

AUTHENTIC VOICES

# NORTH CAROLINA FAMILY AND YOUTH ORGANIZATIONS/ AGENCIES RESOURCE DIRECTORY

*Update 5.2026*



**This directory is provided to you by Authentic Voices (Center of Excellence). A Center for practical approaches to serving families, youth, young adults, and their communities.**

**Authentic Voices ensures ongoing access to responsive training and resources for all cross systems stakeholders through authentic family and youth driven practices and highly vetted, senior family and youth leadership. The Center builds upon and utilizes North Carolinas rich culture of family and youth leadership coupled with National resources and leaders. It promotes and accesses current trainings and as the culture evolves will create trainings that support emerging leaders. The Center is a place of excellence for cross systems, family driven/youth guided trainings, co- trainings and family and youth centered resources.**

**Please note that as systems change to fit the needs of the families, youth, children and individuals with disabilities across North Carolina so will the resources. This resource guide will be updated quarterly, and the updated version can be located on our website at <https://mh-ta.com/center-of-excellence>.**

**If you need to update information within this directory or add a resource, contact Stacy Morgan at 276.274.7068 or [sjustiss.mhta@outlook.com](mailto:sjustiss.mhta@outlook.com).**



# *Are You In A Crisis? Do You Need Support Now?*

## **988 Suicide and Crisis Line:**

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat <https://988lifeline.org/>

## **Hope4NC:**

Hope4NC is here to connect you with the help you need, whenever you need it. Call or text us at 1-855-587-3463 for free and confidential emotional support, counseling referrals and community resources. You can also chat with a crisis counselor by clicking [HERE](#).

## **NC DHHS: Crisis Services**

Anyone may request crisis or emergency services in North Carolina for mental health, substance abuse, intellectual and developmental disabilities issues. For more info click [HERE](#). Available 24/7.



# ***NC Family Run Organizations & Family Driven Programs***

## **American Indian Mothers Inc.**

American Indian Mothers Inc. (AIMI) is a 501(c) (3) not-for-profit organization serving the education, health, social service, and agriculture and cultural needs of American Indians (AI) and minorities residing in North Carolina.

Website: <https://americanindianmothers.org/>

Contact:

Beverly Collins-Hall, Executive Director  
[beverlycollinshall@gmail.com](mailto:beverlycollinshall@gmail.com)

120 South Main Street,  
Red Springs, NC 28377  
Phone: (910) 843-9911  
Fax: (910) 843-9921

*Coverage Area: 17 Counties      Trainings Available:*

*Area(s) of Expertise: Other- continuing education, job training and placement; health education, nutrition and fitness and services referral, HIV referral and case management services, and counseling programs for alcoholism and substance use through traditional principles and practices of the First Peoples.*

## **Advocates for Medically Fragile Kids NC**

Advocates for Medically Fragile Kids NC is a volunteer-run 501c3 that believes that every child in North Carolina who has a medically fragile condition – whatever their background or circumstances – should have the opportunity to live their best life possible and should have access to the healthcare, education, and other supports needed to make this a reality.

Website: <https://fragilekidsnc.org>



A Program of Mental Health Transformation Alliance (MHTA)

Contact:  
PO Box 93  
Pfafftown, NC 27040  
[Info@fragilekidsnc.org](mailto:Info@fragilekidsnc.org)

*Coverage Area: Statewide      Trainings Available:*

*Area(s) of Expertise: We are dedicated to advocating for the rights and needs of medically fragile children and their families in North Carolina.*

## **The Arc of North Carolina**

The Arc of North Carolina is committed to securing for all people with intellectual and developmental disabilities the opportunity to choose and realize their goals of where and how they learn, live, work and play.

Website: <https://www.arcnc.org/>

353 E Six Forks Road. Suite 300  
Raleigh, NC 27609  
Phone: (919) 782-4632

Contacts:

Western Regional Office:

Lorie Boehm  
30-D Garfield Street  
Asheville, NC 28803  
(828) 254-4771

Charlotte Regional Office:

Kira Wilson  
952 Copperfield Boulevard NE  
Concord, NC 28025

2300 Sardis Road North  
Charlotte, NC 28227  
(704) 568-0112



A Program of Mental Health Transformation Alliance (MHTA)

Triad Regional Office:

Shela Sapp  
108 Dorsett Drive  
Salisbury, NC 28144  
(704) 637-1521

Triangle Regional

Nicole Kiefer  
353 East Six Forks Road  
Suite 300  
Raleigh, NC 27609

340 Commerce Avenue  
Ste 9  
Southern Pines, NC 28387  
*(by appointment only)*  
(919) 782-4632

East Regional Office:

Regina Johnson  
5041 New Centre Drive  
Suite 100  
Wilmington, NC 28403

1315 South Glenburnie Road  
Ste D-15  
New Bern, NC 28561  
*(by appointment only)*  
(910) 791-9022

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information Systems*



*A Program of Mental Health Transformation Alliance (MHTA)*

## **Attach Families**

We support and advocate for- Parents and Caregivers raising children with Complex Trauma and Attachment Disorders such as Reactive Attachment Disorder.

Website: [www.attachfamilies.org](http://www.attachfamilies.org)

Contact:

[Info.attachfamilies@gmail.com](mailto:Info.attachfamilies@gmail.com)

9805 Statesville Road, Suite 6156  
Charlotte, NC 28269  
Phone: (252) 285-6550

*Coverage Area: Nationwide*

*Trainings Available: Yes*

*Area(s) of Expertise: Complex Trauma, Attachment Disorders, Reactive Attachment Disorder, Adoption, Foster Care, Severe Behaviors, Advocacy, Support Groups, Free Resources, Certified Parent Partner Specialists, Certified Trauma Informed Specialist, Parent and Caregiver Support, Mental Health*

## **Autism Society of North Carolina**

To provide support and promote opportunities that enhance the lives of individuals within the autism spectrum and their families.

Website: <http://autismsociety-nc.org/>

Talk with a Specialist Form:

<https://www.autismsociety-nc.org/talk-with-a-specialist/>

Contact:

Kim Tizzard, Director of Family Support  
[ktizzard@autismsociety-nc.org](mailto:ktizzard@autismsociety-nc.org)

5121 Kingdom Way, Suite 100  
Raleigh, NC 27607  
Phone: 1-800-442-2762

*Coverage Area: Statewide*

*Trainings Available: Yes*



A Program of Mental Health Transformation Alliance (MHTA)

*Area(s) of Expertise: Disability Specific Information, Advocacy*

### **Combat Female Veterans Families United**

Combat Female Veterans Families United provides transition services to Combat Female Veterans (CFVs) and their families, supporting life after war.

Website: <https://www.cfvfunded.com/>

Contact:

Sandra Robinson

[sandra.robinson@cfvfunded.com](mailto:sandra.robinson@cfvfunded.com)

[Info@cfvfunded.com](mailto:Info@cfvfunded.com)

5500 Adams Farm Lane,  
Suite 106,  
Greensboro, NC 27407  
Phone: (919) 637-7679

*Coverage Area: National*

*Trainings Available:*

*Area(s) of Expertise: Transition Program, Economic Assistance Program, Advocacy Program*

### **Exceptional Children's Assistance Center (ECAC)**

ECAC is a private non-profit parent organization committed to improving the lives and education of ALL children through a special emphasis on children with disabilities and special healthcare needs. ECAC affirms the right of all individuals, from all backgrounds and cultures, with or without disabilities, to an appropriate education and other needed services. We seek to make that right a reality by providing information, education, outreach, and support to and for families with children across the state of North Carolina.

