

Do More Good

Shena Dixon Mason | The Companies

WORKSHEET

CLARITY & CONCEPT OF SELF

1.

Who are you?

2.

How do you see yourself now?

3.

How do others to see you?

4.

How would you like to be seen?

5.

Areas of Concepts of Self

a. Material Self

b. Social Self

c. Spiritual Self

d. Financial Self

e. Health Self

f. Social Media Self


g. Fun/Recreational Self

h. Career/Business Self

i. Personal Relationship Self

j. Physical Self

k. Familia Self

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- l. Community Self
 - m. Social Class Self
 - n. Education Self
 - o. Friends Circle Self
 - p. Living Space Awareness
 - q. Undone Self
 - r. Vocal Self
 - s. Social Media Self
 - t. Bonus Area

Submit worksheet to submittal section at:

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