

RESOURCE TOOLBOX

| Name | Location | Publication Year & Approx Read/ View Time | Description |
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| | Skin & Wound Co | ondition Res | sources |
| | VARIOUS SK | IN RESOURC | ES |
| The University of New Mexico | https://hsc.unm.edu/medicine/departments/dermatology/inclusive-dermatology/gallery.html | (2024) Various Resources | Robust photo gallery referencing a variety of skin conditions including acne, aterio-venous malformation (AVM), calcinosis cutis, alopecia areata, folliculitis, hemangioma, herpes, keloid, squamous cell carcinoma (SCC), and many more. |
| The Full Spectrum of Dermatology: A Diverse and Inclusive Atlas | https://jddonline.com/project-atlas/ | (2023) Various Resources | Promoting diversity in Dermatology, this Atlas features high quality pictures of a variety of skin conditions compared on various skin tones. Highly representative and inclusive of every skin colour. May be used by dermatologists, HCPs and others, and it is free to use. |
| Black & Brown Skin, and Their Conditions | https://www.blackandbrownskin.co.uk/mindthega | (2020) 30 mins + | A Black male physician named Malone Mukwende created a handbook describing different skin conditions on Black and Brown skin tones. There are visual aids that correspond to the type of skin condition that can be found around the body. This is to promote early diagnosing and education to the public. Condition Categories: Head & Neck, Chest, Abdomen, Upper Limb, Lower Limb |
| American Journal of Nursing | https://www.mghpcs.org/MunnCenter/Document s/weekly/apr-23/Skin-Assessment-in-Patients-wi th-Dark-Skin-Tone.pdf | (2023) 30 mins + | Journal: Comparing observations and assessments between white and dark skin tones. Discusses the assessment of deep tissue injuries, sexual assault and skin cancer in darker persons; technology used to enhance assessments on POC. |



| Nurses Specialized in Wound, Ostomy, and Continence Canada (NSWOCC) | https://www.nswoc.ca/ | Current - Various resources | Best Practice Guidelines (BPG, resources (videos, webinars, articles, links), memberships, accredited education programs and certifications available. NSWOC specialties include wound care, continence care, and ostomy maintenance. |
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| Dermatology Education (SOCS - American) | https://skinofcolorsociety.org/patient-dermatolog y-education/ https://skinofcolorsociety.org/dermatology-resour ces/educational-videos/ | Various videos Various resources | Informative educational material delivered by dermatologists, includes 26 different dermatological issues found in people of color. Information regarding sunscreen selection, cellulitis, eczema, melanoma, tinea capitis and many more conditions; offers descriptions, causes, treatment and much more. |
| American Academy of Dermatology | https://www.aad.org/public/darker-skin/diseases | Current Various resources | Accredited dermatology association dedicated section to skin conditions and diseases commonly found in patients with darker skin tones. The directory includes hidradenitis suppurativa (HS), rosacea, seborrheic dermatitis, vitiligo and many more. |
| Johns Hopkins University Pruritus In Black Skin: Unique Molecular Characteristics and Clinical Features | New Pruritus Study Results from Johns Hopkins University Described (Pruritus In Black Skin: Unique Molecular Characteristics and Clinical Features). (2021). In <i>Health & Medicine Week</i> (pp. 4368-). NewsRX LLC. https://www.sciencedirect.com/science/article/abs/pii/S0027968420301401 https://doi.org/10.1016/j.jnma.2020.07.002 | (2021) 30 min | In their study, McColl et al. (2021) looked at how persistent pruritus affects people's sleep, quality of life, and treatment difficulties. They focused on racial differences, specifically looking at Black skin. Some structural and molecular features of black skin make pruritus worse, and some pruritic disorders manifest differently in people of color. This research explores the differences in the epidemiology of chronic pruritic disorders that disproportionately affect Black individuals. |
| Journal of the American Academy of Dermatology | https://www.jaad.org/collection-skin-of-color-ima ges | (2023) Various Resources | Skin of Colour Atlas created by medical doctors containing 40+ conditions including skin, nails and hair, presented on people of colour. Multitude of pictures with links to primary articles, quizzes and other educational information. Some articles require membership or login. Made to support the international community in assessment and treatment for people of colour. |
| | ACNE KELOI | DALIS NUCH | AE |