Website: [ecac-parentcenter.org](http://ecac-parentcenter.org)

Contact: [ecac@ecacmail.org](mailto:ecac@ecacmail.org) or [click here](#) to contact a Parent Educator

907 Barra Row, Suites 103  
Davidson, NC 28936



*A Program of Mental Health Transformation Alliance (MHTA)*

Phone: (800) 962-6817 Monday-Friday 9am-4pm

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Family Engagement, Early Intervention, Special Education, Systems Navigation, Children and Youth with Disabilities and Special HealthCare Needs, Parent and Youth Leadership, Transition to Adulthood, Section 504, Individuals with Disabilities Education Act, Effective Advocacy*

### **Family Agency Collaborative Training Team (FACTT)**

The mission of FACTT is to unify efforts that support the growth and maintenance of NC family trainer development and family-agency training partnerships.

Website: <https://cface.chass.ncsu.edu/services/family-engagement/family-agency-collaborative-training-team/>

Contact:

[factt\\_information@ncsu.edu](mailto:factt_information@ncsu.edu)

1070 Partners Way Suite 5100  
Raleigh, NC 27606,  
Campus Box 8622  
Raleigh, NC 27695-8622  
Phone: (919) 513-2339

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Leadership Styles, Co-Training as an Agency/Family/Youth Team*

### **Family Resource Center South Atlantic**

Our mission is to help families acquire the social and economic skills to become self-sufficient. Our vision is serving families, changing communities.

Website: <https://frcsa.org/>



A Program of Mental Health Transformation Alliance (MHTA)

Contact:

Derrick Byrd, Executive Director  
[dbyrd@frcsa.org](mailto:dbyrd@frcsa.org)

3825 Barrett Drive Suite 204  
Raleigh, NC 27609  
Phone: (919) 834-9300  
Fax: 1-866-312-5783

*Coverage Area: Regional, County, Statewide*

*Trainings Available:*

## **Family Support Network of North Carolina**

Family Support Network of Central Carolina is a non-profit organization dedicated to providing support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. The mission of the Family Support Program is to promote and provide support for families with children who have special needs.

Website: <http://fsnnc.org/>

325 Pittsboro Street,  
Chapel Hill, FL 27599  
Phone: (800) 852-0042

Contact(s):

FSN of Trusted Parents:  
Serving: Mecklenburg County Nikia  
Bye  
(980) 229-7253

[nikiafsntp@trustedparents.org](mailto:nikiafsntp@trustedparents.org)

FSN of Southern Piedmont:  
Serving: Cabarrus, Iredell, Rowan, Stanly, Union Counties  
(980) 229-3423

[Connect@amazgraceadvocacy.com](mailto:Connect@amazgraceadvocacy.com)

FSN of Western NC:

Family Support Network of Western North Carolina is a fee-free organization dedicated to providing support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs.



*A Program of Mental Health Transformation Alliance (MHTA)*

The mission of the Family Support Program is to promote and provide support for families with children who have unique healthcare needs through parent mentoring, referrals, complex service navigation, and more.

Serving: Buncombe, Henderson, Madison, Polk, Rutherford, and Transylvania Counties

(828) 213-0047

[MHAV.FamilySupportNetwork@HCAHealthcare.com](mailto:MHAV.FamilySupportNetwork@HCAHealthcare.com)

FSN of Greater Forsyth:

Serving: Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin Counties

(336) 703-4289

[Chrisfsn@thecfec.org](mailto:Chrisfsn@thecfec.org)

FSN of High Country:

Serving: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, and Yancey Counties

(828) 262-6089

[parent2parent@appstate.edu](mailto:parent2parent@appstate.edu)

Website: <https://parent2parent.appstate.edu/>

FSN of Southeastern NC, Inc.:

A 501©(3) non profit organization that serves: Bladen, Brunswick, Columbus, Cumberland, Duplin, New Hanover, Pender, Robeson, and Sampson Counties

Christina (Tina) Ivins

(910) 792-6133

[fsnsoutheastern@gmail.com](mailto:fsnsoutheastern@gmail.com)

Website: <https://www.familysupportsenc.org/>

FSN of Central Carolina:

Serving: Alamance, Caswell, Guilford, Randolph, and Rockingham Counties

Nancy Micca

(336) 832-6507

[support@fsnnc.org](mailto:support@fsnnc.org)

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Partnership, Trauma Informed.*

*The Family Support Health Information Center provides statewide information and referral to families with children with IDD, special healthcare The Family Support Network-University office provides various workshops and seminars related to working with families who have intellectual/developmental disabilities and related special needs. Regional FSN affiliates offer workshops and support groups for*



A Program of Mental Health Transformation Alliance (MHTA)

*families with children who have special needs, and training for parents interested in becoming a trained Support Parent/Mental to new parents seeing parent-to-parent social/emotional support.*

## **Family Voices-National**

Family Voices is a national family-led organization of families and friends of children and youth with special health care needs (CYSHCN) and disabilities. We connect a network of family organizations across the United States that provide support to families of CYSHCN. We promote partnership with families at all levels of health care—individual and policy decision-making levels—in order to improve health care services and policies for children.

Website: <https://familyvoices.org/>

561 Virginia Rd.  
Bldg. 4, Suite 300  
Concord, MA 017242  
Phone: (781) 674-7224 or (888) 835-5669

*Coverage Area: United States*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Partnership, Medical Models.*

## **Family Voices North Carolina**

Exceptional Children's Assistance Center (ECAC) is the Family-to-Family Health Information Center (F2F) and the Family Voices Affiliate Organization (FVAO) in North Carolina.

Website: <https://familyvoices.org/affiliates/states/nc/>

Contact:

Christy Moore

(919) 714-6490

[cmoore@ecacmail.org](mailto:cmoore@ecacmail.org)

907 Barra Row,  
Suite 103  
Davidson, NC 28036-8104



A Program of Mental Health Transformation Alliance (MHTA)

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Education, Partnership, Medical Models.*

## **First in Families of North Carolina**

We are a catalyst for people with disabilities and their families in North Carolina to meet their self-determined needs by leveraging relationships and resources and encouraging reciprocity in their communities.

Website: <http://fifnc.org/>

Contact:

Debby Wells, Communications and Sustainability Director

[dwells@fifnc.org](mailto:dwells@fifnc.org)

3109 University Drive, Suite 100

Durham, NC 27707

Phone: (919) 251-8368

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: FIFNC is a catalyst for individuals and families in North Carolina to meet self-determined wellness goals, by leveraging relationship and resources, and encouraging reciprocity in their communities.*

## **The Foster Family Alliance of North Carolina**

Our mission is to build a community of individuals and organizations serving foster children through networking, education, and advocacy.

