

AUTHENTIC VOICES

NORTH CAROLINA FAMILY AND YOUTH ORGANIZATIONS/ AGENCIES RESOURCE DIRECTORY

Update 5.2024



This directory is provided to you by Authentic Voices (Center of Excellence). A Center for practical approaches to serving families, youth, young adults, and their communities.

Authentic Voices ensures ongoing access to responsive training and resources for all cross systems stakeholders through authentic family and youth driven practices and highly vetted, senior family and youth leadership. The Center builds upon and utilizes North Carolinas rich culture of family and youth leadership coupled with National resources and leaders. It promotes and accesses current trainings and as the culture evolves will create trainings that support emerging leaders. The Center is a place of excellence for cross systems, family driven/youth guided trainings, co- trainings and family and youth centered resources.

Please note that as systems change to fit the needs of the families, youth, children and individuals with disabilities across North Carolina so will the resources. This resource guide will be updated quarterly, and the updated version can be located on our website at <https://mentalhealthtransformationalli.godaddysites.com/center-of-excellence>.

If you need to update information within this directory or add a resource, contact Stacy Morgan at 276.274.7068 or sjustiss.mhta@outlook.com.



Are You In A Crisis? Do You Need Support Now?

988 Suicide and Crisis Line:

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat <https://988lifeline.org/>

Hope4NC:

Hope4NC is here to connect you with the help you need, whenever you need it. Call or text us at 1-855-587-3463 for free and confidential emotional support, counseling referrals and community resources. You can also chat with a crisis counselor by clicking [HERE](#).

NC DHHS: Crisis Services

Anyone may request crisis or emergency services in North Carolina for mental health, substance abuse, intellectual and developmental disabilities issues. For more info click [HERE](#). Available 24/7.



NC Family Run Organizations & Family Driven Programs

American Indian Mothers Inc.

American Indian Mothers Inc. (AIMI) is a 501(c) (3) not-for-profit organization serving the education, health, social service, and agriculture and cultural needs of American Indians (AI) and minorities residing in North Carolina.

Website: <https://americanindianmothers.org/>

Contact: Beverly Collins-Hall, Executive Director
beverlycollinshall@gmail.com

120 South Main Street,
Red Springs, NC 28377
Phone: (910) 843-9911
Fax: (910) 843-9921

Coverage Area: 17 Counties Trainings Available:

Area(s) of Expertise: Other- continuing education, job training and placement; health education, nutrition and fitness and services referral, HIV referral and case management services, and counseling programs for alcoholism and substance use through traditional principles and practices of the First Peoples.

The Arc of North Carolina

The Arc of North Carolina is committed to securing for all people with intellectual and developmental disabilities the opportunity to choose and realize their goals of where and how they learn, live, work and play.

Website: <https://www.arcnc.org/>

353 E Six Forks Road. Suite 300
Raleigh, NC 27609
Phone: (919) 782-4632



A Program of Mental Health Transformation Alliance (MHTA)

Contacts:

Western Regional Office:

Duncan Reid
30-D Garfield Street
Asheville, NC 28803
(828) 254-4771

Charlotte Regional Office:

Kira Wilson
952 Copperfield Boulevard NE
Concord, NC 28025

2300 Sardis Road North
Charlotte, NC 28227
(704) 568-0112

Triad Regional Office:

Shela Sapp
108 Dorsett Drive
Salisbury, NC 28144
(704) 637-1521

Triangle Regional

Office: Nicole

Kiefer
353 East Six Forks Road
Suite 300
Raleigh, NC 27609

340 Commerce Avenue
Ste 9
Southern Pines, NC 28387
(by appointment only)
(919) 782-4632



Triangle Regional Office:

Regina Johnson
5041 New Centre Drive
Suite 100
Wilmington, NC 28403

1315 South Glenburnie Road
Ste D-15
New Bern, NC 28561
(by appointment only)
(910) 791-9022

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information Systems

Attach Families

We support and advocate for- Parents and Caregivers raising children with Complex Trauma and Attachment Disorders such as Reactive Attachment Disorder.

Website: www.attachfamilies.org

Contact:

Info.attachfamilies@gmail.com

9805 Statesville Road, Suite 6156
Charlotte, NC 28269
Phone: (252) 285-6550

Coverage Area: Nationwide

Trainings Available: Yes

Area(s) of Expertise: Complex Trauma, Attachment Disorders, Reactive Attachment Disorder, Adoption, Foster Care, Severe Behaviors, Advocacy, Support Groups, Free Resources, Certifies Parent Partner Specialists, Certified Trauma Informed Specialist, Parent and Caregiver Support, Mental Health



A Program of Mental Health Transformation Alliance (MHTA)

Autism Society of North Carolina

To provide support and promote opportunities that enhance the lives of individuals within the autism spectrum and their families.

Website: <http://autismsociety-nc.org/>

Contact: Kim Tizzard, Director of Family Support
ktizzard@autismsociety-nc.org

Jennifer Mahan, Director of Public Policy
jmahan@autismsociety-nc.org

5121 Kingdom Way, Suite 100
Raleigh, NC 27607
Phone: 1-800-442-2762

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Disability Specific Information, Advocacy

Combat Female Veterans Families United

Combat Female Veterans Families United provides transition services to Combat Female Veterans (CFVs) and their families, supporting life after war.

Website: <https://www.cfvfunded.com/>

Contact: Sandra Robinson
sandra.robinson@cfvfunded.com
Info@cfvfunded.com

5500 Adams Farm Lane,
Suite 106,
Greensboro, NC 27407
Phone: (919) 637-7679

Coverage Area: Statewide

Trainings Available:

Area(s) of Expertise: Advocacy, Other-Economic, Transition



A Program of Mental Health Transformation Alliance (MHTA)

Exceptional Children's Assistance Center (ECAC)

ECAC is a private non-profit parent organization committed to improving the lives and education of ALL children through a special emphasis on children with disabilities and special healthcare needs. ECAC affirms the right of all individuals, from all backgrounds and cultures, with or without disabilities, to an appropriate education and other needed services. We seek to make that right a reality by providing information, education, outreach, and support to and for families with children across the state of North Carolina.