| Acne Keloidalis Nuchae | https://www.skinsight.com/skin-conditions/adult/acne-keloidalis-nuchae#overview | (2023) 5 mins | A website that provides information on acne keloidalis nuchae, who's at risk, signs and symptoms, self care treatment and more. Useful for diagnosis, multiple pictures are used for reference because this condition shows up in a variety of ways. |
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| American Academy of Dermatology | https://www.aad.org/public/diseases/a-z/acne-ke loidalis-nuchae-overview | (2022) 15 mins | Provides a brief history of the condition. Empirical overview of symptoms, causes and treatment of acne keloidalis nuchae on a range of skin tones. The American Academy of Dermatology has membership options available to dermatologists. |
| National Library of Medicine | Al Aboud, D. M., & Badri, T. (2024). Acne Keloidalis Nuchae. In <i>StatPearls</i> . StatPearls Publishing. http://www.ncbi.nlm.nih.gov/books/NBK459135/ | (2023) 5 mins | The article highlights the importance of multidisciplinary management of acne keloidalis. It provides information on causation, treatment, prevention, and assessment. Included are photos and further resources. |
| | EC | ZEMA | |
| Eczema Society of Canada | "Eczema and Skin of Colour" https://eczemahelp.ca/eczema-resources/eczema-a-and-skin-of-colour/ | (2024) 2 mins | Eczema Society of Canada speaks with Canadian dermatologist and paediatrician about how eczema presents differently on skin of colour. |
| Eczema. In: Atlas of dermatological conditions in populations of African ancestry | Donkor, C.M.Y.A., Aryee-Boi, J., Osazuwa, I.R., Afflu, F.K., Alexis, A.F. (2021). Eczema. In: Atlas of dermatological conditions in populations of African ancestry. Springer. | (2021) 30 min | A detailed overview of numerous skin disorders and eczema (also known as dermatitis) is discussed in the paper by Donkor et al. (2021). In particular, it highlights eczema as an irritative papulovesicular skin condition that can be brought on by both internal and external variables. Acuteness, chronicity, and amount of skin involvement determine the numerous symptoms that follow from the inflammatory response, which affects both the epidermis and dermis. |
| The Journal of clinical and aesthetic dermatology | Sangha A. M. (2021). Dermatological conditions in SKIN OF COLOR-: Managing Atopic Dermatitis. <i>The Journal of clinical and aesthetic dermatology</i> , 14(3 Suppl 1), S20–S22. | (2021) 30 mins | Research by Sangha (2021) examines the prevalence of atopic dermatitis (AD) in the US, with a focus on the disproportionate effect on African Americans (AA) when contrasted with other demographics. Compared (7.8%), European Americans (16.1%), and African Americans |



| Doctor Explains what Eczema Looks like in Darker Skin | https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8 211323/ https://youtu.be/wM3TtjP9pcY?si=7BlqMsKKloB NdQdo | (2023) 5 mins | (19.3%), the prevalence of AD among children from AA is greater in population studies The histological differences between AD and EA in Asian populations reveal immunologic variability, with AD displaying much greater TH17 and TH22 and lower TH1/interferon scores. In this video Doctor O'Donovan explains what eczema (atopic dermatitis) looks like on darker skin, including demonstrations with real life photographs to help you better recognise this common skin condition. |
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| | Ц | JPUS | |
| American Academy of Dermatology Lupus and Black Skin | https://www.aad.org/public/diseases/a-z/lupus-s ymptoms | (2022) 20 mins | This website is a directory for black skin, lupus and 6 other skin conditions. Various forms of lupus can impact the skin in distinct ways. This website provides signs and symptoms, skincare tips and recommendations. American Academy of Dermatology memberships available. |
| BMC Health Services Research Intervention to Improve Quality of life for African-AmericaN Iupus patients (IQAN): | Williams, E. M., Lorig, K., Glover, S., Kamen, D., Back, S., Merchant, A., Zhang, J., & Oates, J. C. (2016). Intervention to Improve Quality of life for African-AmericaN lupus patients (IQAN): study protocol for a randomized controlled trial of a unique a la carte intervention approach to self-management of lupus in African Americans. <i>BMC Health Services Research</i> , 16(a), 339–339. https://doi.org/10.1186/s12913-016-1580-6 | (2016) 30 mins + | African-Americans face a higher likelihood of experiencing illness and death due to lupus. Self-management programs have shown notable enhancements in health. This RCT by Williams et al. (2016) tests a variety of interventions aiming to reduce the lupus disease burden and improve wellness of African-American patients in South Carolina. |
| Diagnosing Lupus | https://www.youtube.com/watch?v=HZXgHcw7u Wo | (2021) 13 mins | Dr. Shioban Violin discusses the health disparities POC encounter due to physicians being less confident in diagnosing and treating skin conditions and rashes in those with darker skin tones. Focus on interviewing a patient re-telling his lived experience including misdiagnosis and delay in discovering his lupus diagnosis. |



