

June 13, 2024

Dear CYF Camper,

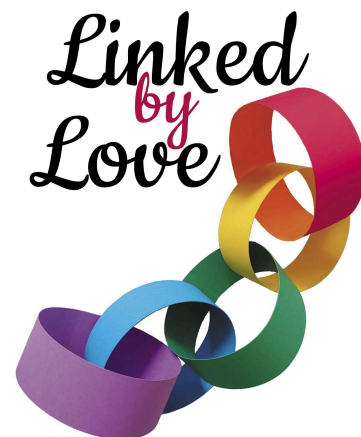
This year's theme is "Linked by Love". John and I are very excited for the theme and to be back at camp! At camp you will renew friendships, meet new people, make new friends, and best of all, get closer to Jesus.

A couple things to know for camp:

- If you would like to make a John Wyatt famous tie-dye shirt, please bring a white 100% cotton, pre-washed t-shirt or other item. You can make as many tie-dyes as you want, but you will need to provide your own t-shirts/item. We will provide one camp themed shirt that you may tie-dye.
- We are planning a talent show so feel free to bring what you need to perform for that; musical instrument, music, skits, props, etc.
- We will have a swim day so please bring an appropriate swimsuit, a towel, and something to wear over.
- Temperatures have been high and it will be hot at camp. We will provide water bottles if you do not have one. Feel free to bring rags or towels to wet down, hats, etc. We also need to remember that we are a Christian camp and need to dress appropriately.
- To prevent mice, snakes, raccoons, ants, and roaches in your cabins, please leave all food at home. Don't worry, the cooks will be making lots of great meals and snacks for us.
- You will not need any money EXCEPT for offering.

Here is a list of things to bring to camp:

- Bedding (twin sized fitted and top sheet or sleeping bag, blankets, a pillow)
- A fan for your bunk (an extension cord if you have one)
- Light and breathable clothing
- Tennis shoes & Flip flops (good for shower shoes and the pool)
- Swimsuit
- Towels
- Toiletries (don't forget sunscreen and bug spray)
- A lawn chair (if you have one)
- A backpack or drawstring bag
- Most importantly, a Bible (if you do not have one, you can borrow one)



Camp is a time to get away from the craziness of life and to have the opportunity to listen to God in His creation, so we are asking everyone to keep cell phones in cabins or at home. We understand that cell phones are used as cameras now days, which is fine. If that is the case, we ask that campers ONLY use the cameras on their devices. This is a time to step away from the stress of our everyday lives and connect with God. With that being said, if for any reason campers need to contact home, campers are to find a director to arrange that.

Camp offering will go to the Erin Hook Camp Scholarship Fund. Erin was a camper and YLT member for several years and was killed in a car accident in March of 2014. YLT wanted to honor her memory by providing financial support to other youth that might not be able to go to camp. If you or someone you know would like to go to camp but are worried about the financial commitment, we would love to discuss a partial or FULL scholarship for them!

If this is your first time at CYF camp – be ready for great things to happen! God's love can change people overnight and it usually does.

INVITE YOUR FRIENDS, BRING YOUR BIBLE, AND MOST OF ALL, BRING AN OPEN HEART FOR JESUS SO HE CAN RECHARGE YOU AND YOUR LIFE DURING THIS SPECIAL WEEK!!

We've been praying for camp and all of those who will be joining us this year. We look forward to seeing you!!!

Jennifer Standerford and John Wyatt – Directors

John's cell: 816-405-1003 Jennifer's cell: 816-288-0814

If your child will need medication during camp, please complete the form below, cut it out and place it in a Ziploc bag with the medication needed.

No medication (OTC or prescription) will be accepted that is not in the original, labeled container. OTC medication will be dispensed as instructed on the form below.

Prescription medicine must be in original pharmacy container with the camper's name on the label and will be dispensed as prescribed. If dosing instructions have been changed, your physician must provide instructions in writing. Please understand that this is to ensure the health and safety of your child.

Ibuprofen, Tylenol, Benadryl or other common OTC medicines may be given if needed, with your permission. Please check with the nurse/first aid staff at check-in if you have questions about this.

Thank you for assisting us to provide for your child's good health at camp!

✂ cut here ✂ cut here ✂

Outdoor Ministry Medication Record	
MEDICATIONS MUST BE IN ORIGINAL PHARMACY CONTAINERS LABELED W/ CHILD'S NAME	
Camper Name: _____ Camp Session: _____	
Step 1 – List all medications to be administered at camp (OTC and prescription)	
Step 2 – Sign this form and place it inside a quart or gallon Ziploc bag	
Step 3 – Place all medication in this bag and bring to camp with your camper	
All medication is collected at check-in and stored in a locked area for distribution according to physician instructions or as indicated below for OTC meds.	
Medication	Medication Dosage, Times, Special Instructions
The information on this form is correct and complete. I hereby give permission for the Mid-America , MUP and Jo-Ota Camp Staff to administer the medication as directed above.	
Parent Signature: _____ Date: _____	

✂ cut here ✂ cut here ✂

Food Allergy Action Plan

Emergency Care Plan

Place
Camper's
Picture
Here

Name: _____ D.O.B.: ____/____/____

Allergy to: _____

Weight: _____ lbs. Asthma: Yes (higher risk for a severe reaction) No

Cabin #, Counselor: _____

Family Group Leaders: _____

Extremely reactive to the following foods: _____

THEREFORE:

- If checked, give epinephrine immediately for ANY symptoms if the allergen was *likely* eaten.
- If checked, give epinephrine immediately if the allergen was *definitely* eaten, even if no symptoms are noted.