Website: ecac-parentcenter.org

Contact: Mandy Sonnenberg, PTI Manager
ecac@ecacmail.org

907 Barra Row, Suites 103
Davidson, NC 28936
Phone: (800) 962-6817

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Family Engagement, Early Intervention, Special Education, Systems Navigation, Children and Youth with Disabilities and Special HealthCare Needs, Parent and Youth Leadership, Transition to Adulthood, Section 504, Individuals with Disabilities Education Act, Effective Advocacy

Family Agency Collaborative Training Team (FACTT)

The mission of FACTT is to unify efforts that support the growth and maintenance of NC family trainer development and family-agency training partnerships.

Website: <https://cface.chass.ncsu.edu/services/family-engagement/family-agency-collaborative-training-team/>

Contact: Glenda Clare, Ph.D., Family Partner Specialist
gsclare@ncsu.edu

1070 Partners Way Suite 5100
Raleigh, NC 27606,
Campus Box 8622
Raleigh, NC 27695-8622



A Program of Mental Health Transformation Alliance (MHTA)

Phone: (919) 513-2339

Coverage Area: *Statewide*

Trainings Available: Yes

Area(s) of Expertise: Leadership Styles, Co-Training as an Agency/Family/Youth Team

Family Resource Center South Atlantic

Our mission is to help families acquire the social and economic skills to become self-sufficient. Our vision is serving families, changing communities.

Website: <https://frcsa.org/>

Contact: Derrick Byrd, Executive Director
dbyrd@frcsa.org

3825 Barrett Drive Suite 204
Raleigh, NC 27609
Phone: (919) 834-9300
Fax: 1-866-312-5783

Coverage Area: Regional, County, Statewide

Trainings Available:

Family Support Network of North Carolina

Family Support Network of Central Carolina is a non-profit organization dedicated to providing support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. The mission of the Family Support Program is to promote and provide support for families with children who have special needs.

Website: <http://fsnnc.org/>

325 Pittsboro Street,
Chapel Hill, FL 27599
Phone: (800) 852-0042



A Program of Mental Health Transformation Alliance (MHTA)

Contact(s):

FSN of Trusted Parents:
Serving: Mecklenburg County Nikia
Bye
(980) 229-7253

nikiafsntp@trustedparents.org

FSN of Southern Piedmont:
Serving: Cabarrus, Iredell, Rowan, Stanly, Union Counties
(980) 229-3423

Connect@amazgraceadvocacy.com

FSN of Western NC:

Family Support Network of Western North Carolina is a fee-free organization dedicated to providing support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. The mission of the Family Support Program is to promote and provide support for families with children who have unique healthcare needs through parent mentoring, referrals, complex service navigation, and more.

Serving: Buncombe, Henderson, Madison, Polk, Rutherford, and Transylvania Counties
(828) 213-0047

MHAV.FamilySupportNetwork@HCAHealthcare.com

FSN of Greater Forsyth:

Serving: Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin Counties
(336) 703-4289

FSN of High Country:

Serving: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, and Yancey Counties

Kaaren Hayes
(828) 262-6089

hayeskl@appstate.edu

Website: <https://parent2parent.appstate.edu/>

FSN of Southeastern NC, Inc.:

A 501©(3) non profit organization that serves: Bladen, Brunswick, Columbus, Cumberland, Duplin, New Hanover, Pender, Robeson, and Sampson Counties
Christina (Tina) Ivins

(910) 792-6133

fsnsoutheastern@gmail.com



A Program of Mental Health Transformation Alliance (MHTA)

Website: <https://www.familysupportsenc.org/>

FSN of Central Carolina:

Serving: Alamance, Caswell, Guilford, Randolph, and Rockingham Counties

Nancy Micca

(336) 832-6507

support@fsnnc.org/

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Partnership, Trauma Informed.

The Family Support Health Information Center provides statewide information and referral to families with children with IDD, special healthcare The Family Support Network-University office provides various workshops and seminars related to working with families who have intellectual/developmental disabilities and related special needs. Regional FSN affiliates offer workshops and support groups for families with children who have special needs, and training for parents interested in becoming a trained Support Parent/Mental to new parents seeing parent-to-parent social/emotional support.

Family Voices-National

Family Voices is a national family-led organization of families and friends of children and youth with special health care needs (CYSHCN) and disabilities. We connect a network of family organizations across the United States that provide support to families of CYSHCN. We promote partnership with families at all levels of health care—individual and policy decision-making levels—in order to improve health care services and policies for children.

Website: <https://familyvoices.org/>

561 Virginia Rd.

Bldg. 4, Suite 300

Concord, MA 017242

Phone: (781) 674-7224 or (888) 835-5669

Coverage Area: United States

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Partnership, Medical Models.



A Program of Mental Health Transformation Alliance (MHTA)

Family Voices North Carolina

Exceptional Children's Assistance Center (ECAC) is the Family-to-Family Health Information Center (F2F) and the Family Voices Affiliate Organization (FVAO) in North Carolina.

Website: <https://familyvoices.org/affiliates/states/nc/>

Contact: Christy Moore (919) 714-6490

907 Barra Row,
Suite 103
Davidson, NC 28036-8104

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Education, Partnership, Medical Models.

First in Families of North Carolina

We are a catalyst for people with disabilities and their families in North Carolina to meet their self-determined needs by leveraging relationships and resources and encouraging reciprocity in their communities.

Website: <http://fifnc.org/>

Contact: Debby Wells, Communications and Sustainability Director
dwells@fifnc.org

3109 University Drive, Suite 100
Durham, NC 27707
Phone: (919) 251-8368

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: FIFNC is a catalyst for individuals and families in North Carolina to meet self-determined wellness goals, by leveraging relationship and resources, and encouraging reciprocity in their communities.