| Discoid Lupus Erythematosus (DLE) in Black Individuals | https://www.youtube.com/watch?v=E2HXDFwmpCM | (2022) 5 mins CERS & WOL | Dr. Adrienne Joseph's comprehensive video discussing her research conducted on the severity of DLE characteristics in Black patients. Explains the difference when assessing DLE on black patients. Also explores the impacts of lupus on darker skin, recommendations for treatment and her team's findings from their study. JNDS |
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| Pan Pacific Pressure Injury Alliance Pressure ulcers in people with dark skin tones. | https://www.talleygroup.com/medias/documents/ PPPIA-Pressure-Ulcers-in-People-with-Dark-Ski n-Tones-Poster-A3L-0-1604484440.pdf | (2014) 5 mins | An easy to use and accessible chart that identifies Pan Pacific pressure ulcers from stage 1 to unstageable in dark skin tones. Detailed pictures depicting all skin layers and impact of pressure and moisture is shown. Printable. |
| Wounds UK. Addressing skin tone bias in wound care: assessing signs and symptoms in people with dark skin tones. Best practice statement. | https://wounds-uk.com/best-practice-statements/addressing-skin-tone-bias-wound-care-assessing-signs-and-symptoms-people-dark-skin-tones/ | (2021) 10 mins | This publication attempts to address this issue and offer professionals practical information to assist in precise evaluation and diagnosis across all skin tones, enhancing patient care and enhancing outcomes. Inequity in healthcare has been a persistent concern, necessitating evidence-based best practice recommendations to provide optimal patient care. United Kingdom Best Practice Statement provides assessment, diagnosis, common wound types, and more. |
| American Journal of Nursing | Pusey-Reid, E., Quinn, L., Samost, M. E., & Reidy, P. A. (2023). Skin Assessment in Patients with Dark Skin Tone. <i>The American Journal of Nursing</i> , 123(3), 36–43. https://journals.lww.com/ajnonline/fulltext/2023/03000/skin assessment in patients with dark skin tone.20.aspx | (2023) 15 mins | This article offers professors, nurses, students, and HCPs fundamental information on assessing dark skin and urges the implementation of these assessments into academia. Enables nurses and students to proficiently conduct skin assessments on all patients and transform professional practice. Created on the basis that contemporary education is based on colonial biases present in textbooks, resources, and education. |
| Nurses Specialized in Wound, Ostomy, and Continence Canada (NSWOCC) | https://www.youtube.com/watch?v=zXkHjhWFH MQ | (2022) 90 mins | Webinar: Diversity Skin and Wound Care Video. The goals of this NSWOC presentation involved evaluating darker skin using the Fitzpatrick Scale; customize skin and wound therapy according to specific needs while considering cultural sensitivity; explore the prevention and treatment of diabetic foot ulcers for marginalized groups, particularly indigenous; |



