

COFFEE organic + fair trade



coffee **3 / 3.5**
café au lait+ **4 / 4.5**
iced coffee **3.5 / 4**
hot chocolate **5 / 5.5**
organic lake champlain cacao

+ oat, soy, almond milk extra

BOBA TEAS **6 / 6.5**

tea + boba + sugar + milk (whole, skim, oat, soy, almond)



decaffeinated

coconut* honeydew*
decaf black organic mint
decaf green rooibos chai
fruity peach taro*

caffeinated

coffee jasmine
earl grey keemun
green oolong matcha+
green tea peach blossom
indian chai thai tea

+ oat, soy, almond milk extra

*premade with milk + sugar

BREAKFAST

bagel & cream cheese 3.5
boiled cage-free egg 2

yogurt & granola 8.5

organic greek yogurt, granola,
apple, banana, berries

oatmeal vt gf 5

add toppings/ extra
apple, banana, brown sugar,
steamed milk, peanut butter,
walnut, cranberry, raisin, honey



lox & cream cheese 12

smoked salmon, cream cheese,
red onion, tomato, capers, bagel
or toast gf/extra

salmon avocado 11

smoked salmon, avocado, red
onion, tomato, olive oil, salt +
pepper, bagel or toast gf/extra

egg avocado 11

cage-free egg salad gf, avocado,
bagel or toast **gluten-free**/extra

ESPRESSO

whole, skim / + oat, soy, almond extra



latte+ **5 / 5.5** iced latte+ **5.5 / 6**
cappuccino **5 / 5.5** iced mocha+ **6 / 6.5**
mocha+ **5.5 / 6** iced americano **4**
americano **3.5** extra shot espresso **1.5**

SPECIAL TEAS **6 / 6.5**

hot or iced
decaffeinated
ginger*
lemon*

rooibos chai
turmeric latte+
caffeinated
matcha latte+
indian chai
thai tea

*premade with honey + sugar
+ oat, soy, almond milk extra



LOOSE LEAF TEAS

hot 4.5 cup / 6.5 pot

***iced 4.5 (16 oz) / 5.5 (20 oz)**

white tea

white peony ***iced**
white silver needle

oolong tea

dark oolong
green oolong ***iced**
ti kuan yin

green tea

decaf green ***iced**
dragon well
genmai cha
jasmine ***iced**
korean green
sencha ***iced**

black tea

assam-irish bkf
ceylon
decaf english ***iced**
darjeeling
earl grey ***iced**
keemun-english bkf ***iced**
lapsong souchong
peach blossom ***iced**
püerh

herbal

celestial garden-organic (chamomile, rose petals, spearmint, cinnamon bark, passionflower)
detox-organic (nettle leaf, red leaf, red clover blossoms, elderberries, alfalfa leaf, red clover herb, st. john's wort, sage, ginger)
chamomile
sage
hibiscus ***iced**
rooibos ***iced**
fruity peach ***iced**
yerba maté-organic
peppermint-organic ***iced**



SMOOTHIES

organice greek yogurt, choice of whole, skim, oat, soy, almond milk or iced tea

green goddess 8 / 9 greens, cucumber, banana, mango, yogurt, milk
blue monster 8 / 9 blueberries, banana, greens, yogurt, milk
green bliss 8 / 9 matcha, banana, greens, yogurt, milk
strawberry banana 7 / 8 strawberry, banana, yogurt, milk
mango banana 7 / 8 mango, banana, yogurt, milk
watermelon seasonal 8 watermelon, iced tea

