

# KIDS' SAFETY RULES

KIDS AGES 8-12

Be Smart. Be Strong. Stay Safe!

## 1 Grown-ups don't ask kids for help.

- If a stranger asks you for help—say **NO** and walk away.



## 2 No secrets from parents or safe adults.

- If someone says "don't tell"—tell anyway.
- Safe adults never ask kids to keep secrets.



## 3 If you get lost—STAY PUT.

- Stop moving.
- Stay where you are.
- Ask a police officer, teacher, worker, or parent with children for help.



## 4 You can always say NO.

- ✗ No to going somewhere.
  - ✗ No to taking things.
  - ✗ No to getting in a car.
- Trust yourself if something doesn't feel right.



## 5 Trust your "uh-oh" feeling.

- If something feels weird, scary, or confusing—
- get away fast and tell a safe adult.



## 6 Be LOUD if you need help.

- Yell:
- ★ "NO!"
  - ★ "HELP!"
  - ★ "THIS IS NOT MY PARENT!"

People can't help if they don't know you need help.



## 7 Stay with your group.

- Walk with friends, family, or a buddy.
- Never wander off alone.



## 8 Never, ever walk alone.

- Kids your age should not walk alone—
- ✓ Not to a neighbor's house.
  - ✓ Not to the store.
  - ✓ Not around the block.



## 9 Pay attention.

- ✓ Keep your head up.
- ✓ Look around.
- ✓ Stay aware of what is happening around you.



## 10 Safe adults help keep you safe.

- ✓ Police Officers
- ✓ Teachers
- ✓ Store Workers
- ✓ Parents with children

These adults can help you stay safe.



## ★ REMEMBER! ★

You will **NEVER** get in trouble for asking for help.

If you feel scared, confused, lost, or unsafe—

**Find a safe adult right away!**



To download this poster and other free safety resources, please click here

<https://mh-ta.com/laylas-hope>