| | | | promote diversity and inclusion among leaders in skin and wound care. |
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| Nurses Specialized in Wound, Ostomy, and Continence Canada (NSWOCC) | https://www.nswoc.ca/diversity-inclusion | (2023) Update coming soon | The goal is to pinpoint crucial concerns in the care delivery of wound, ostomy, and continence for indigenous populations, including Inuit and Metis individuals. This core initiative establishes crucial links between the Federal and Provincial |
| , | | Various | Government levels to increase awareness, tackle concerns, |
| | | resources | and enhance patient outcomes by identifying major challenges. Education: Indigenous Wound, Ostomy and Continence Core Program |
| OSKA | https://oska.uk.com/assessing-pressure-ulcers-in-patients-with-darker-skin-tones/ | (2023) 3 mins | Blog Article: "Assessing pressure ulcers in patients with darker skin tones". OSKA provides 4 detailed pictures to reference, a skin tone tool to aid in assessment, pressure ulcer prevention products and resources to health care |
| | | | settings in the UK. |
| | SKIN | CANCER | |
| Skin Cancer Foundation | https://www.skincancer.org/skin-cancer-information/skin-cancer-skin-of-color/ | (2023) 15 mins | A website offers a downloadable PDF book titled "Skin Cancer in People of Colour" and downloadable art; images and posters containing skin CA statistics made with creativity. Raises awareness to this issue while providing information on skin protection through relatable means. Contains various |
| | | | types of skin cancer information, risk factors, early detection, treatment, and other resources. |
| Demystifying Medicine McMaster | https://www.youtube.com/watch?v=ZYIm8tyVEa | (2022) 12 mins | Information regarding the risks of melanomas in people of colour and confront the systemic racism present in dermatology. Addresses the clear absence of darker skin tones in dermatology textbooks. Elaborates on the ABCDE approach for diagnosing melanomas and its perceived challenges for POC. Concludes by providing preventive strategies and self-advocacy tips. |
| Melanoma Research Alliance | https://www.curemelanoma.org/about-melanoma/people-of-color?gad_source=1&gclid=EAlalQobChMlloi7h_7WhAMV-W9HAR1_dwoZEAAYAiAAEgKf2_D_BwE#panel-types | Current 5 mins | Melanoma & skin of colour providing factual information and debunking myths surrounding diagnosis and treatment of melanoma on black people. Organization devoted to research in the field of skin cancer particularly melanomas. |
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| American Academy of Dermatology | https://www.aad.org/public/diseases/skin-cancer/types/common/melanoma/skin-color# | (2018) 5 mins | This is a website that provides information on skin cancer as well as various skin conditions and diseases. prevention, detection and treatment discussed. Pictures provided for referencing skin CA on people of colour. | | |
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| | PSO | RIASIS | | | |
| Psoriasis | https://www.healthline.com/health/psoriasis-on-black-skin | (2020) 5 mins | A website that gives information about the difference in prevalence that is likely due to genetics but can also be affected by a lack of proper diagnosis in patients of color and Paying close attention to how psoriasis appears on different skin colors can help improve the diagnosis and treatment of | | |
| Psoriasis in Patients of Color | https://youtu.be/YMe 9Nlooel?si=MFpid0-XXyY R8f34 | (2020) 24 mins | this condition in people of color. In this video, dermatologist experts and colleagues explain about psoriasis in skin of color which is considered to be one of the most inflammatory skin disorders and in this video they are gonna talk about the common misperception that psoriasis is rare in patients of color. | | |
| | JAU | NDICE | | | |
| Healthline Article | https://www.healthline.com/health/jaundice-in-black-people | (2023) 10 mins | Online article: What Does Jaundice Look Like in Black People? The article is directed at the general public and includes photos, lists symptoms, causes, and when to seek medical assistance. | | |
| BMC Pediatrics | https://doi.org/10.1186/s12887-021-02859-x | (2021) 30 mins | Reliability of Kramer assessment method in neonatal jaundice among neonates of black descent. A cross-sectional study from Tanzania demonstrated positive but not definitive results on the reliability of the Kramer method. Identifies research gaps. | | |
| | ALOPECIA & HAIR LOSS | | | | |
| Skin of Color Society. Patient dermatology education: traction alopecia. Skin of color society. | https://skinofcolorsociety.org/patient-dermatolog y-education/traction-alopecia/ | (2022) 2 mins | Skin of Color Society provides an article regarding brief overview, causes, and treatment for traction alopecia which is a form of of hair loss in which mechanical damaged to the hair follicle caused by repeated tension or pulling. This type | | |