Website: [ffa-nc.org](http://ffa-nc.org)

Contact:

Gaile Osborne, Executive Director

[gaile.osborne@ffa-nc.org](mailto:gaile.osborne@ffa-nc.org)

Phone: 1-800-578-7770



A Program of Mental Health Transformation Alliance (MHTA)

Coverage Area: *Statewide*

Trainings Available: *Yes*

Area(s) of Expertise: *Advocacy, Disability Specific Information, Resource Directories, Information on Systems*

## **Fragile Families NETWORK**

When grandfamilies are supported, children thrive! Grandfamilies are created when a grandparent or other family member raises the child of a relative unable or unwilling to parent. Our mission is to provide 1) supportive services to grandfamilies and 2) education and training to health and human service providers.

Website: [www.fragilefamiliesnetwork.com](http://www.fragilefamiliesnetwork.com)

Contact:

Glenda Clare, Ph.D.

[drclare@fragilefamiliesnetwork.com](mailto:drclare@fragilefamiliesnetwork.com)

3500 Westgate Dr., Ste 504

Durham, NC 27707

*(Please contact us via the website)*

Coverage Area: *Statewide*

Trainings Available:

Area(s) of Expertise: *Information about grandfamilies created when a grandparent or other family member raises the child of a relative unable or unwilling to parent. We work with family who are in and outside of the child welfare system, Counseling & Case Management, Advocacy, and Training.*

## **Grupo Poder Y Esperanza**

Grupo ensures that families, children & youth of the Hispanic/Latino communities across North Carolina have ongoing access to responsive training, resources and supports to meet their family's needs. Grupo Poder Y Esperanza, offers hope, guidance, and advocacy through:

- A support group structured safe & reliable environment where parents can express themselves freely while learning from the experiences of other parents and experts.
- Providing advocacy and support from other families and/or community partners.
- Sharing and providing information about various medical conditions such as: Autism, Intellectual and Developmental Disabilities (IDD), Mental



A Program of Mental Health Transformation Alliance (MHTA)

Health Condition (MH), Traumatic Brain Injury (TBI), Substance Use (SUB).

- Identifying the challenges/barriers and needs that families face accessing services and support, seeking viable solutions through existing supports within the community.
- Sharing information, techniques, and resources in collaboration with state and local partners by conducting webinars, workshops, professional talks, trainings and disseminating community information.

Contact:

Jessica Aguilar, Program Director

[Grupopoderyesperanza@gmail.com](mailto:Grupopoderyesperanza@gmail.com)

Phone: (704) 726-3156

*Coverage Area: Statewide*

*Trainings Available:*

*Area(s) of Expertise: Family to Family Support, Trainings, Resources, Latino Population, IDD, Support Group*

## **Hope North Carolina**

HOPE is committed to developing inclusive communities where people of all ages and abilities experience a sense of belonging. HOPE's goal is to create inclusive, affordable housing options with a pilot project in the Triangle (Orange, Wake and Durham counties) that can be replicated across the state of NC. HOPE offers monthly in-person social events in the Triangle to build community relationships between people of all ages and abilities that will create natural supports for people with I/DD and older adults when they live independently.

Website: [www.hopenorthcarolina.org](http://www.hopenorthcarolina.org)

Contact:

Laura Wells, Executive Director

[lauraw@hopenorthcarolina.org](mailto:lauraw@hopenorthcarolina.org)

[info@hopenorthcarolina.org](mailto:info@hopenorthcarolina.org)

PO Box 9144

Chapel Hill, NC 27515

Phone: (919) 883-9290



A Program of Mental Health Transformation Alliance (MHTA)

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Information on Systems*

## **Learning Disabilities Association of North Carolina**

The Learning Disabilities Association of North Carolina (LDANC) promotes awareness of the multifaceted nature of learning disabilities. We support equitable opportunities for people with learning disabilities to participate in life's experiences. LDANC seeks to accomplish this through education, support, advocacy, collaboration, and the encouragement of ongoing research.

Website: <https://ldanc.org/>

Contact:

JoAnna Barnes, President

[LDA.of.North.Carolina@gmail.com](mailto:LDA.of.North.Carolina@gmail.com)

P.O. Box 3832  
Chapel Hill, NC 27515

*Coverage Area: Statewide*

*Trainings Available:*

*Area(s) of Expertise: Disability Specific Information, Advocacy, Other-Schools*

## **Mom's Rising**

Covering all 50 states, the MomsRising Team is unified by a mission of increasing family economic security, decreasing discrimination, and building a nation where both businesses and families can thrive.

Website: <https://www.momsrising.org>

Contact:

Beth Messersmith, Senior Director

[Beth@MomsRising.org](mailto:Beth@MomsRising.org)

7 Beech Slope Way  
Durham, NC 27713  
Phone: (919) 323-6179



A Program of Mental Health Transformation Alliance (MHTA)

Coverage Area: *Statewide*

Trainings Available: *Yes*

*Area(s) of Expertise: MomsRising works on a broad range of issues that impact children and families including access to health care, paid family and medical leave, paid sick days, pregnant worker accommodations, food insecurity, breastfeeding, early learning and childcare, immigration, gun violence prevention, oral health, environmental health and more.*

## **Mental Health Transformation Alliance (MHTA)**

We strive to ensure that families, youth, individuals with lived experience, and community and state partner have access to the support and resources needed to implement a person-centered, family driven youth guided system of care.

Website: [www.mh-ta.com](http://www.mh-ta.com)

Contact:

Stacy Morgan, Executive Director

[Sjustiss.mhta@outlook.com](mailto:Sjustiss.mhta@outlook.com)

Phone: (276) 274-7068

Coverage Area: *Statewide & National*

Trainings Available: *Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems.*

## **National Association for the Mentally Ill North Carolina (NAMI NC)**

The mission of NAMI North Carolina is to provide support, education, advocacy, and public awareness so that all affected by mental illness can build better lives.

Website: <https://naminc.org/>

Contact:

Lynn Allen, BA

Affiliate and Community Outreach Coordinator

[Lallen@naminc.org](mailto:Lallen@naminc.org)

309 W. Millbrook Road, Ste. 121

Raleigh, NC 27609

Phone: (919) 235-4744



A Program of Mental Health Transformation Alliance (MHTA)

Coverage Area: *Statewide*

Trainings Available: *Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Partnership, Families as Leaders, Resource Directories, Co-Training as an Agency/Family/Youth Team, Other-Recovery, Peer to Peer, Homefront/Support Groups*

### **North Carolina Collaborative for Children, Youth and Families (State Collaborative)**

The North Carolina State Collaborative for Children, Youth, and Families, through a System of Care framework, provides a forum for collaboration, advocacy and action among families, public and private child and family serving agencies and community partners to improve outcomes for all children, youth and families. Our vision is for children, youth, and families are healthy, safe and successful at home, in school and in their communities.

