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TOTAL TELEHEALTH PRACTICE

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Post Bariatric Surgical Patients

Studies have shown that bariatric surgery patients who undergo talk therapy after treatment are more likely to achieve and maintain long-term weight loss success. If food has been used as a way to handle difficult or negative emotions, patients will need help navigating how to handle those issues without relying on food.

Patients should plan on regular visits to a therapist who can help patients find other ways to handle complex emotions that they would otherwise try and manage with food. Cognitive behavioral therapy can assist patients with these goals both before and after weight loss surgery.

Many patients start post-bariatric surgery lifestyles with enthusiasm but are not prepared for the psychological issues that accompany the process. Counseling can help keep patients focused on recovery and adapt to a new lifestyle. Post - surgical complications may include; depression, anxiety, mood disorders, eating disorders, and negative body image.

PWG is now accepting Post Bariatric Surgical Patients into our practice. Below is the link to our new patient intake form. Kindly fill out this form and we will make a new patient appointment for you based on your information.