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| | | | of hair loss is common among people with skin of color and other professionals. | | |
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| | SOCIAL MEDIA RESOURCES | | | | |
| Brown skin matters | https://www.instagram.com/brownskinmatters/?h l=en | Current | An Instagram page focused on skin conditions in darker skin. BSM is a community sourced and supported project addressing this stark lack of dermatological reference photos on skin of color. The dearth of representation extends from resources for lay people (like parents), to teaching materials in medical schools | | |
| Common Skin Concerns of People of Color | https://youtu.be/L5GQHp87-Rw?si=UEYePfG6B H6kiCCC | (2022) 5 mins | Dermatologist Dr. Corey L. Hartman (founder of Skin Wellness) addressing health disparities and inequity in dermatology. Discusses hyperpigmentation and rosacea, myths and facts regarding common skin concerns on people of color. Provides diagnostic advice and recommendations regarding at home treatments that can be used for common skin concerns. | | |
| Canadian Nurses Association: First National Summit on Racism in Nursing & Health Care | https://www.youtube.com/watch?v=wEwCQ1JC CGk&ab_channel=CanadianNursesAssociation | (2022) 50 mins | A Canadian Nurses Association summit part one, where they interview four nurses from various backgrounds of nursing who open up about their experiences with racial discrimination in the workplace and how they reacted and coped | | |
| Canadian Nurses Association Part 2 of Racism in Nursing & Health Care Summit | https://www.youtube.com/watch?v=QD_OVTvn NkA&ab_channel=CanadianNursesAssociation | (2022) 85 mins | A chat with the honorable Murray Sinclair who is of Indigenous descent, talks about his experiences facing racism from different organizations and practice settings | | |
| Eczema | https://www.youtube.com/watch?v=WnTl98zaZD § | (2021) 15 mins | In this video. Dr. Saimi Adedeji explained what eczema is and as usual in her skin series of videos she explained here how it is different in black skin compared to Caucasian skin and what challenges this causes when treating Black/Asian/darker skin. She also explained which ingredients and products to look out for and give tips about the most effective ways to treat it. | | |



| Skin of Color Society. (2019). Hair and scalp disorders in patients of color. [Video]. | https://www.youtube.com/watch?v=59qY49xdrp A&ab_channel=SkinofColorSociety | (2019) 31 mins | Expert POC clinicians discuss the unique needs of assessing and treating skin/hair disorders in POC such as alopecia areata and frontal fibrosing alopecia. Addresses proper hair care, the role of Sebum production and the use of Jax Inhibitors. |
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| Why skin disease is often misdiagnosed in darker skin tones | https://www.youtube.com/watch?v=2JUQo-PnY 2g | (2022) 6 mins | Skin is one of the most powerful predictors of health, yet nearly half of all new dermatologists admit to feeling uncomfortable identifying health issues on darker skin tones resulting in poorer health outcomes for patients of color. In this crucial talk, TED Fellow and dermatologist Jenna C. Lester shares her effort to extend medical training beyond its current limited scope and ensure all medical students get trained in the full spectrum of diseases as they appear in all patients, regardless of skin tone. |
| | ADDITIONAL RESOL | IRCES & INFO | PRMATION |
| Black Health Alliance. Community services | https://blackhealthalliance.ca/ | Various resources | Serving people black people in Canada, this page helps to connect the Black community with resources regarding health, housing, & food security. Exploring domains include SDHs, health inequities and combating anti-black racism through advocacy. |
| Black Nurses and RNAO | https://rnao.ca/in-focus/black-nurses-and-rnao | Current | A section of the RNAO website that is dedicated to recognizing Black nurses, initiatives in place to address anti-Black racism, interest groups, RNAO policy, partnerships and engagement, and capacity building |
| On-Demand Webinars: Patient Diversity and Pressure Injury Prevention | https://www.woundsource.com/webinars | Varying Times | Wound Source is a website offering on-demand educational webinars varying in topics involving wound care. The website also promotes upcoming webinars to be hosted surrounding similar subject matter. |
| RNAO Leading Change Toolkit | https://rnao.ca/leading-change-toolkit | Varying times | A page of the RNAO website offering educational resources and frameworks focused on appropriate methods to initiate or influence change within the workplace. As well as education surrounding engagement with individual's lived experiences |