Website: <https://nccollaborative.org/>

Contact: [nccyfmain@gmail.com](mailto:nccyfmain@gmail.com)

Coverage Area: *Statewide*      Trainings Available: *Yes (Child & Family Team 1 & 2)*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Partnership, Leadership Styles, Families as Leaders, Resource Directories, Co-Training as an Agency/Family/Youth Team, Healthy Transitions, Other-Triple P*

### **North Carolina Down Syndrome Alliance (NCDSA)**

North Carolina Down Syndrome Alliance is an effective, compassionate, and comprehensive resource on Down syndrome throughout North Carolina. NCDSA envisions a culture in which all people with Down syndrome are empowered to achieve their full potential and live healthy, productive lives as valued citizens within the fabric of society.

Website: <https://www.ncdsalliance.org/>

Contact: [info@ncdsalliance.org](mailto:info@ncdsalliance.org)

2621 Spring Forest



A Program of Mental Health Transformation Alliance (MHTA)

Rd., Suite 102  
Raleigh, NC 27616  
Phone: (984) 200-1193

*Coverage Area: Statewide*

*Trainings Available: Down Syndrome 101, Childcare Center training, Inclusive Education, Workforce Development, and Community Classroom Trainings.*

*Area(s) of Expertise: Down Syndrome, education, benefits, new parent support, medical outreach, workforce development and advocacy.*

### **North Carolina Families United (NCFamU)**

NC Families United supports and unites the voices of children, youth, and families with mental health concerns to educate, support and advocate for improved services and lives.

Website: <https://www.ncfamiliesunited.org/>

Contact:

Cori Harper, Executive Director  
[charper@ncfamiliesunited.org](mailto:charper@ncfamiliesunited.org)

114 Ridge Street #645,  
Lenoir, NC 28645  
Phone: (980) 349-5333 or (828) 234-6977

*Coverage Area: Statewide*

*Trainings Available: Yes (Supervisory Training for Supervisors of Family Partners, RENEW, WRAP and MHFA)*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Partnership, Leadership Styles, Families as Leaders, Resource Directories, Co-Training as an Agency/Family/Youth Team, Healthy Transitions, Other-Triple P*



A Program of Mental Health Transformation Alliance (MHTA)

## North Carolina Fetal Alcohol Spectrum Disorders Informed

The mission of our all-volunteer, grassroots, nonprofit organization is to create FASD informed communities to empower individuals impacted by prenatal exposure to alcohol. Our vision: a world where individuals with FASD can thrive.

Website: [www.NCFASDInformed.org](http://www.NCFASDInformed.org)

Contact:

Kathy Hotelling

[kathy.hotelling@ncfasdinformed.org](mailto:kathy.hotelling@ncfasdinformed.org)

3110 Edward Mills Road Suite 210  
Raleigh, NC 27612-5447  
Phone: (919) 307-9068

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Families as Leaders, Information Systems*

## North Carolina PTA

The North Carolina PTA (NCPTA) is the state's oldest and largest volunteer organization advocating for the education, health, safety and success of all children and youth while building strong families and communities. PTAs across North Carolina impact more than 685,000 children and their families.

Contact: [office@ncpta.org](mailto:office@ncpta.org)

Website: <http://ncpta.org/>

3501 Glenwood Ave.  
Raleigh, NC 27612  
Phone: (919) 787-0534

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Resource Directories, Youth as Leaders, Partnership, Families as Leaders, Advocacy, Other-Schools, Communities, Fund Raising, Board Development*



A Program of Mental Health Transformation Alliance (MHTA)

## NC Youth and Family Voices Amplified

NC Youth and Family Voices Amplified is a new program within the Center for Youth, Family, and Community Partnership at UNC Greensboro. The mission is to amplify the voice of NC's youth and families in systems and services that support their mental health and well being. We do this through education, community partnerships and support to enhance family-driven and youth led-care. We follow the Values and Principles of the System of Care Approach.

Website: <https://ncvoicesamplified.uncg.edu>

Contact: <https://ncvoicesamplified.uncg.edu/contact-us/>

1001 W. Gate City Boulevard  
P.O. Box 26170  
Greensboro, NC 27402-6170  
Phone: (888) 846-1066

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Training and education for national certification for Family Partners and Youth Peer Support Providers, Technical assistance to Youth and Family Peer Support Providers, as well as the agencies that employ them. Collaboration activities to advance the System of Care Approach across child and family serving systems. In person and online outreach to youth and families to promote mental health and access to services and support Recruitment of prospective new Family Partners and Youth Peer Support Providers. Advocacy for youth and families to at the table when decisions are made about systems and services that impact their lives.*

## NC Waiver Action Team

NC Waiver Action Team is a group of parents and providers who have advised LME/MCO leadership for nearly 40 years. We consider ourselves advocates for the advocates, whether self-advocates, caregivers, siblings or neighbors. Our goal is to reach the 17,000 presently waiting, engage them and their advocates and help the General Assembly address the dramatic changes needed.

Website: <https://www.ncwaiveractionteam.com/>



A Program of Mental Health Transformation Alliance (MHTA)

Contact:

Deborah Woolard - Waitlist Registrants  
[dgwoolard@gmail.com](mailto:dgwoolard@gmail.com)

Sarah Potter - Social Management/ Advocate  
[spot1050@gmail.com](mailto:spot1050@gmail.com)

Matt Potter - Policy  
[pottmm5@gmail.com](mailto:pottmm5@gmail.com)

*Coverage Area: Statewide                      Trainings Available: Yes*  
*Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems*

## **Our Children's Place**

Is a statewide education and advocacy program based in Durham focused on community support for children of incarcerated and returning parents. Services:

- Workshops (in person and virtual) for professionals working with children and families
- Printed materials focused on support, telling a child the truth, preparing for a visit, etc.;
- Parent Day at some prisons and Jails

Website: <https://www.ourchildrensplace.com/>

Contact:  
Melissa W. Radcliff, Program Director  
[mradcliff@coastalhorizons.org](mailto:mradcliff@coastalhorizons.org)

P.O. Box 13073  
Durham, NC 27709  
Phone: (919) 904-4286

*Coverage Area: Statewide                      Trainings Available:*

*Area(s) of Expertise: Advocacy, Children of Incarcerated Parents*



A Program of Mental Health Transformation Alliance (MHTA)

## **The North Carolina Perinatal Association**

Our mission is to improve perinatal health for childbearing families throughout the state by providing continuing education for perinatal providers across North Carolina and increasing awareness of advocacy issues related to maternal and neonatal health.

Website: <http://www.ncperinatalassociation.org/>

Contact:

Tara Owens Shuler

[thebirtheducator@gmail.com](mailto:thebirtheducator@gmail.com)

P.O. Box 99631

Raleigh, NC 27624

Phone: 919-707-5688

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Resource Directories, Other-Continuing Education*

## **Mental Health America of Central Carolinas – ParentVoice Program**

ParentVOICE is an MHA program staffed by parents and caregivers of youth with emotional, behavioral, or mental health concerns. We provide trained and caring Family Partners to help families navigate the education, child welfare, juvenile justice, and mental health systems. The ParentVOICE program supports the principles of Integrated Care and System of Care.