The Foster Family Alliance of North Carolina

Our mission is to build a community of individuals and organizations serving foster children through networking, education, and advocacy.

Website: ffa-nc.org

Contact: Gaile Osborne, Executive Director

gaile.osborne@ffa-nc.org

Phone: 1-800-578-7770

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems

Fragile Families NETWORK

When grandfamilies are supported, children thrive! Grandfamilies are created when a grandparent or other family member raises the child of a relative unable or unwilling to parent. Our mission is to provide 1) supportive services to grandfamilies and 2) education and training to health and human service providers.

Website: www.fragilefamiliesnetwork.com

Contact: Glenda Clare, Ph.D.

drclare@fragilefamiliesnetwork.com

3500 Westgate Dr., Ste 504

Durham, NC 27707

(Please contact us via the website)

Coverage Area: Statewide

Trainings Available:

Area(s) of Expertise: Information about grandfamilies created when a grandparent or other family member raises the child of a relative unable or unwilling to parent. We work with family who are in and outside of the child welfare system, Counseling & Case Management, Advocacy, and Training.



A Program of Mental Health Transformation Alliance (MHTA)

Grupo Poder Y Esperanza

Grupo Poder Y Esperanza is a program of Mental Health Transformation Alliance. Grupo ensures that families, children & youth of the Hispanic/Latino communities across North Carolina have ongoing access to responsive training, resources and supports to meet their family's needs. Grupo Poder Y Esperanza, offers hope, guidance, and advocacy through:

- A support group structured safe & reliable environment where parents can express themselves freely while learning from the experiences of other parents and experts.
- Providing advocacy and support from other families and/or community partners.
- Sharing and providing information about various medical conditions such as: Autism, Intellectual and Developmental Disabilities (IDD), Mental Health Condition (MH), Traumatic Brain Injury (TBI), Substance Use (SUB).
- Identifying the challenges/barriers and needs that families face accessing services and support, seeking viable solutions through existing supports within the community.
- Sharing information, techniques, and resources in collaboration with state and local partners by conducting webinars, workshops, professional talks, trainings and disseminating community information.

Website: <https://mentalhealthtransformationalli.godaddysites.com/grupo-poder-y-esperanza>

Contact: Jessica Aguilar, Program Director
Grupopoderyesperanza@gmail.com
Phone: (704) 726-3156

Coverage Area: Statewide

Trainings Available:

Area(s) of Expertise: Family to Family Support, Trainings, Resources, Latino Population, IDD, Support Group

Hope North Carolina

HOPE is committed to developing inclusive communities where people of all ages and abilities experience a sense of belonging. HOPE's goal is to create inclusive, affordable housing options with a pilot project in the Triangle (Orange, Wake and Durham counties) that can be replicated across the state of NC. HOPE offers



A Program of Mental Health Transformation Alliance (MHTA)

monthly in-person social events in the Triangle to build community relationships between people of all ages and abilities that will create natural supports for people with I/DD and older adults when they live independently.

Website: www.hopenorthcarolina.org

Contact: Laura Wells, Executive Director

lauraw@hopenorthcarolina.org

info@hopenorthcarolina.org

PO Box 9144

Chapel Hill, NC 27515

Phone: (919) 883-9290

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Information on Systems

Leadership Alliance for Neurodevelopmental Disabilities (LAND)

Our mission is to advocate for system-level changes, policies, and practices to improve the lives of individuals living with NDDs across the lifespan using a consistent, cross- systems framework that promotes universal screening, evidence-based practice, family focus, and peer support. LAND ensures that people with neurodevelopmental disabilities have full access to services that can assist them in independent living, transition to employment, academic interventions, opportunity for social interactions, overall improved mental health and well-being. LAND is a program of the Mental Health Transformation Alliance (MHTA).

Website: <https://mentalhealthtransformationalli.godaddysites.com/land>

Contact: Elizabeth Field, Program Director

beth.field.land@gmail.com

Phone: (360) 608-3121

Coverage Area: Statewide

Trainings Available: Yes



A Program of Mental Health Transformation Alliance (MHTA)

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems

Learning Disabilities Association of North Carolina

The Learning Disabilities Association of North Carolina (LDANC) promotes awareness of the multifaceted nature of learning disabilities. We support equitable opportunities for people with learning disabilities to participate in life's experiences. LDANC seeks to accomplish this through education, support, advocacy, collaboration, and the encouragement of ongoing research.

Website: <https://ldanc.org/>

Contact: JoAnna Barnes, President
LDA.of.North.Carolina@gmail.com

P.O. Box 3832
Chapel Hill, NC 27515

Coverage Area: Statewide Trainings Available:

Area(s) of Expertise: Disability Specific Information, Advocacy, Other-Schools

LightNavigator Advocacy Partnerships

LightNavigator Advocacy Partnerships is dedicated to driving transformative change within the educational system, with a focused commitment to inclusivity and empowerment for individuals with disabilities. We navigate the path towards an equitable and accessible educational landscape through strategic partnerships, advocacy, and innovative solutions. LightNavigator is a program of Mental Health Transformation Alliance (MHTA).

Website: <https://mentalhealthtransformationalli.godaddysites.com/lightnavigator>

Contact: Diane Coffey, Program Director
coffeyd68@gmail.com

Phone: (828) 773.3598

Coverage Area: Statewide Trainings Available: Yes



A Program of Mental Health Transformation Alliance (MHTA)

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems

Mom's Rising

Covering all 50 states, the MomsRising Team is unified by a mission of increasing family economic security, decreasing discrimination, and building a nation where both businesses and families can thrive.

Website: <https://www.momsrising.org>

Contact: Beth Messersmith, Senior Director
Beth@MomsRising.org

7 Beech Slope Way
Durham, NC 27713
Phone: (919) 323-6179

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: MomsRising works on a broad range of issues that impact children and families including access to health care, paid family and medical leave, paid sick days, pregnant worker accommodations, food insecurity, breastfeeding, early learning and childcare, immigration, gun violence prevention, oral health, environmental health and more.

