanut butter?
YES/NO/SOMETIMES

The earliest known use of peanut butter goes back to the Aztecs and Incas who were known to **grind** their peanuts into a **paste**.

S - Let's spell the word GRIND

Q- What do you think that might mean? If we are grinding the peanuts into a paste are we WATERING or CRUSHING them?

S- Yes, grinding means you are crushing the peanuts up into small pieces. Let's practice writing a sentence together using the word grind. (The machine will grind the rocks into _____ (PEBBLES/STONES)).

To make peanut butter - you would of course need to have peanuts. Peanuts grow on **plants** that are planted in the spring. The peanut grows from a **flower** that bends down and grows into the **soil**.

Q- Let's practice some drawing! Do you want to practice drawing a FLOWER or a PEANUT?

S - Using the line drawing provided to help the student draw their selected choice - prompt at the level needed by your student. (For an extra activity you could have the student color the picture or ask them to tell you a word to describe their drawing.)

The peanut is ready to be picked in **August or October** - when the weather is still **warm and dry**.

Q- So in August or October what do we do with peanuts? Do we PICK or TICKLE them?

Q- And we learned that this is the best time to pick them because the weather is still dry and _____ (COOL/WARM)

The peanut butter we **consume** today is made through a process of shelling, blanching and grinding up the nut.

S- Let's practice spelling CONSUME

Q- What would be another word for consume? (If we consume something are we EATING it or DRAWING it?)

It is then mixed with sugar, salt and oil is then added for a nice **smooth** consistency.

Q- Sometimes you can buy peanut butter that is smooth or crunchy - which do you prefer? Do you prefer to eat SMOOTH or CRUNCHY peanut butter?

In 1916 a man named George Washington Carver wrote a famous article on the best ways to grow peanuts for **human consumption**. Many believe him to be the **inventor** of the modern day peanut butter.

Q- If I said that people believe that George Washington Carver is the inventor of peanut butter - would that statement be TRUE or FALSE?

Q - Carver was famous for growing peanuts, writing about them and inventing peanut butter - what a busy man! Do you think you would rather be known as a FARMER/WRITER/INVENTOR

When first sold, peanut butter was considered to be a **health product** or meal substitute. The price of peanut butter was initially quite **high** - making it a product that only the **wealthy** could afford.

Q - Does it sound like you would need a lot of CARS or MONEY to buy peanut butter when it was first sold?

S - It was considered a health product - let's spell HEALTH

Q- What is a word that goes with health? (Do you think of a MECHANIC or DOCTOR?)

Mass production has helped to **lower** the cost - making peanut butter a **staple** in most homes. It is commonly used for making sandwiches, cookies, candy and chocolate treats.

Q- Does it sound like it would be EASY or DIFFICULT to find peanut butter in people's homes now?

Q- Yes, it is much easier to find as the price was lowered due to mass _____ (PRODUCTION/SINGING).

Creative Writing

Being a farmer is an important job - let's place a word game and see how many different fruits and vegetables we can think of to grow on a farm!

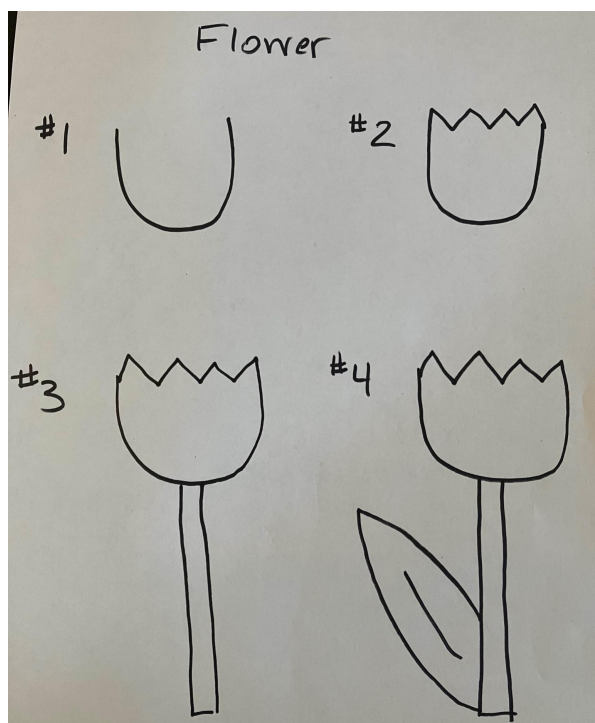
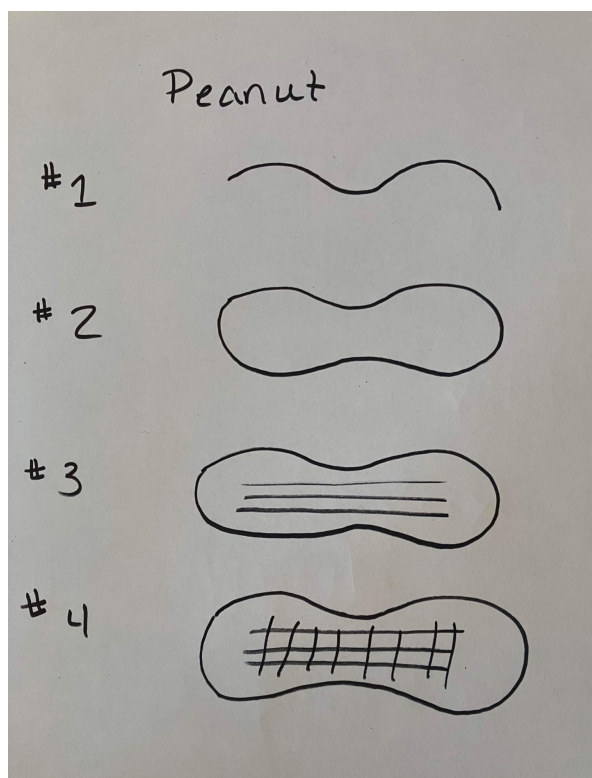
I am going give you a letter and let's see what we can come up with:

L - (LETTUCE/LEAKS/LIMES/LEMONS)

T - (TOMATO/TURNIP)

S - (SPINACH/STRAWBERRY)

C - (CORN/CARROTS)



Sources:

https://en.wikipedia.org/wiki/Peanut_butter

https://en.wikipedia.org/wiki/George_Washington_Carver