



Scar + Stretch Mark Camouflage Fags

What is scar & stretchmark camouflage?

Stretch Mark & Scar Camouflage is a paramedical aesthetic technique using a tattooing method (micropigmentation) with customized flesh tone pigments. This technique is intended to create a pigment illusion in order to disguise the area that is affected. This technique does not remove the scar or stretch mark but conceals it to make it less noticeable.

What type of scars and stretch marks can be camouflaged?

The most common areas treated are healed scars from past injury, surgery, abdominoplasty, breast augmentation and stretch marks.

Is it painful?

This treatment may be painless to mildly uncomfortable depending on your specific pain threshold. Depending on the area, a topical anesthetic may be applied to lightly numb the area in order to make the treatment comfortable.

Is there any downtime?

This is a noninvasive procedure similar to a tattoo. Therefore, there is little to no downtime and most people can resume daily living in the same day or the next day. Aftercare is extremely important so we recommend that you take the day off to relax and avoid touching the area for the best results.

How long does this treatment take?

On average, a session is 1-3 hours depending on the area.

What to expect before and after treatment

Wear loose comfortable clothing! Consultation and consent forms will be reviewed and established during your consultation. The area will be evaluated to determine if you're a candidate. As a client, we will assess your skin tone and perform a custom pigment formula to match. Medical pigment camouflaging is an unpredictable process, therefore, this color spot test is crucial. As with cosmetic tattooing and permanent makeup, the final healed color may be different from when the pigment was initially applied. The area treated will be red, raised, and inflamed immediately after the procedure and may take a few days to subside but this is normal and to be expected. Minor itchiness can be relieved by rubbing Aquaphor ointment on the area.

Can I receive the scar & stretch mark camouflage treatment if I am pregnant or breastfeeding?

Our highest priority is the safety of you and your baby. Unfortunately, we are unable to treat you while pregnant or breastfeeding. We look forward to treating you once you are no longer pregnant or breastfeeding.

Is this treatment suitable for all skin types?

Generally, yes! However, there are a small number of people who the treatment would not be suitable for. Your scars and stretch marks need to be at least two years old, lighter than your skin tone and completely healed.

Can I get the scar & stretch mark camouflage treatment if I tan my body?

We create the custom color blend to match the color of your natural skin color. It's best to wait until your tan has faded, so that the custom blend of pigmentation colors matches perfectly with your natural tone. Please schedule your session accordingly 6 weeks post sun exposure.

How long will results last?

According to our industry, it'll last 5 years, or more provided that the correct after-care procedures are adhered to. You may or may not need a touch up after 5-6 years. Remember, a stretch mark is a scar and so the skin is trickier to penetrate. In addition, as we age, all tattoos transition and change on our skin because there's less elasticity and melanin production. This can effect your stretch mark camouflage tattoo, as well.



Date

Scar + Stretch Mark Camouflage Pre/Post Care

Before the procedure...

1. Avoid smoking or antibiotic therapy at least 4 weeks prior to appointment. If unavoidable, please contact your practitioner for further guidance as antibiotics and smoking result in higher candida (yeast) count and infection may result.
2. Avoid alcohol and blood thinning medications at least 24 hours prior to procedure.
3. Avoid caffeine 12 hours prior to procedure.
4. Drink plenty of water to hydrate.
5. Do not wear serums, toners, creams or other products the morning of your procedure.
6. Do not tan skin with sunless tanners, self-tanners, spray tan, tanning booths, or sun-tan for at least 4 weeks prior to the procedure. If the surrounding skin is tanned, the chosen pigments for the scar or stretchmark camouflage may end up being darker than your natural skin tone.
7. Gently exfoliate the area to be treated the day before the procedure to slough off dead skin cells.

After the procedure...

1. Avoid getting the treated area too wet from showering and avoid submerging the area including swimming in a pool, ocean, lake, hot tub or any water source for 10 days.
2. Avoid sweating for a minimum of 14 days - no gym, yoga, exercise.
3. Clean the area with a small amount of STERILE water on a cotton pad before you go to bed and each morning after the procedure followed by a thin layer of A&D or Aquaphor ointment.
4. Do not scratch, rub or pick at the treated area. It will be slightly itchy.
5. Do not use other ointments, creams, or antibiotics until fully healed.
6. No sunbathing or tanning for 8 weeks. AVOID direct sun exposure and always use SPF 30+.
7. Avoid smoking if possible.
8. Avoid using harsh soaps, creams, fragrances, and lotions.