

Blocks & Borders for Beginners:

Quilting with a Walking Foot

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Location: Upland Vac & Sew

Required Supplies:

- (6-8) 10" x 18" Quilt sandwiches made from a solid color fat quarter
 - A fat quarter is a 21" x 18" piece of fabric
- Sewing machine in good working order with a walking foot or Dual Feed
- Extension table for your machine if you have one
- Sewing machine needles for your machine, sizes 80/12 or 75/11 sharp
- *Thread that contrasts with your quilt sandwiches—you will need to see your stitches
- Bobbins filled and ready to go
- Painter's tape, one roll 1" wide
- Quilter's marking tool that you can see on your fabric, such as a chalk pencil, heat removable pen, air erasable pen, or water erasable pen
- Ruler—quilting ruler
- Quilting gloves—optional
- Notebook or paper and pencil (I recommend a graph paper notebook or pad)
- Sewing tools: scissors, seam ripper, all the things you usually need!
- Snacks or lunch & a beverage to keep you happy!
- No cologne or perfume please! I have allergies.

*I quilt with 50 weight thread on the top and bobbin weight thread in the bobbin

Be on time and come prepared!

Any questions? Contact me at the e-mail above.

3 Day Cancellation Policy for Refunds

How to Make a Quilt Sandwich

For each sandwich you will need:

- 1 fat quarter of solid fabric (a fat quarter measures 21" x 18")
- 10" x 18" piece of cotton batting

1. Fold the fat quarter in half, wrong sides together, to measure 10" x 18" (be sure to press the FQ first)
2. Sandwich the batting in between the layers of fabric
3. Baste with either temporary spray, such as 505, temporary basting powder or small, curved quilter's safety pins

It's best to come with extra practice quilt sandwiches! You can always use the extras to practice when you get home.