Mental Health Transformation Alliance (MHTA)

We strive to ensure that families, youth, individuals with lived experience, and community and state partner have access to the support and resources needed to implement a person-centered, family driven youth guided system of care.

Website: <https://mentalhealthtransformationalli.godaddysites.com/>

Contact: Stacy Morgan, Executive Director
Sjustiss.mhta@outlook.com
Phone: (276) 274-7068

Coverage Area: Statewide & National Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems.



A Program of Mental Health Transformation Alliance (MHTA)

National Association for the Mentally Ill North Carolina (NAMI NC)

The mission of NAMI North Carolina is to provide support, education, advocacy, and public awareness so that all affected by mental illness can build better lives.

Website: <https://naminc.org/>

Contact: Holly Provance Daggett, MS, Executive Director
hdoggett@naminc.org

309 W. Millbrook Road, Ste. 121
Raleigh, NC 27609
Phone: (919) 235-4744

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Partnership, Families as Leaders, Resource Directories, Co-Training as an Agency/Family/Youth Team, Other-Recovery, Peer to Peer, Homefront/Support Groups

North Carolina Collaborative for Children, Youth and Families (State Collaborative)

The North Carolina State Collaborative for Children, Youth, and Families, through a System of Care framework, provides a forum for collaboration, advocacy and action among families, public and private child and family serving agencies and community partners to improve outcomes for all children, youth and families. Our vision is for children, youth, and families are healthy, safe and successful at home, in school and in their communities.

Website: <https://nccollaborative.org/>

Contact: nccyfmain@gmail.com

Coverage Area: Statewide Trainings Available: Yes (Child & Family Team 1 & 2)

Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as



A Program of Mental Health Transformation Alliance (MHTA)

Leaders, Partnership, Leadership Styles, Families as Leaders, Resource Directories, Co-Training as an Agency/Family/Youth Team, Healthy Transitions, Other-Triple P

North Carolina Down Syndrome Alliance (NCDSA)

North Carolina Down Syndrome Alliance is an effective, compassionate, and comprehensive resource on Down syndrome throughout North Carolina. NCDSA envisions a culture in which all people with Down syndrome are empowered to achieve their full potential and live healthy, productive lives as valued citizens within the fabric of society.

Website: <https://www.ncdsalliance.org/>

Contact: info@ncdsalliance.org

2621 Spring Forest
Rd., Suite 102
Raleigh, NC 27616
Phone: (984) 200-1193

Coverage Area: Statewide

Trainings Available: Down Syndrome 101, Childcare Center training, Inclusive Education, Workforce Development, and Community Classroom Trainings.

Area(s) of Expertise: Down Syndrome, education, benefits, new parent support, medical outreach, workforce development and advocacy.

North Carolina Families United (NCFU)

NC Families United supports and unites the voices of children, youth, and families with mental health concerns to educate, support and advocate for improved services and lives.

Website: <https://www.ncfamiliesunited.org/>

Contact: Cori Harper, Executive Director
charper@ncfamiliesunited.org



A Program of Mental Health Transformation Alliance (MHTA)

114 Ridge Street #645,
Lenoir, NC 28645
Phone: (980) 349-5333 or (828) 234-6977

Coverage Area: Statewide

*Trainings Available: Yes (Supervisory
Training for Supervisors of Family
Partners, RENEW, WRAP and MHFA)*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as
Leaders, Partnership, Leadership Styles, Families as Leaders, Resource
Directories, Co-Training as an Agency/Family/Youth Team, Healthy Transitions,
Other-Triple P*

North Carolina Fetal Alcohol Spectrum Disorders Informed

The mission of our all-volunteer, grassroots, nonprofit organization is to create FASD informed communities to empower individuals impacted by prenatal exposure to alcohol. Our vision: a world where individuals with FASD can thrive.

Website: www.NCFASDInformed.org

Contact: Kathy Hotelling
kathy.hotelling@ncfasdinformed.org

3110 Edward Mills Road Suite 210
Raleigh, NC 27612-5447
Phone: (919) 307-9068

Coverage Area: Statewide

Trainings Available: Yes

*Area(s) of Expertise: Advocacy, Disability Specific Information, Families as
Leaders, Information Systems*

North Carolina PTA

The North Carolina PTA (NCPTA) is the state's oldest and largest volunteer organization advocating for the education, health, safety and success of all children and youth while building strong families and communities. PTAs across North Carolina impact more than 685,000 children and their families.

Contact: office@ncpta.org



A Program of Mental Health Transformation Alliance (MHTA)

Website: <http://ncpta.org/>

3501 Glenwood Ave.
Raleigh, NC 27612
Phone: (919) 787-0534

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Resource Directories, Youth as Leaders, Partnership, Families as Leaders, Advocacy, Other-Schools, Communities, Fund Raising, Board Development

NC Youth and Family Voices Amplified

NC Youth and Family Voices Amplified is a new program within the Center for Youth, Family, and Community Partnership at UNC Greensboro. The mission is to amplify the voice of NC's youth and families in systems and services that support their mental health and well being. We do this through education, community partnerships and support to enhance family-driven and youth led-care. We follow the Values and Principles of the System of Care Approach.

Website: www.ncvoicesamplified.uncg.edu

Contact:

1001 W. Gate City Boulevard
P.O. Box 26170
Greensboro, NC 27402-6170
Phone: (888) 846-1066

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Training and education for national certification for Family Partners and Youth Peer Support Providers, Technical assistance to Youth and Family Peer Support Providers, as well as the agencies that employ them. Collaboration activities to advance the System of Care Approach across child and family serving systems. In person and online outreach to youth and families to promote mental health and access to services and support Recruitment of prospective new Family Partners and Youth Peer Support Providers. Advocacy for youth and families to at the table when decisions are made about systems and services that impact their lives.