Website: <https://mhaofcc.org/program/parentvoice>

Contact:

3701 Latrobe Drive, Suite 140

Charlotte, NC 28211

Phone: (704) 365-3454

*Coverage Area: Mecklenburg & Cabarrus Counties*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Trauma Informed, Families as Leaders, Information on Systems, Co-Training as an Agency/Family/Youth Team, Other-Suicide Prevention/De-Escalation, Triple P, Family Partner Training Institute*



A Program of Mental Health Transformation Alliance (MHTA)

## **Parent Advocates for Adult Children with Intellectual and/or Developmental Disabilities in North Carolina (PACID)**

PACID is a grassroots organization of over 300 families with adult children who have intellectual and/or developmental disabilities. Most of the families are from the Triangle region of North Carolina and virtually all still have their adult child living at home with them. Roughly half the adult children are on the autism spectrum. Our families seek to move their adult child into a space of their own in the coming months and years, whether it's to a group home, independent living, or an "intentional community."

Website: <https://www.pacidnc.org/>

Contact:

Carol Conway, Chair

[Carol.ann.conway@gmail.com](mailto:Carol.ann.conway@gmail.com)

12 Rhododendron Court

Chapel Hill, NC 27517

*Coverage Area: Statewide*

*Trainings Available:*

*Areas of Expertise: Disability Specific, Resources, Advocacy*

## **Parent to Parent USA**

At Parent to Parent USA, when someone asks what we do, we say we empower and support parents, nationwide. Why? Because we understand being a parent of a child with special needs can be a challenge- we've been there! The journey is filled with hills and valleys and sometimes feels a little overwhelming. So, we're driven to ensure no parent feels alone. Ever. Our mission is to support a national network of Parent to Parent programs to ensure access to quality emotional support for families of individuals with disabilities and/or special health care needs.

Website: <https://www.p2pusa.org/>

Contact:

<https://www.p2pusa.org/contacts/>

Find a local Parent to Parent near you: <https://www.p2pusa.org/parents/>

*Coverage Area: Nationwide*

*Trainings Available:*



*A Program of Mental Health Transformation Alliance (MHTA)*

*Areas of Expertise: Disability Specific, Advocacy, Resources.*

## **Positive Childhood Alliance North Carolina**

Positive Childhood Alliance North Carolina ensures that child maltreatment prevention is a priority for North Carolina and all communities have the knowledge, support and resources to prevent child abuse and neglect.

Website: <https://www.positivechildhoodalliancenc.org>

Contact:

Sharon Hirsch, President & CEO

[shirsch@preventchildabusenc.org](mailto:shirsch@preventchildabusenc.org)

LouMecia Staton, Community Relations Manager

[Lstaton@positivechildhoodalliancenc.org](mailto:Lstaton@positivechildhoodalliancenc.org)

Ashley Alvord, Capacity Building Director

[Aalvord@preventchildabusenc.org](mailto:Aalvord@preventchildabusenc.org)

3000 Aerial Center Pkwy, Suite 180

Morrisville, NC, 27560

Phone: (919) 829-8009

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Partnership, Trauma Informed, Resource Directory, Other-Community Development Around Prevention of Child Abuse, ACE's, Child Development*

## **Promise Resource Network (PRN)**

Every person will find the hope, inspiration, and support to move through challenges, discover their strengths, live their dreams, and find meaningful purpose in their lives. PRN operates at the intersection of 3 things: individual wellness & recovery system change, and social justice.

Website: <https://promiseresourcenetwork.org/>

Contact:

Cherene Caraco, Founder, Chief Global Strategist & Executive Officer



A Program of Mental Health Transformation Alliance (MHTA)

1401 East 7<sup>th</sup> Street  
Charlotte, NC 28204  
Phone: (704) 390-7709 or Warm Line: (855) 733-7762

*Coverage Area: Statewide                      Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Access to Services*

## **SaySo**

The mission of SaySO is to work to improve the substitute care system by educating the community, speaking out about needed changes, and providing support to youth who are or have been in substitute care.

Website: <https://saysonc.org>

Contact: [Sayso@chsnc.org](mailto:Sayso@chsnc.org)

Phone: (800) 632-1400

*Coverage Area: Statewide                      Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Youth as Leaders, Partnership, Trauma Informed, Leadership Styles, Resource Directories, Information on Systems, Co-Training as an Agency/Family/Youth Team*

## **TASH**

NC-TASH realizes that there is a need for a strong advocacy organization for people with intellectual and developmental disabilities in North Carolina to promote “equity, opportunity, and inclusion”. NC-TASH’s mission is to serve as an advocacy organization that will include professionals, parents and family members, persons with disabilities, and other North Carolina citizens who advocate for the rights of people with disabilities. NC- TASH aims to focus on improvements through legislation, policy development, education, information dissemination, and direct support.

Website: <https://tash.org/chapters/nc-tash/>



A Program of Mental Health Transformation Alliance (MHTA)

Contact:

Karena Cooper-Duffy, President

[kcooper@wcu.edu](mailto:kcooper@wcu.edu)

### **Triangle area CHADD**

CHADD's mission is to improve the lives of people affected by AD/HD through: Collaborative Leadership, Advocacy, Research, Education and Support.

Contact: [support@trianglechadd.com](mailto:support@trianglechadd.com)

Website: <https://www.chadd.net/chapter/176>

PO Box 30457

Raleigh, NC 27622-0457

Phone: (919) 229-9ADD Or (919) 229-9233

### **Youth LEAD NC**

Youth LEAD NC, knows that our strength lies not only in the words we stand by, but most importantly through the actions of our initiatives. Youth LEAD NC equips youth with disabilities, ages 30 and younger, with the skills and support needed to reach their full potential and become independent, productive members of society.

Contact: [YouthLEADNC@youthleadnc.org](mailto:YouthLEADNC@youthleadnc.org)

Website: <https://www.youthleadnc.org/>

PO Box 90762,

Raleigh, NC 27675



*A Program of Mental Health Transformation Alliance (MHTA)*

# ***University Programs***

## **Center for Family and Community Engagement**

The mission of the Center for Family and Community Engagement is to advance safe, healthy, and productive families and communities. The center fosters family-community-academic partnerships that are relevant and responsive to families and communities. The center builds these partnerships by supporting community engagement, offering training and technical assistance, and providing evaluation and research. The Center works with interdisciplinary partners on both research and practice at the local, national, and global levels to improve family and community health and well-being.

Website: <https://cface.chass.ncsu.edu/>

Contact: [cface\\_information@ncsu.edu](mailto:cface_information@ncsu.edu)

Campus Box 8622,  
Raleigh, NC 27695-8622  
Phone: (919) 513-2339

## **The Center for Youth, Family and Community Partnerships**

The Center's role is to advance the research and outreach vision and mission of the University, to build social capital, and to enhance the visibility of UNCG's research enterprise. Consistent with its mission, Center initiatives focus on school-based prevention and intervention programs; childhood mental health and positive youth development; family strengthening; juvenile justice, court interventions and community safety; community health; system of care and cultural competency; and workforce development to advance educational success, health and well-being.