| TAIBU Community Health Centre | https://www.taibuchc.ca/en/ | Various resources | Taibu Community Health Centre is an organization dedicated to building a safe space in the GTA for Black-identifying individuals to access various health resources |
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| Hutano | https://insights.tryhutano.com/ | Various resources | Hutano is the world's first social media health-focused platform designed for Black and Brown individuals and allies. This website intends to build a healthy and safe community for people to engage in discussions related to health and skin care among various skin tones |
| | LOGIN/ SUBSCRIE | PTION /MEMBE | RSHIP |
| Journal of the American Academy of Dermatology | https://www.jaad.org/collection-skin-of-color-ima ges | (2023) Various Resources | Skin of Colour Atlas created by medical doctors containing 40+ conditions including skin, nails and hair, presented on people of colour. Multitude of pictures with links to primary articles, quizzes and other educational information. Some articles require membership or login. Created to support the international community in assessment and treatment for people of colour. |
| MEDSCAPE | https://www.medscape.org/viewarticle/529349 | (2006) to current | Journal - "Ethnic Skin: A Spectrum of Issues" The article addresses terminology issues regarding skin diversity, advocating for inclusive terms other than "skin of colour" or "ethnic skin" addressing the colonialism within medicine. It discusses common skin diagnoses among diverse groups, highlighting disparities in attention to non-white populations' dermatologic needs. Emphasizes the need for knowledge of and inclusivity in treating dermatologic conditions prevalent within non-white populations. |
| Canadian Dermatology Association | https://dermatology.ca/skin-diversity-learning-series/ | Current | An educative series including links to web video series addressing gaps in knowledge relating to knowledge gaps in providing optimal care to diverse skin types and tones for certified Canadian dermatologists. |



| Advances in SKin and Wound Care Journal | Black, J., Cox, J., Capasso, V., Bliss, D., Delmore, B., Iyer, V., Massaro, J., Munro, C., Pittman, J., Ayello, E. (2023). Current perspectives on pressure injuries in persons with dark skin tones from the National Pressure Injury Advisory Panel. <i>Advances in Skin & Wound Care</i> , 36(9), 470-480. DOI: 10.1097/ASW.0000000000000032 | (2023) 5 mins | Journal: "Current Perspectives on Pressure Injuries in Persons with Dark Skin Tones from the National Pressure Injury Advisory Panel". The article outlines challenges of early identification of pressure injuries in dark skin tones, due to historical perspectives, social determinants of health, and epidemiology, advocating for inclusivity in education. |
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| Skin of Color Society (SOCS) (American) | https://skinofcolorsociety.org/about-socs/ | Current | SOCS was created by dermatologists offering multiple resources such as information videos, photos, and resources for a wide variety of skin conditions affecting darker skin. Memberships for HCPs are also available. |
| | In The | News | |
| New skin of colour dermatology clinic opens at The Ottawa Hospital | https://ottawacitizen.com/news/local-news/new-skin-of-colour-dermatology-clinic-opens-at-the-ottawa-hospital | (2023) | News article in the Ottawa Citizen One introducing the very first Skin of Colour (SOC) Dermatology Clinic in Canada founded by Dr. Reetesh Bose. Designed to reduce health disparities in patient care for racialized people in Canada; inspired by US medical advocacy efforts expanding dermatology practice to include people of colour. |
| Decolonizing Dermatology- Why Black and Brown skin need better treatment | https://www.theguardian.com/society/2020/aug/1 3/decolonising-dermatology-why-black-and-brow n-skin-need-better-treatment | (2020) 30+ mins | An article by The Guardian, exploring history, research, and implications surrounding the underrepresentation of Black and Brown skin tones in medical training and education |
| "Medicine is blind to body diversity—and it's limiting doctors' examination skills" | Hodkinson, J. (2023). Medicine is blind to body diversity-and it's limiting doctors' examination skills. <i>BMJ (Clinical Research Ed.)</i> , 383, 2591. https://doi.org/10.1136/bmj.p2591 | (2023) 3 mins | A Journal article that Discusses the need for diversity training in medical education, teaching medical professionals how to properly advocate for their patients and it should be incorporated into examination teaching to provide a platform |

