

What arrives mid-month

From: Blueprint Gift To: Gabriela

Friday: your Action Plan

Hello Gabriela,

Here is the Action Plan from your latest Blueprint Gift plan. A good moment to see what's done and choose the next step.

Your Action Plan

- Pick up seasonal ingredients at Market On 5th for a new recipe that keeps prep short and comfortable.
- Send one quick message to a choir member about an upcoming sing-along.
- Watch the kids play at Central Florida SC and note one moment that made you smile.
- Write down one reason your cooking matters to the people around you this week.
- Offer Canela a puzzle feeder during your evening routine for added engagement.

Anything changed this month? Update your profile and your next plan will build on it.

[Update Profile](#)

1 Friday: her to-dos come back

Mid-month, Gaby's Action Plan returns to the top of her inbox.

2 One tap to update

Life changed? Her next plan builds on it.

From: Blueprint Gift To: Gabriela

Sunday: before you call your dad

Hello Gabriela,

It's Sunday, often a good day to reach out to the people you care for.

Today's reminder is about Ernesto. Here are the reminders from their latest plan, worth a quick look before you call.

Reminders for Ernesto

- Play dominoes or checkers at the Bob Ross Senior Center this week.
- Birdwatch at Government Canyon State Natural Area twice.
- Review your medication routine every morning.

Coming up for Ernesto in the next 30 days

- Sun 11 Oct · 4pm · Video call with Gaby and kids
- Tue 13 Oct · 9am · Dominoes at senior center
- Wed 21 Oct · 10:30am · Endocrinologist checkup
- Sat 24 Oct · All day · Pharmacy refill

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Shortened for this sample: the real email lists every reminder and date.

3 Sunday: ready for the call

Her father's reminders, in English for Gaby, before she calls San Antonio.

4 His next 30 days

Doctor visits, refills and his dominoes days, from his Care Calendar.

5 Care that travels

The everyday support your caregiving employees carry, made lighter.