Website: <https://cyfcp.uncg.edu>

Contact:

P.O. Box 26170

Greensboro, NC 27402-6170

Phone: (336) 334.5000



*A Program of Mental Health Transformation Alliance (MHTA)*

## **Duke Center for Child and Family Policy**

The Center for Child and Family Policy is dedicated to improving the well-being of children and families through research, education and engagement. We study factors that influence child outcomes, develop and test promising interventions, and advance evidence-based practices and policies that can inform change and unlock opportunities for all children and their families.

Contact:  
Sarah Brantley  
[sarah.brantley@duke.edu](mailto:sarah.brantley@duke.edu)

Website: <https://childandfamilypolicy.duke.edu/>

Phone: (919) 613.9303 or (919) 668.3279

## **UNC Center for Maternal and Infant Health**

Our goal is to improve the health of North Carolina's women and infants.

Contact:  
Sarah Verbiest  
[sarahv@med.unc.edu](mailto:sarahv@med.unc.edu)

Website: <https://www.mombaby.org/>

UNC School of Social Work  
CB 3550  
Chapel Hill, NC 27599-3550

Phone: (919) 843-7865

*Coverage Area: Statewide      Trainings Available: Yes*

*Area(s) of Expertise: Resource Directories, Other-Sleep Safe, Tobacco Cessation, Preconception Health, Contraception*



A Program of Mental Health Transformation Alliance (MHTA)

## State Programs

### **NCDHHS Division of Public Health Children and Youth Branch**

The Children and Youth Branch helps all North Carolina children to grow, develop and be healthy. We do this through health promotion, prevention, early identification, treatment and intervention. With the help of the Children and Youth Branch Family Partners for Children with Special Health Care Needs, Branch programs and services are offered within family-centered, community-based systems of care. The Branch manages many programs and services.

Website: <https://publichealth.nc.gov/wch/aboutus/childreneyouth.htm>

Contact:

2001 Mail Service Center  
Raleigh, NC 27699-2000  
Phone: (800) 662-7030

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Disability Specific Information, Leadership Styles, Families as Leaders, Other-Healthy Sexuality for children & youth with Special Needs, Triple P-Teen & Baby*

### **NC Department of Health and Human Services (NCDHHS) Division of Child and Family Well-Being (DCFV) Whole Child Health Section**

The Whole Child Health Section offers family and youth partners a variety of opportunities to intersect with and contribute to program planning, implementation, and evaluation. The Section sponsors family partners to attend national conferences, participate on committees, develop and conduct trainings, review program materials, and other activities. Free trainings are offered to parents of children with special health care needs on many topics including parent leadership and, sexual health, and dental home.

Website: <https://www.ncdhhs.gov/divisions/child-and-family-well-being/whole-child-health-section/best-practices/children-and-youth-special-health-care-needs>



A Program of Mental Health Transformation Alliance (MHTA)

The North Carolina Children and Youth with Special Health Care Needs Help Line is a free information and referral source for caregivers of and professionals.

Help Line Website: <https://www.ncdhhs.gov/divisions/child-and-family-well-being/whole-child-health-section/best-practices/children-and-youth-special-health-care-needs/children-special-health-care-needs-help-line>

Contact:

Holly Shoun

[holly.shoun@dhhs.nc.gov](mailto:holly.shoun@dhhs.nc.gov)

5601 Six Forks Road

1928 Mail Service Center

Raleigh, NC 27699-1928

Office: (919) 707-5605 or Mobile: (919) 274-0414

*Coverage area: statewide*

*Trainings available: Yes*



*A Program of Mental Health Transformation Alliance (MHTA)*

# Resources

## Disability Rights North Carolina

Disability Rights North Carolina is a legal advocacy agency that fights for the rights of people with disabilities in North Carolina. We handle cases involving discrimination, abuse and other rights violations. All of our services are at no cost to North Carolinians with disabilities. We are a private, independent, 501(c)(3) nonprofit and a member of the National Disability Rights Network.

Website: <https://disabilityrightsncc.org>

Contact:

801 Corporate Center Drive, Suite 118  
Raleigh, NC 27607

Local: 919-856-2195

Toll Free (within NC): 1-877-235-4210

(TTY) Relay Service: 711

or

**800-735-2962** for English

**888-825-6570** for Spanish

## Council for Children's Rights

Council for Children's Rights protects and advances the legal rights and development of children through individual representation, community education, and by addressing community-wide issues through systems advocacy, research, and policy work.

Website: <https://www.cfcrights.org>

Contact:

601 East Fifth Street,  
Suite 450  
Charlotte, NC 28202  
Phone: (704) 372-7961  
[info@cfcrights.org](mailto:info@cfcrights.org)



A Program of Mental Health Transformation Alliance (MHTA)

## **Erikas Lighthouse**

We are a not-for-profit dedicated to educating and raising awareness about adolescent depression, encouraging good mental health and breaking down the stigma surrounding mental health issues.

Website: <https://www.erikaslighthouse.org/>

Contact:

P.O. Box 616  
Winnetka, IL 60093  
Phone: (847) 386-6481

## **SAMHSA Disaster Technical Assistance Center (DTAC)**

The SAMHSA Disaster Technical Assistance Center (DTAC) provides various resources and useful information for those in the disaster behavioral health field.

Website: [https://www.samhsa.gov/resource-search/dbhis?rc%5B0%5D=type\\_of\\_disaster%3A20548](https://www.samhsa.gov/resource-search/dbhis?rc%5B0%5D=type_of_disaster%3A20548)

Or to locate information about Children & Disasters

<https://www.samhsa.gov/dtac/disaster-survivors/children-and-disaster>

## **Treatment Atlas**

Shatterproof Treatment Atlas([treatmentatlas.org](http://treatmentatlas.org)) is a confidential, free-to-the-public, nonprofit platform that is publicly available to help people find and compare addiction treatment facilities for substance use disorders, including alcohol and drugs. It is the only tool in the U.S. that helps people see if a facility is offering services that have proven to be effective in treating addiction. People with a substance use disorder or their loved ones can search the online platform based on criteria, such as location, use of best practices, types of treatment offered, accepted insurers, payment options, specialty populations served, and patient experiences, so that they can make informed decisions for their care. Treatment Atlas is available in English and Spanish. For more information, please visit [treatmentatlas.org](http://treatmentatlas.org).

Website: [www.TreatmentATLAS.org](http://www.TreatmentATLAS.org)



*A Program of Mental Health Transformation Alliance (MHTA)*

Contact: [ATLAS@shatterproof.org](mailto:ATLAS@shatterproof.org)

Coverage Area: *Statewide*

Trainings Available:

Area(s) of Expertise: *Addiction, Substances, Treatment Needs*

### **Brunswick Child and Adolescent**

Provides outpatient and school-based mental health and medication management services for youth ages 5-21 years old in Brunswick and Columbus counties who are experiencing mental health symptoms. Therapeutic services are offered on school campuses, at our youth-serving office and via telehealth.

Open Access Walk in Clinic available Monday-Friday at 8 AM.

Phone: (910) 754-4233

6-1 Doctors Circle Supply

NC 28462

Contact:

Kristina Clemmons, Program Director

[klemmons@coastalhorizons.org](mailto:klemmons@coastalhorizons.org)

### **Clinica Latina at Coastal Horizons**

Provides mental health, behavioral health, case management, and crisis services through bilingual, bicultural staff for the Latino/Hispanic community for children, adolescents, and adults.

