

## Plant Name: Nerve Plant

Care: In the growing season you should water every 3-4 days, but let the soil dry out between each watering. Bright indirect light indoors.

Benefits: natural air purifiers  
Non-toxic and safe for humans and animals.

*Thank you for your purchase*

Noely & Julio Velez  
Something To Root About  
[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Pothos

Care: Prefer medium to bright, indirect light and can't tolerate low light conditions. Water the plant once a week during the growing season, allowing the top 50% of the soil to dry out before watering again. In the winter, allow the soil to completely dry out between waterings. Adjust watering frequency based on light conditions.

Benefits: Excellent at removing indoor air pollutants

The golden pothos is particularly adept at removing formaldehyde, benzene and carbon monoxide.

Toxic to animals.

Thank you for your purchase

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Pothos, Golden

Care: From spring to autumn, allow the compost to dry out between waterings – golden pothos is drought tolerant, and too much water will kill it.

Water sparingly in winter.

Benefits: Excellent at removing indoor air pollutants.

The golden pothos is particularly adept at removing formaldehyde, benzene and carbon monoxide.

Toxic to animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Pothos, Marble

Care: Prefer medium to bright, indirect light and can't tolerate low light conditions. Water the plant once a week during the growing season, allowing the top 50% of the soil to dry out before watering again. In the winter, allow the soil to completely dry out between waterings. Adjust watering frequency based on light conditions.

Benefits: Excellent at removing indoor air pollutants. The golden pothos is particularly adept at removing formaldehyde, benzene and carbon monoxide.  
Toxic to animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok



## Plant Name: Pilea Glauca Aqua Marine

Care: These tropical plants prefer warm temperatures and high humidity. They are cold-intolerant and will start to decline at temperatures below 40 °F. High humidity will help these plants do their best growing. Mist plants daily or place them on top of a tray of wet pebbles to improve ambient moisture.

Benefits: Can help improve air quality by removing airborne chemicals. It's also low maintenance.

Non-toxic to humans and pets

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Pink Polka Dot Plant

Care: Bright but indirect sunlight. Water when the top half-inch of soil has dried out. Remove developing flowers to keep it looking its best.

Benefits: Helps improve indoor air quality by absorbing pollutants and releasing oxygen. Spotted leaves represent joy and cheerfulness, Non-toxic to animals.

*Thank you for your purchase*

Noely & Julio Velez  
Something To Root About  
[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Ponytail Palm

Care: Despite its common name, it is not closely related to the true palms. Will thrive in dry conditions. The drier the air, the better! Water your ponytail palm every 3 to 4 weeks.

Benefits: They actively remove toxins, giving you a healthier living space.

Non-toxic to humans and animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Prayer Plant

Care: Water every 1–2 weeks, allowing the soil to dry out half way down between waterings. Expect to water more often in brighter light and less often in lower light.

Benefits: Air purifying. Symbolic meaning-symbolize gratitude and new beginnings, and can be a reminder to look for the small, sweet moments in life.

Non-toxic safe for humans and animals, making them a popular choice for households with children and animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Princess Pine

Care: Thrives in dry soil and should be watered sparingly.

Grow best when they receive unfiltered, full sun for at least six hours a day.

Benefits: they clean indoor air in two ways. They absorb pollutants into their foliage and the dangerous chemicals make their way to their roots where the houseplant transforms them into useable food for the plant.

Non-toxic to humans or animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Rex Begonia

**Light:** Provide rex begonias with plenty of bright, indirect sun, but keep them out of direct sunlight. **Water:** Keep the plant moist, but avoid overwatering. Allow the soil to dry partially between waterings.

**Benefits:** Air purification, can help improve air quality by filtering out toxins like benzene and formaldehyde

**Health benefits:** Some say that rex begonias have antimicrobial properties that can help with respiratory issues.

Mildly toxic to animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok



## Plant Name: Rubber Tree

Care: It is known for its laticiferous system from which latex is extracted by tapping the trunk. void placing it somewhere drying, such as near a drafty window or vent, heater, or in direct sunlight.

