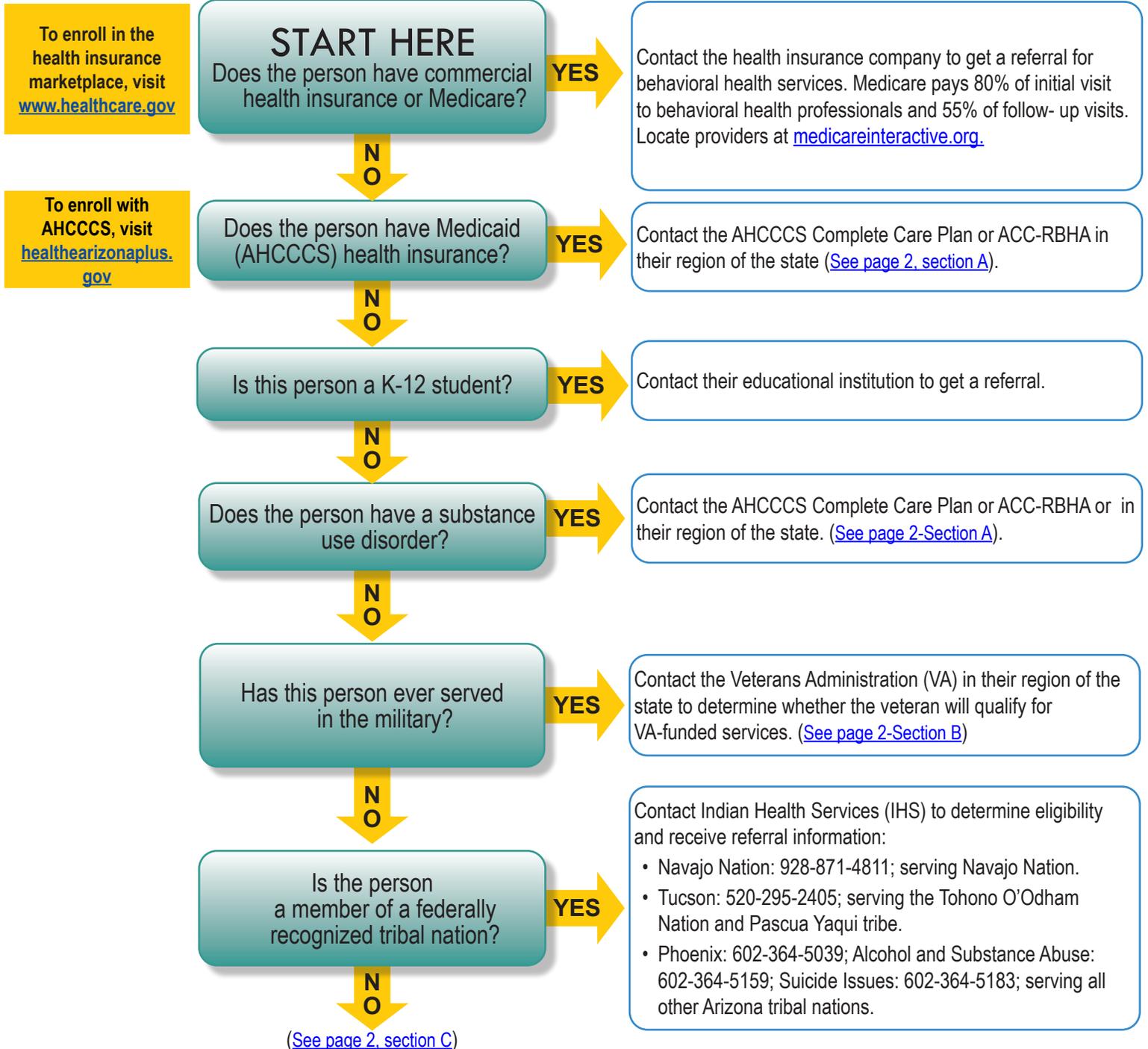


DOES THE INDIVIDUAL APPEAR TO BE AN IMMEDIATE DANGER  
TO HIS/HER OWN SAFETY OR TO THE SAFETY OF OTHERS?

**CALL 911**

DOES THE INDIVIDUAL APPEAR TO BE IN NEED OF MENTAL HEALTH ASSISTANCE RIGHT AWAY?  
**CALL 988 OR 1-844-534-HOPE OR FIND MORE RESOURCES ON THE [CRISIS SERVICES WEB PAGE](#)**

### Accessing/Paying for Behavioral Health



## SECTION A

### Tribal Regional Behavioral Health Authorities (TRBHAs), AHCCCS Complete Care Regional Behavioral Health Agreements (ACC-RBHAs) and AHCCCS Complete Care Plans By Region

Note: latest website and 24-hr line information is posted on the [Available Health Plans web page](#).

