

Introduction:

Our goal at PPC is to provide each client with customized, meaningful, and focused defensive pistol training that will build upon your current performance levels. At the conclusion of your training session, we are confident that you will have found new levels of competence and confidence, in both operation and performance, of your chosen defensive pistol and concealed carry systems.

Session Agenda:

(All times are approximate)

- **Safety Briefing- 5 minutes**

Review Four Cardinal Rules, Emergency Action Plan, Session Specific Rules

- **Client Motivations, Knowledge Checks, and Desired Goals- 10 minutes**

Your "Why", Your Performance, Your Wants

- **Equipment Requirements and Inspections- 10 minutes**

Your Everyday Carry (EDC) Pistol and Safe Holster Selection

- **Dry Fire and Live Fire Review of Current Competencies- 10 minutes**

Fundamentally Based Review of Sight and Trigger Management, ect.

- **Instructor Explanation and Demonstration of Goal Focused Competencies- 15 minutes**

The What, How, and Why of Performance. Static, Fluid, or Dynamic

- **Break- 10 minutes** (If Needed)

- **Instructor Guided Student Practice of Goal Focused Competencies- 20 minutes**

"Meaningful Learning Begins Only Once You Safely Reach Failure"

- **Student Application of Goal Focused Competencies- 20 minutes**

Quality Repetitions Lead to Rote Skills Performance

- **Review and Conclusions- 10 minutes**

Cognitive Understanding of the What, How, and Why of Performance

- **Questions and Answers- 10 minutes**

There Are No Dumb Questions