

## About Us

We are a national and state (North Carolina) family run organization. We strive to ensure families, youth, individuals with lived experience, and community and state partners have access to the support and resources needed to implement a person-centered, family driven youth guided system of care.



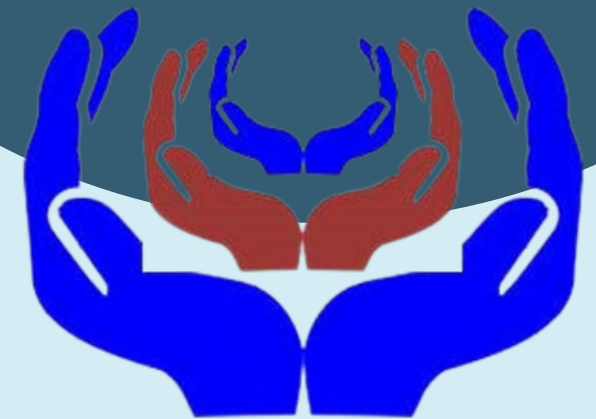
## Contact Us

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# Mental Health Transformation Alliance (MHTA)

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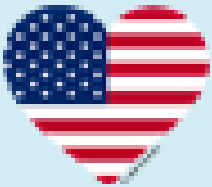
IT'S NOT ABOUT THE INFORMATION, IT'S  
ABOUT THE TRANSFORMATION

## Our Programs



Authentic  
Voices

Authentic Voices ensures ongoing access to responsive training and resources for all cross systems stakeholders through authentic family and youth driven practices and highly vetted nationally certified, senior family and youth leadership.



A Hero's Heart

A Hero's Heart ensures ongoing access to responsive training, resources and supports around mental health and suicide for all active military service members and their families.

**"INSPIRING,  
MOTIVATING and HELPING  
other people achieve things  
they never thought were possible;  
SETTING A GOOD EXAMPLE,  
basically - that's what leadership  
means to me."**

**LAND**

Leadership Alliance for  
Neurodevelopmental  
Disabilities

Leadership Alliance for  
Neurodevelopmental  
Disabilities (LAND)

LAND ensures that people with Neurodevelopmental Disabilities (NDDs) have full access to services that can assist them in independent living, transition to employment, academic interventions, opportunity for social interactions, overall improved mental health and well-being.



Grupo Poder Y  
Esperanza

Grupo Poder Y Esperanza ensures that families, children & youth of the Hispanic/Latino communities across North Carolina have ongoing access to responsive training, resources and supports to meet their family's needs. Grupo Poder Y Esperanza, offers hope, guidance, and advocacy.



## Our Services

- Family & Youth Leadership

We promote peer support and social inclusion of families with children & youth with special needs and consumers of mental health services to facilitate programs and services that are family, consumer, and youth driven and to decrease stigma and bullying by identifying resources for culturally acceptable support activities.

- Training

We provide training in critical areas of cross system systems of care, resiliency, recovery, peer to peer support, workforce development, and organizational management

- Technical Assistance

We provide ongoing technical assistance, information, support and resources to individual youth, the families of children and youth, state and local family organization and the programs that serve them.