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| | | | for the experiences of marginalized people and to familiarize doctors when treating a range of patients. |
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| Why are so many Black patients dying of skin cancer? | https://www.curemelanoma.org/about-melanoma/people-of-color?gad_source=1&gclid=EAlalQobChMlloi7h_7WhAMV-W9HAR1_dwoZEAAYAiAAEgKf2_D_BwE#panel-types | (2022) 5 mins | News article bringing awareness to misconceptions surrounding skin cancer and black people. Black people are disproportionately impacted by skin cancer with poor prognosis due to late detection. One medical school in the US is aiming to transform detection and diagnosis while combating false beliefs and stigma in medicine. |
| "Illustration of Black fetus has Canadian parents, educators calling for diversity in medical resources" | https://www.cbc.ca/news/canada/hamilton/black-fetus-illustration-1.6277131 | (2021) 5 mins | CBC news article articulating the reaction and response of an assistant professor at McMaster University, following the release of a recent illustration by Chidiebere Ibe, medical student, portraying a Black fetus in the womb |
| "Jordan Crowley Would Be in Line for a Kidney—if He Were Deemed White Enough" | https://slate.com/technology/2021/06/kidney-transplant-dialysis-race-adjustment.html | (2021) 12 mins | Jordan Crowley is an 18-year-old biracial man who needs a kidney transplant but has to wait because of racial adjustments. While White Jordan has a GFR of 17, which qualifies him for an organ transplant, Black Jordan has a GFR of 21, which does not qualify him for the transplant |
| "Lack of racial diversity in medical textbooks could mean inequity in care, study suggests" | https://www.cbc.ca/news/health/racial-diversity-medical-textbooks-1.4562352 | (2018) 2 mins | CBC news article about a recent study out of University of British Columbia which featured an in-depth exploration into racial diversity in medical textbooks, the findings, and possible implications |
| McGill University: Action Plan to Address Anti-Black Racism | Office of the Provost and Vice-Principal (Academic). (2020). Action Plan to Address Anti-Black Racism 2020-2025. McGill University. https://www.mcgill.ca/provost/files/provost/action_plan_to_address_anti-black_racism.pdf https://www.mcgill.ca/provost/files/provost/action_plan_to_address_anti-black_racism.pdf | (2020) 30+ mins | This document entails McGill University's action plan to address anti-black racism over the next five years. They outline their planned actions and provide expected timelines for implementation |



| Racially Biased Oxygen Readings Could Be Putting Patients at Risk | https://labblog.uofmhealth.org/rounds/racially-biased-oxygen-readings-could-be-putting-patients-at-risk | (2020) 3 mins | Study reveals pulse oximetry readings in Black patients indicated normal levels, while arterial blood gas levels indicated levels below normal that warranted medical attention. Blood gas analysis compared to pulse oximeter readings showed that 12% of Black patients reported inaccurate pulse oximeter readings compared with 4% of White patients |
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| Shining a Light on Mental Health in Black Communities -Mental Health Commission of Canada | https://www.mentalhealthcommission.ca/wp-content/uploads/drupal/2021-02/covid_19_tip_sheet %20_health_in_black_communities_eng.pdf | (2021) 8 mins | Information on mental health awareness in Black communities and barriers to receiving/seeking treatment, as well as considerations for the promotion of mental health in black communities. Statistics, historical inequity in healthcare, low mental health literacy, myths, misconceptions, and stigma are included |
| University of Ottawa inaugurates Canada's first interdisciplinary centre dedicated to study of Black health | https://www2.uottawa.ca/faculty-health-sciences/university-ottawa-inaugurates-canadas-first-interdisciplinary-centre-dedicated-study-black-health | (2021) 6 mins | The Interdisciplinary Centre for Black Health (ICBH) is being established at the University of Ottawa to study determinants of health and promote change in racial health disparities in the Black community |
| University of Toronto Creating Primer for Black Health | University of Toronto. (2021). New Collaborative builds primer for missing Black Health curriculum. <i>Dalla Lana School of Public Health</i> (September 22, 2021). https://www.dlsph.utoronto.ca/2021/09/22/new-collaborative-builds-primer-for-missing-black-health-curriculum/ | (2021) 8 mins | University of Toronto's Dalla Lana school of public health works to change the culture of medical education by creating new educational structures to better prepare future healthcare professionals for providing appropriate care to Black communities |
| "Images of darker skin are absent from medical text. Dermatologist are changing that" | https://www.usatoday.com/story/news/health/20 22/12/05/dermatologists-skin-of-color-underrepr esented-medical-training/10748390002/ | (2022) 5 mins | Usa today article of Skin of color which were underrepresented in medical training and textbooks and it can lead to missed diagnoses and inequities in care. These dermatologists are taking matters into their own hands |



