



DONJOY® X-Act ROM Knee Brace
Protect and Preserve. Precisely.

This brace provides immobilization and protected range of motion associated with ACL, PCL, LCL, and MCL surgeries and meniscal repairs. This product was designed to complement the variety of medical treatments common to the aforementioned afflictions.

The range of motion settings, frequency and duration of use will be determined by your prescribing healthcare professional.

Directions for use of the DonJoy® X-Act ROM Knee Brace

<p>Removing the brace</p> <p>Release each buckle by depressing the sides. Repeat for remaining 3 buckles. Brace can then be re-applied as a single unit.</p>	<p>1</p> <p>Re-applying the brace at home</p> <p>Align hinges and bars at sides of knee/leg.</p> <p>Note: if there is any slack in the straps that are behind the leg, pull strap upward to remove slack.</p>
<p>2</p> <p>If there is any slack in the straps behind the leg, release strap from hook and loop anchor, and while maintaining the position of the uprights, pull strap up and away from the leg.</p>	<p>3</p> <p>Starting with the strap on the Upper Calf, clip each buckle together until an audible "click" is achieved.</p>
<p>4</p> <p>If necessary, pull loose end of strap up to tighten and remove any slack; wrap and secure around back of leg.</p>	<p>5</p> <p>Repeat this process with all four buckles in this order:</p> <ul style="list-style-type: none"> 1 - Upper Calf 2 - Lower Thigh 3 - Lower Calf 4 - Upper Thigh
<p>6</p> <p>Post-Fit Check</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Hinges are lined up with the middle of knee cap. <input checked="" type="checkbox"/> Bars of brace are lined up with the middle of sides of leg. 	<p>7</p> <p>The hinge does not need to be snug against knee. The brace is intended to keep your upper and lower leg working together without the hinge being snug against the knee.</p>

Note: For hinge adjustment, please consult your healthcare professional.

CLEANING INSTRUCTIONS:

Hand wash foam liners in cold water with mild detergent. Rinse thoroughly. AIR DRY only, do not heat dry. Regular cleaning of the brace is recommended. Always consult your physician or therapist before altering the brace.

FOR ADDITIONAL INFORMATION, please consult with your physician.

CONTRAINDICATIONS: None

WARNING

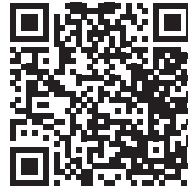
WARNINGS AND PRECAUTIONS:

If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.



FOR SINGLE PATIENT USE • RX ONLY • NOT MADE WITH NATURAL RUBBER LATEX

*For a video on troubleshooting tips,
visit <http://www.djoglobal.com/education/videos>
or scan QR code.*



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