



A Message for Families: What's Happening, Why it Matters, and How You Can Take Action

Right now, some programs that help your family — like access to doctors, therapies, food, and medical equipment — may be changing in ways that could impact you.

You may not hear it on the news, but decisions are being made in Washington and Raleigh that could take away the support that helps our children live, grow, and stay with families who love them.

Here's what that could mean for families like yours:

- **Children may lose access to speech, physical, or behavioral therapies.**
- **Families may no longer get help paying for life-saving medicine or medical equipment.**
- **Caregivers — including grandparents, foster parents, and relatives — may no longer be able to afford to keep their children at home.**
- **Some children could be moved into institutions, not because it's what's best, but because that's what's left.**

This isn't politics — it's personal.

We know because we are those families. We've cared for children born at 22 weeks. We've watched kids learn to speak for the first time using devices covered by Medicaid. We've stood with grandparents, parents, foster families, and neighbors who gave everything they had — because help was there when it mattered most.

That help is now at risk.

You deserve to know what's going on. You deserve clear answers. You deserve a voice.

That's why we are working together with organizations across North Carolina to make sure your story is told, and your needs are heard — not lost in political noise.

Here's How You Can Take Action – Tell Your Story – Inform and Educate:

1. Find Your Legislators

- Visit [NC General Assembly's "Who Represents Me?" tool](#) and enter your home address.
- Write down the names and contact information for your NC House and Senate members.

2. Make a Call

- Calling takes just a few minutes and is one of the most effective ways to get attention. It is okay to leave a message.



- You can say:
“My name is [first name], and I live in [city]. I am a [grand/foster/adoptive/kinship] parent caring for [child/children]. I’m asking you to protect Medicaid and related supports, because without them, families like mine cannot keep children safe and at home.”

3. Send a Short Email or Letter

- Keep it personal and brief. Share how changes could affect your child. One or two sentences is enough.
- Example: “Because of Medicaid, my child receives [therapy/medication/medical equipment]. If this goes away, I don’t know how I will keep my child healthy and at home.”
- Additional Resources:
[Writing Effective Notes to Your Elected Officials](#)
[Tips for Contacting Your Legislator](#)

4. Stay Connected

- Sign up for our updates so you know what’s happening and when action is needed most. To sign up, click [HERE](#)
- Follow us on social media. Invite other families to join.
- For more info, see video, take survey: <https://mh-ta.com/advocacy>

Behind every policy change is a child waiting to speak, to walk, to breathe without machines. A caregiver is wondering if they can keep saying yes. A grandparent is choosing between groceries and oxygen. A community is stretched to the breaking point.

This is not just about numbers. This is about names, faces, and futures. It’s about whether a child gets to stay with the only family they’ve ever known — or is forced into an institution because the support they need suddenly disappears or provider closed.

Your child’s life is not a line item. We will fight to make sure it’s never treated that way.

You are not alone — and you are not powerless.

We are standing stronger together with you.