A Program of Mental Health Transformation Alliance (MHTA)

NC Waiver Action Team

NC Waiver Action Team is a group of parents and providers who have advised LME/MCO leadership for nearly 40 years. We consider ourselves advocates for the advocates, whether self-advocates, caregivers, siblings or neighbors. Our goal is to reach the 17,000 presently waiting, engage them and their advocates and help the General Assembly address the dramatic changes needed.

Website: <https://www.ncwaiveractionteam.com/>

Contact:

Bill Donohue - Events/Volunteers
wrdonohue1982@gmail.com
(336) 692-8828

Deborah Woolard - Waitlist Registrants
dgwoolard@gmail.com

Sarah Potter - Social Management/ Advocate
spot1050@gmail.com

Matt Potter - Policy
pottmm5@gmail.com

Coverage Area: Statewide Trainings Available: Yes
Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems

Our Children's Place

Is a statewide education and advocacy program based in Durham focused on community support for children of incarcerated and returning parents. Services:

- Workshops (in person and virtual) for professionals working with children and families
- Printed materials focused on support, telling a child the truth, preparing for a visit, etc.;
- Parent Day at some prisons and Jails

Website: <https://www.ourchildrensplace.com/>



A Program of Mental Health Transformation Alliance (MHTA)

Contact: Melissa W. Radcliff, Program Director
mradcliff@coastalhorizons.org

P.O. Box 13073
Durham, NC 27709
Phone: (919) 904-4286

Coverage Area: Statewide

Trainings Available:

Area(s) of Expertise: Advocacy, Children of Incarcerated Parents

The North Carolina Perinatal Association

Our mission is to improve perinatal health for childbearing families throughout the state by providing continuing education for perinatal providers across North Carolina and increasing awareness of advocacy issues related to maternal and neonatal health.

Website: <http://www.ncperinatalassociation.org/>

Contact: Lori Hubbard
elonurse@gmail.com

P.O. Box 99631
Raleigh, NC 27624
Phone: 919-707-5688

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Resource Directories, Other-Continuing Education

Mental Health America of Central Carolinas – ParentVoice Program

ParentVOICE is an MHA program staffed by parents and caregivers of youth with emotional, behavioral, or mental health concerns. We provide trained and caring Family Partners to help families navigate the education, child welfare, juvenile justice, and mental health systems. The ParentVOICE program supports the principles of Integrated Care and System of Care.

Website: <https://mhaofcc.org/program/parentvoice>



A Program of Mental Health Transformation Alliance (MHTA)

Contact:

3701 Latrobe Drive, Suite 140
Charlotte, NC 28211
Phone: (704) 365-3454

Coverage Area: Mecklenburg & Cabarrus Counties Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Trauma Informed, Families as Leaders, Information on Systems, Co-Training as an Agency/Family/Youth Team, Other-Suicide Prevention/De-Escalation, Triple P, Family Partner Training Institute

Parent Advocates for Adult Children with Intellectual and/or Developmental Disabilities in North Carolina (PACID)

PACID is a grassroots organization of over 300 families with adult children who have intellectual and/or developmental disabilities. Most of the families are from the Triangle region of North Carolina and virtually all still have their adult child living at home with them. Roughly half the adult children are on the autism spectrum. Our families seek to move their adult child into a space of their own in the coming months and years, whether it's to a group home, independent living, or an "intentional community."

Website: <https://www.pacidnc.org/>

Contact: Carol Conway, Chair
Carol.ann.conway@gmail.com

12 Rhododendron Court
Chapel Hill, NC 27517

Coverage Area: Statewide Trainings Available:

Areas of Expertise: Disability Specific, Resources, Advocacy

Parent to Parent USA

At Parent to Parent USA, when someone asks what we do, we say we empower and support parents, nationwide. Why? Because we understand being a parent of a child with special needs can be a challenge- we've been there! The journey is



A Program of Mental Health Transformation Alliance (MHTA)

filled with hills and valleys and sometimes feels a little overwhelming. So, we're driven to ensure no parent feels alone. Ever. Our mission is to support a national network of Parent to Parent programs to ensure access to quality emotional support for families of individuals with disabilities and/or special health care needs.

Website: <https://www.p2pusa.org/>

Contact:

<https://www.p2pusa.org/contacts/>

Find a local Parent to Parent near you: <https://www.p2pusa.org/parents/>

Coverage Area: Nationwide

Trainings Available:

Areas of Expertise: Disability Specific, Advocacy, Resources.

Prevent Child Abuse North Carolina

Prevent Child Abuse North Carolina ensures that child maltreatment prevention is a priority for North Carolina and all communities have the knowledge, support and resources to prevent child abuse and neglect.

Website: www.preventchildabusenc.org

Contact: Sharon Hirsch, President & CEO
shirsch@preventchildabusenc.org

Ashley Alvord, Capacity Building Director
Aalvord@preventchildabusenc.org

3000 Aerial Center Pkwy, Suite 180
Morrisville, NC, 27560
Phone: (919) 829-8009

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Partnership, Trauma Informed, Resource Directory, Other-Community Development Around Prevention of Child Abuse, ACE's, Child Development



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Promise Resource Network (PRN)

Every person will find the hope, inspiration, and support to move through challenges, discover their strengths, live their dreams, and find meaningful purpose in their lives. PRN operates at the intersection of 3 things: individual wellness & recovery system change, and social justice.

Website: <https://promiseresourcenetwork.org/>

Contact: Cherene Caraco, Founder, Chief Global Strategist & Executive Officer

2224 The Plaza
Charlotte, NC 28205
Phone: (704) 390-7709 or Warm Line: (833) 390-7728

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Advocacy, Access to Services

SaySo

The mission of SaySO is to work to improve the substitute care system by educating the community, speaking out about needed changes, and providing support to youth who are or have been in substitute care.

