

2022 Rugby Season

The Milpitas Police Activities League invites all local 9th through 12th grade girls and boys to join our rugby football club, The Guard. We will field a 15 player team for High School Girls. In cooperation with United Youth Rugby Bay Area and other Rugby NorCal clubs, we will assist in the combined team play of High School 15 player teams in regional play. Trial practices have begun. We practice at the Milpitas Sports Center on Mondays and Wednesdays from 6pm to 8pm. We practice on Saturdays at Leland High School in San Jose from Noon to 2pm. Regular season games are scheduled to begin February 19th and can extend through the first week of May if teams qualify for the State Playoffs. Our home/local games will be played at the Milpitas Sports Center with some pre-season scrimmages at Leland High School in San Jose. Away games may include travel to locations along the SF Peninsula, Tri-Valley, and Sacramento Valley. Our players have the opportunity to represent the our club and community in competition against other city and schools' rugby clubs throughout Northern California.



Why PAL Rugby?

The Milpitas Police Activities League understands that we have the opportunity to influence a child's life through sport, enabling them to grow up to be a strong, independent man or woman. Youth participating in sports have opportunity to develop life skills that can lead to being better contributors to society as adults. Specifically, our players will develop leadership skills, communication skills, be better team players, be fit, healthy, and confident. We hope that youth participating in our program will fall in love with rugby, live healthy lives, and grow up to be contributing patrons of society. Rugby is an international game played in over 120 countries worldwide by over six million people. It is a game based on camaraderie, pride, and respect — a culture shared throughout the world. Rugby is currently the fastest growing sport in the United States and a growing number of colleges are offering scholarships to come play and study on their campuses. Milpitas PAL is committed to opening this door of opportunity for local youth.

Authorization: I, as parent/guardian of said candidate/minor, hereby give permission for said minor to participate in any and all the activities sponsored by said association, and agree to release indemnify, and hold harmless the association, conference including but not limited to its organizers, sponsors, supervisors, leaders, participants, officials, coaches, and other agents or representatives including persons transporting said minor, from any and all claims arising out of injury to the above said minor except to the extent of and in the amount of insurance coverage held by the association.

Insurance: PAL has group Accident Insurance Coverage for medical and hospital expenses, with a given deductible amount for each accident incurred. The PAL insurance is considered a secondary coverage, when there is any other valid and collectible coverage provided by the parent's insurance. I understand that any claim for medical service which arises out of injury must be reported to Milpitas PAL officials within 24 hours of the time of injury. Registration fees or other sums paid does not constitute a direct premium payment for insurance.

Concussion: Participants and their parents are expected to familiarize themselves with signs and symptoms of a concussion an immediately notify PAL officials of any known or suspected brain injury resulting from participation.

Emergency Medical Authorization: I, as said parent/guardian of said candidate/minor, do hereby authorize and direct the said organization to act as agent for me to consent to and obtain medical, surgical, dental treatment/or examination for said minor in case if illness or injury occurring from participation in any activities of the association and/or conference. I do hereby consent to any x-ray, examination, and anesthesia, medical or surgical, or dental treatment that is considered necessary by the attending physician or dentist. I understand that in an emergency reasonable efforts will be made to notify me.

PAL Publicity Release: I hereby grant permission to Milpitas PAL the worldwide and perpetual right and authority to use, reproduce, distribute, broadcast or otherwise transmit, publish and display in whole or in part, my child's name, photograph, or any other program in any and all media now known or hereafter invented, in perpetuity, for the purpose of trade, promotion and/or otherwise without compensation or additional consideration, except where prohibited by law.

Code of Conduct: All participants and each member of their family in attendance will maintain a respectful and lawful demeanor during all activities. Failure to do so may result in action by the activity board or the PAL Board of Directors including but not limited to not being able to participate and/or be a spectator at meetings, practices, and/or any other events.

I have read and agree to the all of the above statements:

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____



Player Information

First Name: _____

Last Name: _____

Gender: O M O F DOB : ___ / ___ / ___

Player current school grade:
 9th 10th 11th 12th

Street Address: _____

City: _____ Zip Code: _____

Player's School: _____

Player Phone: _____

Player e-mail: _____

Parents/Guardians Names: _____

Parent Phone: _____

Alt. Phone: _____

Parent e-mail: _____

Parent e-mail _____

Emergency Contact: _____

Contact Phone: _____

Medical Insurance Co: _____

Policy No: _____

Known Allergies: _____

Sign Authorization and Waivers on Back

**Feel Free To Join Us by
 Dropping in at Any Practice.
 No Experience Required!**

MILPITAS SPORTS CENTER
1325 E. CALAVERAS BL.
MILPITAS, CA

Player Registration

There is no cost to attend our Milpitas PAL Rugby practice sessions to give rugby a try and see if it is the right sport for you. Attendees are required to complete this pamphlet including a signed waiver. Players interested in participating in the formal pre-season scrimmages and regular season games must complete formal registration and pay registration fees through the Rugby NorCal FuseSport online registration system prior to participating. Registration fees will be determined through the Rugby NorCal registration system. Current base HS registration for our club is only \$135. The link to register is on our club website: MilpitasPALRugby.com



Please note any questions, comments, or health concerns that our staff might need to know about here:

**FITNESS
 FRIENDSHIP
 TEAMWORK
 CHARACTER
 FIND YOUR POTENTIAL.**



THANK YOU, SPONSORS!



Thanks to the generous support of these and other sponsors The Milpitas Police Activities League is able to provide a rugby program for our local youth at a significantly reduced cost compared to other programs throughout the state. Milpitas PAL registration fees cover the cost of mandatory registration of each player with USA Rugby and NorCal Youth Rugby, insurance, field use fees, contributions toward training and registering our volunteer coaches with USA Rugby, training and safety equipment, administrative costs, and a club tee shirt. Travel, tournament entry fees, mouth pieces, shorts, socks, and cleats are not included in the registration fee and are the responsibility of the player and his/her family.



MilpitasPALRugby.com