We assist in the coordination and care of psychiatric evaluations, medication management, primary care, and psychological evaluations. Our goal at Clinica Latina is to promote choices for healthier lives and safer communities in a culturally comfortable and safe environment through the use of evidence-based interventions.

Clinica Latina is open Monday through Friday from 8 AM to 6 PM.

If you need to schedule an appointment or for more information regarding our services, you can reach us at (910) 769-1201.



A Program of Mental Health Transformation Alliance (MHTA)

## Coastal Horizons

Coastal Horizons promotes healthier lives, stronger families, and safer communities by providing a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need. As a nationally accredited, non-profit corporation, Coastal Horizons provides services in more than half of the one hundred counties in North Carolina.

Website: <https://coastalhorizons.org/>

Contact: <https://coastalhorizons.org/contact-us/email-form/>

615 Shipyard Boulevard  
Wilmington, NC 28412  
Phone: (910) 343-0145

## Covenant Case Management Services

Covenant is committed to providing the highest quality care for people with intellectual and developmental disabilities. We are continually seeking new and innovative ways to serve individuals to give families the best opportunity for a secure and promising future.

Website: <https://www.CovenantToServe.com/>

Contact: Jeff Phillips, Chief Operations Officer

[Jeff.phillips@covenantcms.com](mailto:Jeff.phillips@covenantcms.com)

9940 Monroe Road,  
Suite 201-202,  
Matthews, NC 28105-5346  
Phone: (844) 777-CCMS (2267)

*Coverage Area: Cabarrus, Mecklenburg, Rowan, Stanly, Union, Davidson, Davie, Forsyth, Rockingham, Stokes, Alamance, Caswell, Chatham, Orange, Person, Franklin, Granville, Halifax, Vance, Warren, Surry, Iredell, Yadkin, Catawba, Cleveland, Burke, Lincoln, Gaston, Rutherford, Allegheny, Ashe, Wilkes, Watauga, Alexander, Caldwell, Avery, Mitchell, McDowell, Yancey, Madison, Buncombe, Henderson, Haywood, Transylvania, Polk, Jackson, Swain, Macon, Clay, Graham, Cherokee, Beaufort, Bertie, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Hertford, Hyde, Jones, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington, Halifax, Durham, Wake, Cumberland, Johnston, Guilford, Randolph, Montgomery, Lee, Moore, Harnett,*



A Program of Mental Health Transformation Alliance (MHTA)

*Hoke, Richmond, and Anson*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Other-Guardianship, Supported Employment, Transition, Self-Direction, Residential Placement, and Consultative Services.*

## **Dental Home Partnership Strategies for Success**

Dental care is important because problems in the mouth can affect the health of the body. Children and youth with special health care or developmental needs should generally follow the same standards of care for children of all abilities. NC's Whole Child Health Section offers a FREE training to parent groups called "Dental Home Partnership Strategies for Success"? It is an hour-long training that is co-presented by a parent of a CYSHCN and a dental hygienist.

Contact:  
Lauren Howard  
[Lauren.Howard@dhhs.nc.gov](mailto:Lauren.Howard@dhhs.nc.gov)

## **Every Child NC**

Our work focuses on promoting equity so that race, ethnicity, economic background, regional location, disability, gender identity and sexual orientation, immigration status, and language are not barriers to educational opportunity.

We are a community-led, statewide coalition of organizations, parents, teachers, and students who advocate for every child's constitutional right to a sound basic education.

Website: <https://everychildnc.org/>

Contact:  
[info@everychildnc.org](mailto:info@everychildnc.org)



*A Program of Mental Health Transformation Alliance (MHTA)*

## **Gigi's Playhouse**

At GiGils Playhouse, all ages are welcome, from pre-natal to adults. The positive and uplifting environment of GiGi's Playhouse Raleigh will empower those with Down syndrome and their families to reach their highest potential. GiGi's Playhouse's custom, research-based curriculum works toward advancing literacy, math skills, gross and fine motor skill, improving low muscle tone, building self-esteem, preparing for the workforce and more while fostering acceptance, awareness and networking resources for parents, siblings and the community. All programs are FREE of charge: cost will not be a barrier to achievement!

Website: <https://gigisplayhouse.org/raleigh>

370 S. Walker Street, Suite 122  
Cary, NC 27511  
(919) 307-3952

## **HealthQuest**

HealthQuest is a non-profit organization dedicated to improving the health of our community by assisting those who cannot afford their prescription medications. Assisting residents of Union, Anson and Stanly counties in NC; as well as Chesterfield and Lancaster counties in SC.

HealthQuest has been serving our community for over 22 years and has dispensed over 868,000 free prescriptions valued at over \$136 million. Clients receive medications to treat chronic conditions such as diabetes, high blood pressure, high cholesterol, pulmonary disease, and depression. HealthQuest does not dispense narcotics or any controlled substances.

Who is Eligible? Must not have prescription drug coverage, including VA, Medicaid and Medicare drug coverage; Must be 18 years or older; Total household gross monthly income must be at or below 300% of the Federal Poverty Level.

Website: [www.healthquestpharmacy.org](http://www.healthquestpharmacy.org)

415 E Franklin Street  
Monroe, NC 28112  
Phone: (704) 226-2050



A Program of Mental Health Transformation Alliance (MHTA)

## Hope4NC

The stress of life, especially during the ongoing COVID-19 crisis, can feel overwhelming. But you don't have to handle it on your own. With support and someone to listen, you can find a way through. Hope4NC is here to connect you with the help you need, whenever you need it. Call or text us at 1-855-587-3463 for free and confidential emotional support, counseling referrals and community resources.

Website: <https://covid19.ncdhhs.gov/>

Contact:

Customer Service (800) 232-4636

Crisis Phone: (888) 232-6348 (Text or Call)

2001 Mail Service Center  
Raleigh, NC 27699-2000

*Coverage Area: Statewide*

*Trainings Available:*

*Area(s) of Expertise: Mental Health, Support, Crisis*

## I2i Center for Integrative Health

i2i Center for Integrative Health convenes healthcare leaders to solve the most important issues affecting behavioral, intellectual and developmental disabilities (I-DD) and primary healthcare in North Carolina. We help diverse organizations collaborate and resolve critical policy issues.

Website: <https://i2icenter.org/>

Contact: Ann Rodriguez, MHA, Executive Director  
[ann@i2icenter.org](mailto:ann@i2icenter.org)

1135 Kildaire Farm Road,  
Suite 200,  
Cary, NC 27511  
Phone: (919) 657-0580

*Coverage Area: Statewide*

*Trainings Available: Yes*

*Area(s) of Expertise: Advocacy, Policy, Partnership, Collaboration, Disability Specific, Strategize Solutions, Activates Change*



A Program of Mental Health Transformation Alliance (MHTA)

## **Legal Aid of North Carolina**

We provide support to North Carolinians who are unable to afford an attorney. In 2023, we managed over 25,000 cases, empowering more than 65,000 individuals to understand and assert their rights. Our efforts extended to over 30,000 children in North Carolina. Our top service areas included issues such as domestic abuse, eviction, immigration/naturalization, federally subsidized housing, and criminal record expungement.