Website: www.saysonc.org

Contact: Sayso@chsnc.org

Phone: (336) 274-1538

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Advocacy, Youth as Leaders, Partnership, Trauma Informed, Leadership Styles, Resource Directories, Information on Systems, Co-Training as an Agency/Family/Youth Team

TASH

NC-TASH realizes that there is a need for a strong advocacy organization for



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people with intellectual and developmental disabilities in North Carolina to promote “equity, opportunity, and inclusion”. NC-TASH’s mission is to serve as an advocacy organization that will include professionals, parents and family members, persons with disabilities, and other North Carolina citizens who advocate for the rights of people with disabilities. NC- TASH aims to focus on improvements through legislation, policy development, education, information dissemination, and direct support.

Website: <https://tash.org/chapters/nc-tash/>

Contact: Karena Cooper-Duffy, President
kcooper@wcu.edu

Triangle area CHADD

CHADD's mission is to improve the lives of people affected by AD/HD through: Collaborative Leadership, Advocacy, Research, Education and Support.

Contact: support@trianglechadd.com

Website: <https://www.chadd.net/chapter/176>

PO Box 30457
Raleigh, NC 27622-0457
Phone: (919) 229-9ADD Or (919) 229-9233

Youth LEAD NC

Youth LEAD NC, knows that our strength lies not only in the words we stand by, but most importantly through the actions of our initiatives. Youth LEAD NC equips youth with disabilities, ages 30 and younger, with the skills and support needed to reach their full potential and become independent, productive members of society.

Contact: YouthLEADNC@youthleadnc.org

Website: <https://www.youthleadnc.org/>

PO Box 90762,
Raleigh, NC 27675



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University Programs

Center for Family and Community Engagement

The mission of the Center for Family and Community Engagement is to advance safe, healthy, and productive families and communities. The center fosters family-community-academic partnerships that are relevant and responsive to families and communities. The center builds these partnerships by supporting community engagement, offering training and technical assistance, and providing evaluation and research. The Center works with interdisciplinary partners on both research and practice at the local, national, and global levels to improve family and community health and well-being.

Website: <https://cface.chass.ncsu.edu/>

Contact: cface_information@ncsu.edu

Campus Box 8622,
Raleigh, NC 27695-8622
Phone: (919) 513-2339

The Center for Youth, Family and Community Partnerships

The Center's role is to advance the research and outreach vision and mission of the University, to build social capital, and to enhance the visibility of UNCG's research enterprise. Consistent with its mission, Center initiatives focus on school-based prevention and intervention programs; childhood mental health and positive youth development; family strengthening; juvenile justice, court interventions and community safety; community health; system of care and cultural competency; and workforce development to advance educational success, health and well-being.

Website: <https://cyfcp.uncg.edu>

Contact:

1001 W. Gate City Boulevard
P.O. Box 26170
Greensboro, NC 27402-6170
Phone: (336) 334.5365



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Duke Center for Child and Family Policy

The Center for Child and Family Policy is dedicated to improving the well-being of children and families through research, education and engagement. We study factors that influence child outcomes, develop and test promising interventions, and advance evidence-based practices and policies that can inform change and unlock opportunities for all children and their families.

Contact: Sarah Brantley
sarah.brantley@duke.edu

Website: <https://childandfamilypolicy.duke.edu/>

Phone: (919) 613.9303 or (919) 668.3279

UNC Center for Maternal and Infant Health

Our goal is to improve the health of North Carolina's women and infants.

Contact: Sarah Verbiest
sarahv@med.unc.edu

Website: <https://www.mombaby.org/>

Room 216 MacNider Building
Campus Box 7181
Chapel Hill, NC 27599-7181

Phone: (919) 843-7865

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Resource Directories, Other-Sleep Safe, Tobacco Cessation, Preconception Health, Contraception



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State Programs

NCDHHS Division of Public Health Children and Youth Branch

The Children and Youth Branch helps all North Carolina children to grow, develop and be healthy. We do this through health promotion, prevention, early identification, treatment and intervention. With the help of the Children and Youth Branch Family Partners for Children with Special Health Care Needs, Branch programs and services are offered within family-centered, community-based systems of care. The Branch manages many programs and services.

Website: <https://publichealth.nc.gov/wch/aboutus/childreneyouth.htm>

Contact:

5605 Six Forks Road
Raleigh, NC 27699-2001
Phone: (919) 707-5000

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Leadership Styles, Families as Leaders, Other-Healthy Sexuality for children & youth with Special Needs, Triple P-Teen & Baby

NC Department of Health and Human Services (NCDHHS) Division of Child and Family Well-Being (DCFW) Whole Child Health Section

The Whole Child Health Section offers family and youth partners a variety of opportunities to intersect with and contribute to program planning, implementation, and evaluation. The Section sponsors family partners to attend national conferences, participate on committees, develop and conduct trainings, review program materials, and other activities. Free trainings are offered to parents of children with special health care needs on many topics including parent leadership and, sexual health, and dental home.

Website: <https://www.ncdhhs.gov/divisions/child-and-family-well-being/whole-child-health-section/best-practices/children-and-youth-special-health-care-needs>



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The North Carolina Children and Youth with Special Health Care Needs Help Line is a free information and referral source for caregivers of and professionals.

Help Line Website: <https://www.ncdhhs.gov/divisions/child-and-family-well-being/whole-child-health-section/best-practices/children-and-youth-special-health-care-needs/children-special-health-care-needs-help-line>

Contact: Holly Shoun
holly.shoun@dhhs.nc.gov

5601 Six Forks Road
1928 Mail Service Center
Raleigh, NC 27699-1928
Office: (919) 707-5605 or Mobile: (919) 274-0414

Coverage area: statewide

Trainings available: Yes



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Resources

Erikas Lighthouse

We are a not-for-profit dedicated to educating and raising awareness about adolescent depression, encouraging good mental health and breaking down the stigma surrounding mental health issues.

