

Please Bring the Following Necessities to Camp!

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1. Flash Light! 2. Water Bottle! 3. Bible 4. Proper clothing****, bedding, sunscreen, insect repellent and shower supplies and other items listed on next page.

****CLOTHING AND EQUIPMENT LIST

Clothing at camp should be appropriate for a church camp setting - no inappropriate words or messages (consistent with school dress codes). Swimsuits need to meet the guidelines below. Camp staff reserves the right to ask campers to change or put on a cover-up if swimwear is deemed inappropriate. (We are following Camp Jo-Otta's dress code)

Camp clothing should be comfortable, older items that are suitable for being outdoors. Closed-toe shoes must be worn at all times in camp; a comfortable pair of tennis shoes works well. Campers should bring a pair of flip flops or waterproof sandals for the shower and pool. *The list below is adequate for Mon – Sat camps (adjust for shorter or longer camps).*

Clothing: (not including what the camper wears to camp)

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| -1-2 pair jeans or light-weight long pants | -1-2 pair of pajamas |
| -enough shorts for week | -1 pair of flip flops for shower |
| -1 pair of tennis shoes for hiking and games (extra pair if available may be a good ideas as well) | -1 hooded sweatshirt or sweater, light jacket |
| -* t-shirts | -1 rain poncho or jacket |
| - enough underwear and socks for week (couple of extra) | -1-2 long sleeved shirts |

*****1-2 one-piece, modest swimsuits

***Girls:** shorts need to have at least 2½" inseam; no strapless/tube tops; bottom of shirt must cover the top of shorts or pants;

*****"modest" swimsuit means one-piece suit or tankini without excessive cut-outs, not strapless and which provides adequate coverage.

***Boys:** shorts, swim suits, and pants should not expose undergarments, bottom of shirt must cover the top of shorts or pants;

*****"modest" swimsuit means trunks with adequate coverage.

Bedding:

sleeping bag or blankets, sheet (twin size) pillow with pillow case

Toiletries:

toothbrush & paste, soap, shampoo, deodorant, comb/brush, Towels(2 at minimum) and Wash Clothes,

Bag for Dirty Clothes etc.

Phones and SmartWatches:

Phones will be allowed if they are used as a tool to look up information for small groups or other activities. They can be used for music during free time as long as it keeps campers involved in groups. If they are used for texting friends at homes; If they become a distraction; If they are out at inappropriate times such as worship and small group discussion or meals they will be confiscated w/o warning. Both phones and Smart watches need to have notifications turned off during the day.

<ul style="list-style-type: none">-medications in original containers-water bottle (for water during the day)-Items or money for camp offering/mission project<ul style="list-style-type: none">-Bible-stamped envelopes for letter writing	<ul style="list-style-type: none">-Insect repellent (for ticks, too)-sun screen and hat-notebook & pencils/pens-chapstick-flashlight & extra batteries
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Optional:

- sun glasses
- camera
- battery operated alarm clock
- musical instrument - guitar, flute, etc
- Small Back Pack or Draw string bag

DO NOT BRING TO CAMP: knives, firearms, valuables, illegal drugs, tobacco products, E-Cigarettes, alcohol, fireworks, radios, electronic games or other devices, cell phones, food items, matches or lighters, expensive jewelry. *Note: some directors may allow campers to use ipod or MP3 players in their cabins after devotions or during quiet time.*

Other information:

1. Please clearly label all items with camper's last name, even sleeping bags and luggage.
2. Campers are responsible for carrying and taking care of their own gear - please help your camper by packing things in bags that are easily carried, rolling or stuffing sleeping bags tightly.

NEOLA/MUP Disciples Camps are not responsible for lost, stolen or damaged items.

Please read the General Camp rules thoroughly... many of your questions will be answered!