Any SEVERE SYMPTOMS after suspected or known ingestion:

One or more of the following:

- LUNG: Short of breath, wheeze, repetitive cough
- HEART: Pale, blue, faint, weak pulse, dizzy, confused
- THROAT: Tight, hoarse, trouble breathing/swallowing
- MOUTH: Obstructive swelling (tongue and/or lips)
- SKIN: Many hives over body

Or combination of symptoms from different body areas:

- SKIN: Hives, itchy rashes, swelling (e.g., eyes, lips)
- GUT: Vomiting, diarrhea, crampy pain



1. INJECT EPINEPHRINE IMMEDIATELY

2. Call 911
3. Begin monitoring (see box below)
4. Give additional medications:*
 - Antihistamine
 - Inhaler (bronchodilator) if asthma

*Antihistamines & inhalers/bronchodilators are not to be depended upon to treat a severe reaction (anaphylaxis). USE EPINEPHRINE.

MILD SYMPTOMS ONLY:

- MOUTH: Itchy mouth
- SKIN: A few hives around mouth/face, mild itch
- GUT: Mild nausea/discomfort



1. GIVE ANTIHISTAMINE

2. Stay with student; alert healthcare professionals and parent
3. If symptoms progress (see above), USE EPINEPHRINE
4. Begin monitoring (see box below)

Medications/Doses

Epinephrine (brand and dose): _____

Antihistamine (brand and dose): _____

Other (e.g., inhaler-bronchodilator if asthmatic): _____

Monitoring

Stay with student; alert healthcare professionals and parent. Tell rescue squad epinephrine was given; request an ambulance with epinephrine. Note time when epinephrine was administered. A second dose of epinephrine can be given 5 minutes or more after the first if symptoms persist or recur. For a severe reaction, consider keeping student lying on back with legs raised. Treat student even if parents cannot be reached. See back/attached for auto-injection technique.

Parent/Guardian Signature _____

Date _____

Physician/Healthcare Provider Signature _____

Date _____

Helpful Packing Tips

*******PLEASE BRING YOUR OWN WATER BOTTLE *******

✓ **Pack with a parent or guardian**

Packing with your child is a great way to build excitement about camp and also a great way to talk through any worries or anxieties your child may have about their time away at camp. In addition, it gives you the opportunity to make sure that they pack everything they need to bring and leave at home the stuff that should stay at home. It also helps the child to know where in their bag or suitcase all of their items are located.

✓ **What to pack your stuff in**

Pack your stuff in something that you can carry a short distance from the Parking Area to the Cabin Area. A duffel bag or suitcase is fine. Pillows, bedding, and sleeping bags do great in large plastic trash bags.

✓ **Label everything you can**

Put your child's first and last name on everything you can using a permanent marker. Be sure to label your child's luggage. If your child loses something (and they usually do) it will turn up in Lost and Found. Having a name on the items makes it much simpler to return it to your child.

✓ **Pack appropriately for camp**

Pack clothing that is comfortable in hot weather, suitable for outdoor games, and can get wet and/or dirty without being ruined.

✓ **Medications**

All medications (prescription, non-prescription and over-the-counter) remain with and are dispensed by the Camp Medical Staff. Please pack ALL camper medications separately from your luggage so that you will be able to turn them in during Registration.

*****WATER BOTTLE*****

Clothing

- Sleepwear/Pajamas
- Underwear and Socks
- Short Sleeve Shirts
- Pairs of Shorts
- One lightweight long sleeve shirt or
- Swimsuit
- A pair of sneakers (we take a camp hike)
- Sandals or Flip flops for the shower and pool

Toiletries

- Toothbrush and Toothpaste
- Shampoo and Conditioner
- Soap in a container
- Bath Towel & Washcloth
- Beach Towel for the pool

Other Items

*****WATER BOTTLE*****

- Bible
- Bedding – Sleeping Bag or sheets and blanket
- Pillow and Pillowcase
- Flashlight
- Fan (box size or bunk clip on)
- Any Medications Need to be turned in during registration

Optional Items

- Hat & Sunglasses
- Camera
- Favorite Stuffed Animal
- Paper, pen, pencil, stamps, pre-addressed envelopes

Things to Leave AT Home

- Food, snacks or candy (food and snacks are not permitted)
- Cell Phones, Electronic Items
- Anything which would result in tremendous unhappiness if it were lost, broken, or dirty.