



Family Medicine Clinic Expands With New Clinical Staff & Services

Debra Parra, FNP-C Joins Texas Family Wellness Clinic in August

FOR IMMEDIATE RELEASE

Robstown, TX (July 7, 2021) - Texas Family Wellness Clinic (TFWC) is proud to announce the newest addition to the Clinical Care Staff, Debra Parra, Certified Family Nurse Practitioner (FNP-C). Parra will begin seeing patients in August 2021 under the direction of TFWC's owner, Ron J. Guevara, D.O. located on Northwest Boulevard in the North Corpus Christi/Calallen Area.



Parra received her Baccalaureate of Science in Nursing in 2012 at Texas A&M University in Corpus Christi, TX and grew-up in Ingleside, TX. She advanced her career by completing her Masters of Science in Nursing at the University of Texas at Arlington in 2020, specializing in Family Nurse Practitioner. Parra has nine years of experience as a Registered Nurse in the Obstetric Emergency Department for Christus Spohn South in Corpus Christi, TX. She is certified in Advanced Cardiac Life Support, Neonatal Resuscitation Program and Lactation/Wound Management & Sutures. Parra is also a professional member of the American Association of Nurse Practitioners and the Coastal Bend Advanced Practice Nurses.

"Mrs. Parra's background and experience in women's health will expand our services and offer a higher level of care to our female patients at Texas Family Wellness Clinic", stated Dr. Guevara. "Over the years I have found that my female patients feel more comfortable discussing their Gynecological issues with another woman and we want our patients to think of Texas Family Wellness Clinic as a place that they can come to for all of their healthcare issues, including Women's Health," added Guevara.

Parra will be assisting Dr. Guevara in handling a wide variety of acute/minor issues for patients. She will also help launch the new Chronic Care Management Program with Dr. Guevara this Fall to provide a higher level of care to the Geriatric patients. Parra will also play an important role in collaborating with the entire Clinical Care Team, consisting of Dr. Guevara and Kate Hilliard, Registered Dietitian to help patients with chronic issues such as hypertension, diabetes and high cholesterol to control the progression through integrative and alternative health services and treatment options.

Women Wellness Exams that integrate an Annual Wellness Exam with other Gynecological screenings needed based on the women's age and health risk factors will provide the female patient with a convenient 'one-stop-shop' physical annual exam that would normally be two office visits at their family doctor and OB/GYN.

For more detailed information about becoming a patient and the services offered by TFWC, visit their website at TexasFamilyWellnessClinic.com or call (361) 232-4187.