Website: <https://www.erikaslighthouse.org/>

Contact:

P.O. Box 616
Winnetka, IL 60093
Phone: (847) 386-6481

Treatment Atlas

Shatterproof Treatment Atlas(treatmentatlas.org) is a confidential, free-to-the-public, nonprofit platform that is publicly available to help people find and compare addiction treatment facilities for substance use disorders, including alcohol and drugs. It is the only tool in the U.S. that helps people see if a facility is offering services that have proven to be effective in treating addiction. People with a substance use disorder or their loved ones can search the online platform based on criteria, such as location, use of best practices, types of treatment offered, accepted insurers, payment options, specialty populations served, and patient experiences, so that they can make informed decisions for their care. Treatment Atlas is available in English and Spanish. For more information, please visit treatmentatlas.org.

Website: www.TreatmentATLAS.org

Contact: ATLAS@shatterproof.org

Coverage Area: Statewide Trainings Available:

Area(s) of Expertise: Addiction, Substances, Treatment Needs



Brunswick Child and Adolescent

Provides outpatient and school based mental health and medication management services for youth ages 5-21 years old in Brunswick and Columbus counties who are experiencing mental health symptoms. Therapeutic services are offered on school campuses, at our youth serving office and via telehealth.

Open Access Walk in Clinic available Monday-Friday at 8 AM.
Phone: (910) 754-4233
6-1 Doctors Circle Supply
NC 28462

Contact: Kristina Clemmons, Program Director
kclemmons@coastalhorizons.org

Clinica Latina at Coastal Horizons

Provides mental health, behavioral health, case management, and crisis services through bilingual, bicultural staff for the Latino/Hispanic community for children, adolescents, and adults.

We assist in the coordination and care of psychiatric evaluations, medication management, primary care, and psychological evaluations. Our goal at Clinica Latina is to promote choices for healthier lives and safer communities in a culturally comfortable and safe environment through the use of evidence-based interventions.

Clinica Latina is open Monday through Friday from 8 AM to 6 PM.

If you need to schedule an appointment or for more information regarding our services, you can reach us at (910) 769-1201.

Coastal Horizons

Coastal Horizons promotes healthier lives, stronger families, and safer communities by providing a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need. As a nationally accredited, non-profit corporation, Coastal Horizons provides services in more than half of the one hundred counties in North Carolina.

Website: <https://coastalhorizons.org/>

Contact: <https://coastalhorizons.org/contact-us/email-form/>



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615 Shipyard Boulevard
Wilmington, NC 28412
Phone: (910) 343-0145

Covenant Case Management Services

Covenant is committed to providing the highest quality care for people with intellectual and developmental disabilities. We are continually seeking new and innovative ways to serve individuals to give families the best opportunity for a secure and promising future.

[Website: https://www.CovenantToServe.com/](https://www.CovenantToServe.com/)

Contact: Jeff Phillips, Chief Operations Officer

Jeff.phillips@covenantcms.com

9940 Monroe Road,
Suite 201-202,
Matthews, NC 28105-5346
Phone: (844) 777-CCMS (2267)

Coverage Area: Cabarrus, Mecklenburg, Rowan, Stanly, Union, Davidson, Davie, Forsyth, Rockingham, Stokes, Alamance, Caswell, Chatham, Orange, Person, Franklin, Granville, Halifax, Vance, Warren, Surry, Iredell, Yadkin, Catawba, Cleveland, Burke, Lincoln, Gaston, Rutherford, Allegheny, Ashe, Wilkes, Watauga, Alexander, Caldwell, Avery, Mitchell, McDowell, Yancey, Madison, Buncombe, Henderson, Haywood, Transylvania, Polk, Jackson, Swain, Macon, Clay, Graham, Cherokee, Beaufort, Bertie, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Hertford, Hyde, Jones, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington, Halifax, Durham, Wake, Cumberland, Johnston, Guilford, Randolph, Montgomery, Lee, Moore, Harnett, Hoke, Richmond, and Anson

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Other-Guardianship, Supported Employment, Transition, Self-Direction, Residential Placement, and Consultative Services.

Dental Home Partnership Strategies for Success

Dental care is important because problems in the mouth can affect the health of the body. Children and youth with special health care or developmental needs should generally follow the same standards of care for children of all abilities. NC's Whole Child Health



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Section offers a FREE training to parent groups called “Dental Home Partnership Strategies for Success”? It is an hour-long training that is co-presented by a parent of a CYSHCN and a dental hygienist.

Contact: Lauren Howard
Lauren.Howard@dhhs.nc.gov

Every Child NC

Our work focuses on promoting equity so that race, ethnicity, economic background, regional location, disability, gender identity and sexual orientation, immigration status, and language are not barriers to educational opportunity.

We are a community-led, statewide coalition of organizations, parents, teachers, and students who advocate for every child’s constitutional right to a sound basic education.

Website: <https://everychildnc.org/>

Contact:

info@everychildnc.org

HealthQuest

HealthQuest is a non-profit organization dedicated to improving the health of our community by assisting those who cannot afford their prescription medications. Assisting residents of Union, Anson and Stanly counties in NC; as well as Chesterfield and Lancaster counties in SC.

HealthQuest has been serving our community for over 22 years and has dispensed over 868,000 free prescriptions valued at over \$136 million. Clients receive medications to treat chronic conditions such as diabetes, high blood pressure, high cholesterol, pulmonary disease, and depression. HealthQuest does not dispense narcotics or any controlled substances.

Who is Eligible? Must not have prescription drug coverage, Including VA, Medicaid and Medicare drug coverage; Must be 18 years or older; Total household gross monthly income must be at or below 300% of the Federal Poverty Level.

Website: www.healthquestpharmacy.org



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415 E Franklin Street
Monroe, NC 28112
Phone: (704) 226-2050

Hope4NC

The stress of life, especially during the ongoing COVID-19 crisis, can feel overwhelming. But you don't have to handle it on your own. With support and someone to listen, you can find a way through. Hope4NC is here to connect you with the help you need, whenever you need it. Call or text us at 1-855-587-3463 for free and confidential emotional support, counseling referrals and community resources.