| "Medical imaging struggles to read dark skin. Researchers say that they've found a way to make it easier" | https://www.cnn.com/2023/10/16/tech/medical-imaging-dark-skin-reaj/index.html | (2023) 4 mins | A CNN news report about how researchers found a new way to improve medical imaging, a process through which physicians can observe the inside of the body, regardless of skin tone. | | | |
|---|---|------------------|--|--|--|--|
| History of Representation of Skin of Color in Textbooks & Media | | | | | | |
| Skin of color images in pediatric dermatology textbooks | Barve, A., Shah, M., & Sheth, P. (2021). Skin of color images in pediatric dermatology textbooks. Pediatric Dermatology, 38(S2), 144–145. https://doi.org/10.1111/pde.14760 https://onlinelibrary.wiley.com/doi/full/10.1111/pde.14760 | (2021) 3 mins | Based on an analysis of three pediatric dermatology textbooks, 61.5% of the 2871 illustrations are white, 30% are brown, and 8.5% are black, suggesting there is a gap in knowledge regarding the diagnosis of skin conditions in Black children | | | |
| Skin of Color lacks representation in medical student resources: A cross-sectional study | Perlman, K., Williams, N., Egbeto, I., Gao, D., Siddiquee, N., & Park. (2021). Skin of color lacks representation in medical student resources: A cross-sectional study. <i>International journal of women's dermatology</i> , 7(2), 195–196. https://doi.org/10.1016/j.ijwd.2020.12.018 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8 | (2021) 5 mins | Dermatology education has long been plagued by limited representation of skin of color (SoC), where medical students are lacking in training about how to diagnose dermatologic manifestations in darker skin shades as compared to lighter skin shades | | | |
| Visual racism in internet searches and dermatology textbooks | Kamath, P., Sundaram, N., Morillo-Hernandez, C., Barry, F., & James, A. J. (2021). Visual racism in internet searches and dermatology textbooks. <i>Journal of the American Academy of Dermatology</i> , 85(5), 1348–1349. https://doi.org/10.1016/j.jaad.2020.10.072 | (2020) 5 mins | Dermatological images online showed 80% light/white skin, 18% medium/brown, and 2% dark/black skin. Furthermore, 80% of 7170 dermatology textbook images depicted white skin, illustrating the need for increased representation to help improve diagnosis and treatment outcomes for patients with brown and black skin | | | |



| Addressing skin tone | https://wounds-uk.com/wp-content/uploads/sites/2/2023/02/191ac9b79f47de2896cf1a30f39037f | (2021) | This document aims to highlight the issue discrepancies in |
|----------------------|--|---------|--|
| bias in wound care: | | | healthcare and provide clinicians with practical guidance to |
| assessing signs and | 5.pdf | 20 mins | aid accurate assessment and diagnosis in all skin tones, |
| symptoms in people | | | optimising patient care and improving outcomes. These |
| with dark skin tones | | | findings highlighted that teaching skin tone diversity is |
| | | | needed to ensure meaningful teaching and learning |
| | | | experiences, and that educators have a duty of care to |
| | | | inform and highlight health inequities in nursing and |
| | | | ultimately to enhance equity in care. |