

URMR NARCOTICS ANONYMOUS VIRTUAL MEETINGS

UPPER ROCKY MOUNTAIN WEEKLY ZOOM MEETINGS

Everyday	noon	Noon Miracle - Casper	577-452-181	PW 099890
Every night	7:00 PM	The Refuge - Gillette	647-377-729	PW 123456
Monday	7:00 PM	Cody Group Of NA	726-428-528	
Monday	7:00 PM	Kemmerer Recovery Nation	411-078-7662	
Monday	7:00 PM	On Life's Terms - Cheyenne	503-850-092	
Monday	7:00 PM	A Wake Up Call - Casper	358-747-111	PW 099890
Tuesday	6:00 PM	URMR NA's Virtual Meeting of Recovery	152-528-577	PW 099890
Tuesday	7:00 PM	Welcome Home Group in Rock Springs	393-341-8639	
Wednesday	6:00 PM	A Breath of Life - Casper	860-729-777	PW 099890
Wednesday	7:00 PM	Kemmerer Recovery Nation	411-078-7662	
Wednesday	7:00 PM	Messages of Hope - Lovell	399-504-568	
Wednesday	8:00 PM	Welcome Home Group in Rock Springs	393-341-8639	PW 022017
Thursday	6:00 PM	URMR NA's Virtual Meeting of Recovery	152-528-577	PW 099890
Thursday	6:01 PM	Solutions - Casper	659-060-909	PW 099890
Thursday	7:00 PM	Lander NA- Zoom meeting Thursdays	789-685-768	
Thursday	8:00 PM	Hope Not Dope - Casper	566-291-081	PW 099890
Friday	6:00 PM	Book Benders - Casper	297-078-311	PW 099890
Friday	7:00 PM	Cody Group Of NA Literature Study (LC)	726-428-528	
Friday	7:00 PM	Welcome Home Group in Rock Springs	393 341 8639	PW 022017
Friday	8:30 PM	A Wake Up Call - Casper	714-815-369	PW 099890
Saturday	5:30 PM	URMR NA's Virtual Meeting of Recovery	152-528-577	PW 099890
Saturday	6:00 PM	Saturday Night Alive - Casper	464-277-016	PW 099890
Saturday	7:00 PM	Lander NA- Zoom Meeting	418-077-182	
Saturday	7:00 PM	Kemmerer Recovery Nation	411-078-7662	
Saturday*	9:00 PM	Conscious Contact - Casper (Meditation)	129-871-287	PW 099890
Sunday	7:00 PM	Powell Alive & Free	143-563-985	
Sunday	7:00 PM	Welcome Home Group in Rock Springs	393-341-8639	

**Meets first & thrid Saturday – reading, followed by 15 min meditation, then open discussion*

OFF THE WALL AREA COLORADO - Addicts Seeking Sanity

Wednesday	6 PM	Meeting ID: 968 308 041 Password: 709435
Sunday	4 PM	Birthday meeting - Meeting ID: 599 055 704 Password: 432600

ZOOM MEETINGS IN MONTANA

Meetings open 15 minutes early, bring your coffee and chat with others! Stay after the meeting to chat if you need! Password subject to change, check namontana.org

Everyday	Noon	Montana Region	965 024 325	PW 955208
Mon-Sat	7pm	Montana Region	321 529 143	PW 955208
Sun	8pm	Montana Region	321 529 143	PW 955208
Fri & Sun,	9am	Montana Region - Morning	905 489 644	PW 955208
Thursday	8:30 pm	Montana Region - Women's meeting	362 239 376	PW 955208

Meeting lists around the world: virtual-na.org, intherooms.com, nabyphone.com

Information will be updated as made available.