Bright, indirect light is ideal for growing.

Benefits: Air purification also known to release moisture, which helps to increase humidity levels indoors, reducing respiratory allergies, inflammation, and asthma. The plant's leaves can also trap dust and pollen, which can help to reduce indoor allergens.

Mildly toxic to humans and animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Schefflera Moondrop

Tree prefers dry environments. Providing extra humidity or misting your plant allows water to linger on leaves, which can create the perfect environment for harmful types of fungi. It does best in well-draining soil

Benefits: acts as a natural air freshener and detoxifier.

The leaves expectedly release oxygen, but they also absorb pollutants from the air.

Toxic to animals if ingested.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About  
[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Schefflera Arboreola (Umbrella tree)

Care: Needs indirect, bright light.

Requires warm temperatures above 60°F at all times. Thrives in a rich, well-draining, acidic potting soil.

Give water only when the soil dries out to prevent overwatering.

Benefits: Acts as a natural air freshener and detoxifier. The leaves expectedly release oxygen, but they also absorb pollutants from the air. The tree is believed to convert negative vibes into positive flows

The tree symbolizes protection, resilience, growth,  
and communal gathering.

Toxic to animals if ingested.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Spider Plant

Care: Place the plant in bright to moderate light. Keep the soil slightly moist. Once-a-week watering is sufficient in spring and summer; in winter, allow the soil to dry a bit more between waterings.

Benefits: Air purification, can also boost mood and productivity, reduce stress and fatigue, and help with sleep.

Non-Toxic to animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: Snake Plant

Care: Water when the top two inches of soil feels dry.

More sunlight is better, but anything is fine. Keep your snake plant in a warm spot. Repot in spring, if needed.

Wipe the leaves once in a while with a clean, damp cloth.

Benefits: Filters indoor air, remove toxic pollutants. May help boost mental health. Effective against allergies.

May help enhance the “energy” of a space, according to feng shui.

Mildly toxic to animals if consumed.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: String of Pearls

Care: Thrive on a combination of direct and indirect sunlight, totaling between six and eight hours a day. They're best when kept in direct sunlight during the softer morning hours, then moved to a spot that gets diffused, indirect light, or partial shade during the harsher afternoon hours. Very sensitive to overwatering.

Recommended amount is once every two weeks.

Benefits: Benefits: Cleanses the air and removing toxins is more than just folklore; it's a natural purifier. Beyond its aesthetic charm, it holds traditional medicinal uses, including antimicrobial and anticancer properties. Toxic to humans and animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok



## Plant Name: Sweet and Sour Peperomia

Care: Place the plant in a well-lit room with medium to bright, indirect light, less than 3 feet from a south-facing window. Rotate the plant regularly to ensure even light distribution. Water the plant when the top 1–2 inches of soil are dry, allowing the soil to dry out between waterings. You might need to water more often in brighter light and less often in lower light.

Benefits: Air purifying. Thought to bring wealth and prosperity.

Non-toxic to humans or animals.

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](https://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok

## Plant Name: ZZ Plant

Care: It does well in low-light areas, isn't bothered by low humidity and can survive a forgetful owner's sporadic watering habits. Watering it when the top few inches of soil dries out and feeding it with regular houseplant fertilizer a few times per year.

Benefits: Efficient in removing harmful contaminants such as formaldehyde, benzene, xylene, trichloroethylene, toluene and carbon dioxide from the air. This aspect gives this plant an upper hand and a good place in bedrooms/offices.

Toxic to humans and pets, but can be safe with proper handling

*Thank you for your purchase*

Noely & Julio Velez

Something To Root About

[somethingtorootabout.com](http://somethingtorootabout.com)

Follow us on Facebook, Instagram and TikTok