



**REGISTER
NOW!**



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<http://mid-americadisciples.org/summer>

Camp MoVal

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This Camp is sponsored by The
Christian Church (Disciples of Christ)
in Mid-America

Our Bodies Our Faith

**Embracing Wholeness
and Healthy Sexuality**

**July 28-August 2,
2024**



Camp MoVal in Union, Missouri
Completed 8th or 9th Grade

At this camp we prepare campers to make healthy decisions in faithful and life-enhancing ways.

We provide age-appropriate, accurate information to equip campers to honor their goodness given by God, particularly around relationships and healthy sexuality.

Campers learn not only about anatomy and human development, but also the spiritual, emotional, and social aspects of sexuality.





"God saw everything that God had made and indeed it was good, very good"

Genesis 1:31

What our campers say...

"This camp was by far my favorite camp and I've been going to camp for 7 years! You will talk about subjects you probably aren't comfortable talking about, but that is the beauty of camp! I enjoyed this camp because you can just be you."



"I came from a small school where sex ed was hardly touched, I was the oldest child with no siblings to learn from and my parents barely covered the basics... if I could love this camp, I think anyone could"



"Whenever someone asks me about this camp, the first thing I always say is how it was the best thing that has ever happened to me. They never understand how this camp can be so life changing. There are no words that can encompass all of what this camp is and does. Most importantly, it is a safe place."

SAME GOALS, SAME VALUES. NEW LOCATION.

Around 2002, a group of Disciples of Christ Ministers in the Mid-America Region discerned together the need to engage youth on issues of sexuality, education, health, and justice as a community of faith. Inspired by an existing program, Our Whole Lives, this group of dedicated leaders adapted it and other resources to fill a need in our region.

This year we will be welcomed to Camp MoVal for the first time. We look forward to enjoying the pool, boating on the lake, taking on the challenge course, campfires, and more! Hope to see you there!



Why do we have this camp?

- Guide Youth in faith-based conversations
- Remind campers they are beloved children of God
- Build self-esteem
- Teach youth about healthy relationships and boundaries
- Prepare campers for the challenges of high school
- Counter false information about our bodies and relationships
- Provide comprehensive resources about STIs, STDs, and sexual health