

Dear Esteemed Community Partners,

The Philippine Consulate General in Los Angeles invites you to a special wellness presentation entitled, ***Hilot Binabaylan: Ancestral Healing for the Community***



When: **27 February 2026, 5:30 PM**



Where: **Community Hall, Philippine Consulate General in Los Angeles**

This event, presented by **Bahay Hilom** of the Philippines and **La'akea Healing Center** of Honolulu, Hawaii, aims to provide Filipino-American participants an opportunity to reconnect with their roots, gain insight into indigenous approaches to wellness, and explore how traditional practices such as *hilot* can support modern physical, emotional, and spiritual well-being.

Confirm your attendance by **13 February 2026** via:

1. Google form: <https://forms.gle/hny1hsLMkcUAN9jd8>
2. Email: lapcg.cultural@dfa.gov.ph

See you!

Sincerely,

THE PHILIPPINE CONSULATE GENERAL IN LOS ANGELES