Website: <https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

Contact: Customer Service (800) 662-2000
Crisis Phone: (855) 587-3463 (Text or Call)

2001 Mail Service Center
Raleigh, NC 27699-2000

Coverage Area: Statewide Trainings Available:

Area(s) of Expertise: Mental Health, Support, Crisis

i2i Center for Integrative Health

i2i Center for Integrative Health convenes healthcare leaders to solve the most important issues affecting behavioral, intellectual and developmental disabilities (I-DD) and primary healthcare in North Carolina. We help diverse organizations collaborate and resolve critical policy issues.

Website: <https://i2icenter.org/>

Contact: Ann Rodriguez, MHA, Executive Director
ann@i2icenter.org

1135 Kildaire Farm Road,
Suite 200,
Cary, NC 27511
Phone: (919) 657-0580



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Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Policy, Partnership, Collaboration, Disability Specific, Strategize Solutions, Activates Change

Legal Aid of North Carolina

We provide support to North Carolinians who are unable to afford an attorney. In 2023, we managed over 25,000 cases, empowering more than 65,000 individuals to understand and assert their rights. Our efforts extended to over 30,000 children in North Carolina. Our top service areas included issues such as domestic abuse, eviction, immigration/naturalization, federally subsidized housing, and criminal record expungement.

Website: <https://legalaidnc.org/>

Contact:

319 Chapanoke Rd.
Suite 104,
Raleigh, NC 27603

Melmark Carolinas

Our mission at Melmark is that we are a multi-state human service provider with premier private special education schools, professional development, training, and research centers. We are committed to enhancing the lives of individuals within diverse communities with autism, intellectual and developmental disabilities, and their families by providing exceptional evidence-based and applied behavior analytic services to every individual, every day.

Website: <https://www.melmark.org/carolinas/>

Contact: Brad Stevenson

bstevenson@melmarkne.org

13325 South Point Blvd
Charlotte, NC 28273
Phone: (704) 704-3941



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NC Rapid Resources

Our mission is to improve access to high-quality treatment options for children with behavioral health needs. By partnering with community agencies to deliver Intensive Alternative Family Treatment®, RRF enables children to receive the care they need in home settings in their community, thus minimizing disruption to the children's lives and maximizing their potential to thrive.

Website: <https://ncrapidresource.org/>

Contact:

PO Box 12948
New Bern, NC 28561
Phone: (704) 704-3941

Midtown Housing Coalition

Midtown Housing Coalition is a North Carolina Nonprofit 501 (c) 3. As parents of people with Intellectual and/or Developmental Disabilities, (IDD), we are concerned about our children living in a safe and affordable permanent home after we are no longer able to look after them.

We are modeling our tiny home community project after many similar projects around the country. The folks with IDD that live in this community will be required to bring their own supports specific to their disability. Midtown Housing Coalition, (MHC) will not provide any services other than the programs and activities associated with the Community Center.

Website: <https://midtownhousingcoalition.org/>

Contact: info@MidtownHousingCoalition.org

Serving Durham, North Carolina & Surrounding Areas

Right To Education Project (REP) – Legal Aid of North Carolina

The Right to Education Project (REP) is the statewide education justice project of Legal Aid of North Carolina, the third largest law firm in North Carolina. REP fights for students' rights and an end to the school-to-prison pipeline in North Carolina by:

- Providing legal advice and representation to students, parents, and community groups;



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- Providing community education and training; and
- Collaborating with youth justice stakeholders.

Website: [Apply - Legal Aid \(legalaidnc.org\)](http://legalaidnc.org)
and
[Education - Legal Aid \(legalaidnc.org\)](http://legalaidnc.org)

Contact: 1-866-219-5262

Coverage Area: Statewide

Signpost Ministries

Signposts Ministries is a 501(c)3 nonprofit that serves families that have children with special healthcare needs. We work in the greater Charlotte area and internationally. Signposts Ministries (Spm) helps families by connecting them with equipment, resources, and their community. Some of the local programs and services offered by the Signposts Family Resource Center:

- Equipment and Supply Loan: We will help fill in the gaps when families have medical equipment or supply needs that aren't being met by insurance.
- Pediatric Care Navigation: Signposts Ministries offers Pediatric Care Navigation services. WE work under the umbrella of Amazing Grace Advocacy. All appointments must be made through Amazing Grace.
- Signposts Family Resource Center: The Signposts Family Resource Center is located at 115 Henderson Street in Monroe, NC. While to SFRC houses our office space and is used for our own programs and events, it is also a shared space used by other nonprofits and support groups that have similar goals of supporting families.

Website: www.SignpostsMinistries.org

Contact: info@signpostsministries.org

115 Henderson St.

Monroe, NC

Phone: (704) 219-8991

Union County Awareness and Charities List

The Union County Charities and Awareness List is a comprehensive guide to the charities and services available to those in need in Union County, NC. The list was originally composed by Phil Morehouse.



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Website: [Phil's List – Union County NC Charities and Services Awareness \(philslist.org\)](http://philslist.org)

Contact: Lisa Cooper
charityawareness@commonheart.org

Coverage Area: Union County, NC

Wilmington Health Access for Teens (WHAT)

Offers comprehensive primary medical care, outpatient mental health and psychiatric services to children, adolescents, and young adults ages 6-24. WHAT offers telehealth, office-based and school-based services to increase access to services.

Website: [Wilmington Health Access for Teens – Improving health today, promoting healthy choices tomorrow. \(whatwilmington.org\)](http://whatwilmington.org)

Contact: WHATBH@coastalhorizons.org

4005 Oleander Drive
Wilmington, NC
(910) 790-9949

Coverage Area: New Hanover County, Brunswick and Pender counties depending on where the family lives, work with others across the state for telehealth purposes as long as in network with insurance.



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