SMALL PLATES

pork-chicken dumpling 7.5
six pieces

veggie dumpling vg vt 7.5
six pieces



SANDWICHES

includes spring mix, tomato, cucumber, red onion

chicken salad gf 13
tuna salad gf 13
roasted turkey 13
cage-free egg salad gf 13
red pepper hummus gf vt 12
tomato mozzarella gf vt 12

bread - daily options
spread - mayo, honey mustard, pesto, olive
extra - avocado, carrot, feta cheese,
swiss cheese, fresh mozzarella



dado special

add a **snack + drink** to sandwich, wrap, salad, noodle, or rice bowl for additional **4**

one snack
apple, banana, chips, cookie

one drink hot or iced 16 oz
coffee, sencha green tea,
keemun black tea, organic
peppermint

bubble tea / 2 extra

WRAPS

b3 wrap vg vt 15

multigrain rice, bean sprouts, shiitake
mushroom, carrot, cucumber, spring mix,
sesame tamari ginger sauce, gochujang, one
protein: chicken salad gf, egg salad gf, roasted
turkey, organic tofu gf vg vt, tuna salad gf

dado wrap vg vt 13

multigrain rice, carrot, organic tofu, spring
mix, sesame tamari ginger sauce

greek wrap vt 13

roasted red pepper hummus, feta, red onion,
tomato, spring mix, olive spread

lina bina 14

chicken salad, cranberry, apple, feta, spring
mix, balsamic vinegar



monkey wrap vg vt 11
peanut butter, banana, apple

potter wrap 14
chicken salad, multigrain rice,
carrot, spring mix, sesame
tamari ginger sauce

toto wrap 14
roasted turkey, fresh
mozzarella, apple, spring mix,
pesto

SALADS

dado salad gf vg vt 12 / 15
tomato, cucumber, carrot, spring
mix, sesame tamari ginger dressing,
one protein: chicken salad gf, egg
salad gf, roasted red pepper
hummus gf vg vt, roasted turkey,
organic tofu gf vg vt, tuna salad gf

cran-apple salad gf vt 12 / 15
feta, cranberry, apple, spring mix,
balsamic vinegar

add to salad /extra: chicken salad gf, egg salad gf, roasted red pepper hummus gf vg vt,
roasted turkey, organic tofu gf vg vt, tuna salad gf, avocado, tomato, cucumber



seaweed noodle vg vt 13 / 16

udon noodle salad with spring mix, carrot,
cucumber, seaweed salad, sesame oil,
sesame seed, tempura flakes

summer noodle gf vg vt 13 / 16

vermicelli noodle salad with spring mix,
carrot, cucumber, red onion, mildly spicy
peanut sauce

NOODLES + RICE BOWLS



bi-bim-bap vg vt 14 / 17

rice or noodle,* bean sprout, carrot, shiitake mushroom,
cucumber, spring mix, sesame seed, sesame oil, gochujang,
one protein: egg salad gf, tuna salad gf, organic tofu gf vg
vt, roasted turkey, chicken salad gf
gf option: sesame tamari ginger sauce instead of gochujang

rainbowl gf vg vt 13 / 16

rice or noodle,* spring mix, cucumber, carrot, red
cabbage, sesame tamari ginger sauce, one protein: egg
salad gf, tuna salad gf, organic tofu gf vg vt, roasted turkey,
chicken salad gf

curry bowl 13 / 16

rice or noodle,* chicken or tofu japanese curry with
potato, carrot, onion and side of spring mix

*multigrain rice: short grain brown rice, sticky brown rice,
soybean, adzuki bean, green pea; thick udon noodles

dado noodle soup vg vt gf 16

miso based spicy soup with bean sprout, shiitake
mushroom, carrot, cucumber, spring mix, udon noodle,
sesame oil, seasoned hot sauce, sesame seeds
gf option: vermicelli noodle, no gochujang

udon noodle soup 13

shrimp tempura or inari tofu, fish broth soup with udon
noodle, tempura crumb, scallion, chili pepper
vt option: miso broth/extra

ramen noodle soup instant/no msg 10

beef or vegetable broth, spicy soup with ramen noodle,
bean sprouts, egg

add to noodle soup/extra: organic tofu gf vg vt, inari tofu vg vt,
pork-chicken dumpling 2 pcs, veggie dumpling 2 pcs vg vt,
diced chicken gf, shrimp tempura

gf=gluten free vg=vegan vt=vegetarian