

COFFEE *organic + fair trade*



coffee 2.75/3.35
 café au lait+ 3.5/4
 iced coffee 3.25/3.85
 hot chocolate 4.75/5.25
organic lake champlain cacao

+ oat, soy, almond milk extra

ESPRESSO



whole, skim, oat, soy, almond

latte 4.5/5 iced latte 5/5.5
 cappuccino 4.5/5 iced mocha 5.5/6
 mocha 5/5.5 iced americano 3.5
 americano 3 extra shot espresso 1.3

LOOSE LEAF TEA

hot 4 cup/6.25 pot

*iced 4/5

white tea

white peony (iced)
 white silver needle

oolong tea

dark oolong
 green oolong (iced)
 ti kuan yin

green tea

decaf green (iced)
 dragon well
 genmai cha
 japanese sencha
 jasmine (iced)
 korean green

black tea

assam-irish breakfast
 ceylon
 decaf english (iced)
 darjeeling
 earl grey (iced)
 keemun-english breakfast (iced)
 lapsong souchong
 peach blossom (iced)
 puerh

herbal

celestial garden-*organic* (chamomile, rose petals, spearmint, cinnamon bark, passionflower)
 detox-*organic* (nettle leaf, red leaf, red clover blossoms, elderberries, alfalfa leaf, red clover herb, st. john's wort, sage, ginger)
 chamomile
 fruity peach (iced)
 hibiscus (iced)
 rooibos (iced)
 sage
 peppermint-*organic* (iced)
 yerba maté-*organic*



BOBA TEA 6/6.5

tea + boba + sugar + milk
(whole, skim, oat, soy, almond)

decaffeinated

coconut* honeydew*
 decaf black organic mint
 decaf green rooibos chai
 fruity peach taro*

*premade with milk + sugar

caffeinated

coffee jasmine
 earl grey keemun
 green oolong matcha+
 green tea peach blossom
 indian chai thai tea

+ oat, soy, almond milk extra



SPECIAL TEA 5.5/6

hot or iced
 decaffeinated
 ginger*
 lemon*

rooibos chai
 turmeric latte+
 caffeinated
 matcha latte+
 indian chai
 thai tea

*premade with honey + sugar
 + oat, soy, almond milk extra



SMOOTHIE

whole, skim, oat, soy, almond milk
 boba/extra

green goddess 8/9

greens, cucumber, banana, mango, organic greek yogurt, milk

strawberry banana 7/8

strawberry, banana, organic greek yogurt, milk

mango banana 7/8

mango, banana, organic greek yogurt, milk

BREAKFAST

bagel & cream cheese 3.5
 boiled cage-free egg 2

yogurt & granola 8.5

organic greek yogurt, granola,
 apple, banana, berries

cooked oatmeal vt gf 5

add toppings/ extra
 apple, banana, brown sugar,
 steamed milk, peanut butter,
 walnut, cranberry, raisin, honey



lox & cream cheese 11

smoked salmon, cream cheese,
 red onion, tomato, capers, bagel
 or toast **gf** / extra

salmon avocado 11

smoked salmon, avocado, red
 onion, tomato, olive oil, salt +
 pepper, bagel or toast **gf** / extra

egg avocado 9.25

cage-free egg salad **gf**, avocado,
 bagel or toast **gf** / extra

SMALL PLATES

pork-chicken dumpling 7

six pieces

veggie dumpling vt gf 7

six pieces



SANDWICH 10

includes organic spring mix, tomato,
 english cucumber, red onion



bread - daily options

spread - mayonnaise, honey mustard,
 pesto, olive

extra - avocado, carrot, feta cheese,
 fresh mozzarella, swiss cheese

cage-free egg salad gf chicken salad gf

red pepper hummus gf vt tuna salad gf
tomato mozzarella gf vt roasted turkey

WRAPS



b3 wrap vt gf 12.25

bi-bim-bap--multigrain rice, bean
 sprouts, shiitake mushroom, carrot,
 cucumber, organic spring mix, sesame
 tamari ginger sauce, gochujang

dado wrap vt gf 11.75

multigrain rice, carrot, organic tofu, organic
 spring mix, sesame tamari ginger sauce

greek wrap vt 11

roasted red pepper hummus, feta, red onion,
 tomato, organic spring mix, olive spread

lina bina 12.25

chicken salad, cranberry, apple, feta,
 organic spring mix, balsamic vinegar

monkey wrap vt gf 9.5

peanut butter, banana, apple

potter wrap 11.75

chicken salad, multigrain rice,
 carrot, organic spring mix,
 sesame tamari ginger sauce

toto wrap 11.75

roasted turkey, fresh
 mozzarella, apple, organic
 spring mix, pesto

SALAD



dado salad gf vt gf 10/13

tomato, cucumber, carrot, organic
 spring mix, sesame tamari ginger
 dressing, one protein: chicken salad
gf, egg salad **gf**, roasted red pepper
 hummus **gf vt gf**, roasted turkey,
 organic tofu **gf vt gf**, tuna salad **gf**

cran-apple salad gf vt 10/13

feta, cranberry, apple, organic spring
 mix, balsamic vinegar

add to salad/extra: chicken salad **gf**, egg salad **gf**, roasted red pepper hummus **gf vt gf**, roasted turkey,
 organic tofu **gf vt gf**, tuna salad **gf**, avocado, tomato, carrot, cucumber

seaweed noodle vt gf 11/14

udon noodle salad with organic spring mix,
 carrot, cucumber, seaweed salad, sesame
 oil, sesame seed, tempura flakes

summer noodle gf vt gf 11/14

vermicelli noodle salad with organic spring
 mix, carrot, cucumber, red onion, mildly
 spicy peanut sauce

NOODLES + RICE BOWLS



bi-bim-bap vt gf 13/16

rice or noodle* bean sprout, carrot, shiitake mushroom,
 cucumber, organic spring mix, sesame seed, sesame oil,
 gochujang, one protein: egg salad **gf**, tuna salad **gf**,
 organic tofu **gf vt gf**, roasted turkey, chicken salad **gf**
gf option: sesame tamari ginger sauce instead of seasoned hot sauce

rainbowl gf vt gf 11/14

rice or noodle* organic spring mix, cucumber, carrot, red
 cabbage, sesame tamari ginger sauce, one protein: egg
 salad **gf**, tuna salad **gf**, organic tofu **gf vt gf**, roasted
 turkey, chicken salad **gf**

curry bowl 11/14

rice or noodle* chicken or tofu japanese curry with
 potato, carrot, onion and side of organic spring mix
 *multigrain rice: short grain brown rice, sticky brown rice,
 soybean, adzuki bean, green pea; thick udon noodles

dado noodle soup vt gf 15.5

miso based spicy soup with bean sprout, shiitake
 mushroom, carrot, cucumber, organic spring mix, udon
 noodle, sesame oil, seasoned hot sauce, sesame seeds
gf option: vermicelli noodle, no gochujang

udon noodle soup 11.25

shrimp tempura or inari tofu, fish broth soup with udon
 noodle, tempura crumb, scallion, chili pepper
vt option: miso broth/extra

ramen noodle soup instant/no msg 9

beef or vegetable broth, spicy soup with ramen noodle,
 bean sprouts, egg

add to noodle soup/extra: organic tofu **gf vt gf**, inari tofu **vt**,
vt, pork-chicken dumpling 2 pcs, veggie dumpling, 2 pcs **vt**,
vt, diced chicken **gf**, shrimp tempura