TRBHAs and ACC-RBHAs	County or Tribal Nation Served
<b>Arizona Complete Health-Complete Care Plan ACC-RBHA</b> <a href="http://www.azcompletehealth.com/completecare">www.azcompletehealth.com/completecare</a> , 1-888-788-4408	Apache, Coconino, Graham, Greenlee, La Paz, Mohave, Navajo, Pima, Yuma, Yavapai, and Cochise
<b>Gila River TRBHA:</b> <a href="http://www.grhc.org/bhs">www.grhc.org/bhs</a> , 1-888-484-8526 ext. 7100	Gila River Indian Community
<b>Mercy Care ACC-RBHA:</b> <a href="http://www.mercycareaz.org">www.mercycareaz.org</a> , 1-800-624-3879	Gila, Maricopa, Pinal
<b>Navajo Nation TRBHA:</b> <a href="http://www.nndbmhs.org">www.nndbmhs.org</a> , 1-866-841-0277	Navajo Nation
<b>Pascua-Yaqui TRBHA:</b> <a href="http://www.pascuayaqui-nsn.gov/index.php/centered-spirit">www.pascuayaqui-nsn.gov/index.php/centered-spirit</a> , 520-879-6060	Pascua Yaqui Tribe
<b>White Mountain Apache TRBHA:</b> <a href="http://www.wmabhs.org">www.wmabhs.org</a> , 928-338-4811	White Mountain Apache Nation
ACC Plan	Geographic Service Area (GSA) Served
<b>Health Choice Arizona:</b> <a href="http://www.HealthChoiceAZ.com">www.HealthChoiceAZ.com</a> , 1-800-322-8670	North, Central
<b>Molina Complete Care:</b> <a href="http://www.MolinaHealthcare.com">www.MolinaHealthcare.com</a> , 1-800-424-5891	Central
<b>Mercy Care:</b> <a href="http://www.mercycareaz.org">www.mercycareaz.org</a> , 1-800-624-3879	Central
<b>Banner-University Family Care:</b> <a href="http://www.bannerufc.com/acc">www.bannerufc.com/acc</a> , 1-800-582-8686	Central, South
<b>UnitedHealthcare Community Plan:</b> <a href="http://www.uhcommunityplan.com">www.uhcommunityplan.com</a> , 1-800-348-4058	Central, Pima County
<b>Arizona Complete Health-Complete Care Plan:</b> <a href="http://www.azcompletehealth.com/completecare">www.azcompletehealth.com/completecare</a> , 1-888-788-4408	North, Central, South

## SECTION B

### Veterans Administration (VA) by Region

VA Health Care System	Counties Served
Phoenix: 602-277-5551	Gila, Maricopa
Northern Arizona: 928-445-4860	Apache, Coconino, Mojave, Navajo, Yavapai
Southern Arizona: 520-792-1450	Cochise, Graham, Gila, Greenlee, La Paz, Pima, Pinal, Santa Cruz, Yuma

## SECTION C

### Additional Resources

Some free or low-cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples include:

**The Arizona Department of Financial Institutions:** offer free counseling service to those behind on mortgage payments or facing foreclosure, 877-448-1211. SOS Non Title 19 Resource Hotline: (602) 759-8175.

**Transitional Living Centers “TLC”:** Helping recovering substance abusers rebuild their lives since 1992 [www.transitionalliving.org](http://www.transitionalliving.org).

**Family Involvement Center “FIC”:** Select “Services” then “Classes/Support Groups” [www.familyinvolvementcenter.org](http://www.familyinvolvementcenter.org).

**NAMI AZ:** Select your local affiliate and select “Support Groups” [www.namiaz.com](http://www.namiaz.com).

**MIKID AZ:** Select “Programs and Services” and select “Family Support” [www.mikid.org/](http://www.mikid.org/).

**Stand Together and Recover (STAR) Centers:** Peer Support and Recovery Centers: [www.thestarcenters.org](http://www.thestarcenters.org).

**Substance Use Support:**

- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press “2” for Spanish or: [findtreatment.samhsa.gov](http://findtreatment.samhsa.gov).
- Alcoholics Anonymous (AA) meeting locator: [www.area03.org/AA-Meetings](http://www.area03.org/AA-Meetings).
- Narcotics Anonymous (NA): 1-818-773-9999; online [arizona-na.org](http://arizona-na.org).

**Suicide Prevention Resources:**

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press “1” for veteran support; online [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
- The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online [www.thetrevorproject.org](http://www.thetrevorproject.org)
- Teen Lifeline: 1-800-248-TEEN (8336); online [teenlifeline.org](http://teenlifeline.org).
- Low cost/no cost support groups: [www.mentalhealthamerica.net/find-support-groups](http://www.mentalhealthamerica.net/find-support-groups).