

EmComm – Quick List of Recommended Radio Frequencies;

Questions? Contact West Valley Amateur Radio Club at (<https://westvalleyarc.com/>)

Type / User	Band	Frequency MHz	Offset MHz	Tone Hz	Notes:
2m - NY7S	VHF	147.300	+ .600	162.2	West Valley ARC, Del Webb Hospital
2m - Simplex	VHF	146.520 MHz. (Ham National)			National Calling / EmComm
2m - Simplex	VHF	146.580			West Valley EmComm
2m - Simplex	VHF	147.580	NONE	NONE	West Valley ARC Simplex
6m - Simplex	VHF	52.525 MHz			EmComm
70cm	UHF	446.000			National Calling / EmComm
70cm - W7JHQ	UHF	449.800	- 5.00	162.2	West Valley ARC, Boswell Hospital, C4FM, FM, (AMS),
ARA Metrolink	VHF	146.760 MHz	- .600	162.2	MCESG EmComm - Scottsdale
ARA Metrolink	VHF	146.860 MHz	- .600	162.2	MCESG EmComm - Mesa
ARA Metrolink	VHF	146.920 MHz	- .600	162.2	MCESG EmComm - Mt. Ord
ARA Metrolink	VHF	147.240 MHz	+ .600	162.2	MCESG EmComm - Shaw Butte
ARES / RACES	UHF	442.550 MHz	+5.00	100.0	South Mountain ARES: https://www.arrl.org/files/file/Public%20Service/ARES/ARES%20Manual.pdf RACES: https://www.usraces.org/ RACES: https://www.w4ava.org/races/MMauxcomm42.htm
CB (Emergencies Only)	HF	27.065 MHz. AM			Channel 9 (see also Ch. 19)
CERT	VHF	154.190 MHz for A1 Dispatch 154.250 MHz for A2 East PHX 154.070 MHz for A3 West PHX			Community Emergency Response Team
Civilian Groups	VHF	168.55 MHz			Disaster Relief
FEMA (Nat'l)	VHF	138.225 MHz			Disaster Relief
Fire (Nat'l)	VHF	154.265 MHz			Fire EmComm
Fire (Nat'l)	VHF	154.28 MHz			Fire EmComm
Fire (Nat'l)	VHF	154.295 MHz			Fire EmComm
FRS (Channel 9)	UHF	467.5625 MHz.			Family Radio Service
GMRS	UHF	462.675 MHz (Ch. 20)			Simplex EmComm
GMRS - Repeater	UHF	462.550 (Ch. 23)			Arizona Emergency Services Group, White Tanks
HF IARU – Region 2	HF	3.750, 3.895 MHz, LSB			EmComm (±20 kHz)
HF IARU – Region 2	HF	14.300 MHz, USB			EmComm (±20 kHz)
HF IARU – Region 2	HF	18.160 MHz, USB			EmComm (±20 kHz)

HF IARU – Region 2	HF	21.360 MHz, USB			EmComm (±20 kHz)
HF IARU – Region 2	HF	7.060, 7.240, 7.290 MHz, LSB			EmComm (±20 kHz)
MURS Ch. 2 (Safety) MURS Ch. 3 (EM)	VHF	151.880 MHz. 151.940 MHz			Multi-Use Radio Service (MURS)
National Disaster	VHF	163.5125 MHz			Military
National Guard	VHF	163.4875 MHz			EmComm
NOAA Weather Radio	VHF	162.400 MHz, 162.425 MHz, 162.450 MHz, 162.475 MHz, 162.500 MHz, 162.525 MHz, 162.550 MHz.			Monitor local weather conditions or any emergency broadcasts.
Police (Nat'l)	VHF	155.475 MHz			Police EmComm
Red-Cross	VHF	151.505, 151.625 MHz			
Red-Cross	VHF	151.700, 151.760 MHz			
Red-Cross	VHF	151.955, 155.175 MHz			
Red-Cross	VHF	158.400, 151.925 MHz			
Search / Rescue	VHF	155.160 MHz			
SKYWARN	VHF UHF	147.080 443.550 MHz	+ .600 + 5.00	162.2 100.0	Thompson Peak - Scottsdale South Mountain
State Trooper (AZ)	UHF	460.150 MHz			
State Trooper (AZ)	UHF	460.225 MHz			
State Trooper (AZ)	UHF	460.275 MHz			
State Trooper (AZ)	UHF	460.300 MHz			
State Trooper (AZ)	UHF	460.500 MHz			