Website: <https://legalaidnc.org/>

Contact:

319 Chapanoke Rd.  
Suite 104,  
Raleigh, NC 27603

## **Melmark Carolinas**

Our mission at Melmark is that we are a multi-state human service provider with premier private special education schools, professional development, training, and research centers. We are committed to enhancing the lives of individuals within diverse communities with autism, intellectual and developmental disabilities, and their families by providing exceptional evidence-based and applied behavior analytic services to every individual, every day.

Website: <https://www.melmark.org/carolinas/>

Contact:

Brad Stevenson

[bstevenson@melmarkne.org](mailto:bstevenson@melmarkne.org)

13325 South Point Blvd  
Charlotte, NC 28273  
Phone: (704) 704-3941



*A Program of Mental Health Transformation Alliance (MHTA)*

## NC Rapid Resources

Our mission is to improve access to high-quality treatment options for children with behavioral health needs. By partnering with community agencies to deliver Intensive Alternative Family Treatment®, RRF enables children to receive the care they need in home settings in their community, thus minimizing disruption to the children's lives and maximizing their potential to thrive.

Website: <https://ncrapidresource.org/>

Contact:

PO Box 12948  
New Bern, NC 28561  
Phone: (704) 704-3941

## Midtown Housing Coalition

Midtown Housing Coalition is a North Carolina Nonprofit 501 (c) 3. As parents of people with Intellectual and/or Developmental Disabilities, (IDD), we are concerned about our children living in a safe and affordable permanent home after we are no longer able to look after them.

We are modeling our tiny home community project after many similar projects around the country. The folks with IDD that live in this community will be required to bring their own supports specific to their disability. Midtown Housing Coalition, (MHC) will not provide any services other than the programs and activities associated with the Community Center.

Website: <https://midtownhousingcoalition.org/>

Contact: [info@MidtownHousingCoalition.org](mailto:info@MidtownHousingCoalition.org)

Serving Durham, North Carolina & Surrounding Areas

## Raleigh Dream Center

Raleigh Dream Center is a Christian-based, volunteer driven organization providing residential and community outreach programs to homeless, abused and impoverished high risk youth, individuals and families. We partner with local churches to **CONSISTENTLY** provide resources to under-privileged communities and reach out to those individuals in substance abuse, physical abuse, experiencing homelessness, participating in gangs, or other circumstances.



A Program of Mental Health Transformation Alliance (MHTA)

Website: <https://raleighdreamcenter.org>

Contact:

Location:

4301 Louisburg Rd.,

Raleigh NC 27604

Phone: (919) 867-4446

[info@raleighdreamcenter.org](mailto:info@raleighdreamcenter.org)

Mailing:

6325 Falls of Neuse Rd.

Suite 35-409,

Raleigh NC 27615

## **Right To Education Project (REP) – Legal Aid of North Carolina**

The Right to Education Project (REP) is the statewide education justice project of Legal Aid of North Carolina, the third largest law firm in North Carolina. REP fights for students' rights and an end to the school-to-prison pipeline in North Carolina by:

- Providing legal advice and representation to students, parents, and community groups;
- Providing community education and training; and
- Collaborating with youth justice stakeholders.

Website: [Apply - Legal Aid \(legalaidnc.org\)](https://legalaidnc.org)

and

[Education - Legal Aid \(legalaidnc.org\)](https://legalaidnc.org)

Contact: 1-866-219-5262

*Coverage Area: Statewide*

## **Signpost Ministries**

Signposts Ministries is a 501(c)3 nonprofit that serves families that have children with special healthcare needs. We work in the greater Charlotte area and internationally. Signposts Ministries (Spm) helps families by connecting them with equipment, resources, and their community. Some of the local programs and services offered by the Signposts



*A Program of Mental Health Transformation Alliance (MHTA)*

#### Family Resource Center:

- Equipment and Supply Loan: We will help fill in the gaps when families have medical equipment or supply needs that aren't being met by insurance.
- Pediatric Care Navigation: Signposts Ministries offers Pediatric Care Navigation services. WE work under the umbrella of Amazing Grace Advocacy. All appointments must be made through Amazing Grace.
- Signposts Family Resource Center: The Signposts Family Resource Center is located at 115 Henderson Street in Monroe, NC. While to SFRC houses our office space and is used for our own programs and events, it is also a shared space used by other nonprofits and support groups that have similar goals of supporting families.

Website: <https://signpostsministries.org/>

Contact: [info@signpostsministries.org](mailto:info@signpostsministries.org)

115 Henderson St.

Monroe, NC

Phone: (704) 219-8981

#### Union County Awareness and Charities List

The Union County Charities and Awareness List is a comprehensive guide to the charities and services available to those in need in Union County, NC. The list was originally composed by Phil Morehouse.

Website: [Phil's List – Union County NC Charities and Services Awareness \(philslist.org\)](http://philslist.org)

Contact: Lisa Cooper

[charityawareness@commonheart.org](mailto:charityawareness@commonheart.org)

*Coverage Area: Union County, NC*

#### Wilmington Health Access for Teens (WHAT)

Offers comprehensive primary medical care, outpatient mental health and psychiatric services to children, adolescents, and young adults ages 6-24. WHAT offers telehealth, office-based and school-based services to increase access to services.

Website: [Wilmington Health Access for Teens – Improving health today, promoting healthy choices tomorrow. \(whatwilmington.org\)](http://whatwilmington.org)



A Program of Mental Health Transformation Alliance (MHTA)

Service Interest Form:

<https://forms.office.com/pages/responsepage.aspx?id=XWw56jMIG0yDXyrKyfasXupR76Vtos9BhTHkKoBhNYZURU00VzVWRUtSWkhDNTFQNIhJREZaRExvVNiQIQCN0PWcu>

Contact: [WHATBH@coastalhorizons.org](mailto:WHATBH@coastalhorizons.org)

1414 Medical Center Dr.  
Wilmington, NC  
(910) 790-9949

*Coverage Area: New Hanover County, Brunswick and Pender counties depending on where the family lives, work with others across the state for telehealth purposes as long as in network with insurance.*

### **Work Together NC**

The goal of Work Together NC is to help individuals find the community supports they need to transition and thrive as adults. This might include finding a job or a place to volunteer, postsecondary education, housing, social and recreational opportunities, and more. We also, assist individuals, families, service provider organizations, and employers *work together*, so that transitioning to adulthood can be a better experience for all.

Website: <https://worktogethernc.com>

Contact:

[worktogethernc@med.unc.edu](mailto:worktogethernc@med.unc.edu)

### **Youth Villages: The Force for Families**

Youth Villages is a nonprofit organization which provides behavioral health support to youth ages 4-21 and supportive services for individuals ages 17-22 to help youth transition to independent living.

Website: [www.youthvillages.org](http://www.youthvillages.org)

Contact:

Vernell Gore

[Vernell.Gore@YouthVillages.org](mailto:Vernell.Gore@YouthVillages.org)

Phone: (910) 500-6242



A Program of Mental Health Transformation Alliance (MHTA)