



## Down and Disabled

When faced with a lethal force encounter, many trained and experienced individuals can, and do, fight through serious bodily injury to prevail in a gun fight. An assailant may win the advantage over an injured individual and the victim may have found themselves placed in a position of disadvantage. These injuries, causing limited mobility and dexterity, may impede one's ability to perform necessary lifesaving tasks, such as reloading your firearm or clearing a malfunction. By training to overcome these disadvantages you may be able to turn the tide of this fight, that may have otherwise turned deadly for you.

Your body cannot go, where your mind has not already been.

Our training agenda:

- Survival Mindset (Discussion)- 10 minutes
- Strong Hand Only Pistol Manipulations- 15 minutes
- Support Hand Only Pistol Manipulations- 15 minutes
- Prone Shooting Considerations- 15 minutes
- Break- 10 minutes
- Supine Shooting Considerations- 15 minutes
- Between the Legs Shooting Considerations- 15 minutes
- Fetal Position Shooting Considerations- 15 minutes
- Questions, Summaries, and Remediations- 10 minutes **(Facilitated as Needed)**