# What Is the NA Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

**Being of Service** / For more info about Being of Service at the convention, please see a committee member.

### **Committee Members**

Kellie K NUACNA Chair Zac H NUACNA Vice-Chair Cindy H Registration Chair Registration Vice-Chair Stan Danny B Programming Chair Cisco C Programming Subcommittee **Activities Chair** Julie B Justin J Info and Graphics Chair

# **Phone Numbers**



# NUACNA (Northern Utah Area Convention of Narcotics Anonymous)

March 20-22, 2020

Comfort Suites and Ogden Convention Center 2250 S. 1200 W. Ogden, UT 84401 801-621-2545

# 24-Hour Information (877) 479-NANA (6262)

To register, or view the updated program schedule, visit:

northernutahna.org/NUACNA

# **Friday**

2:00 pm

Registration Opens

3:00 pm

Open Meeting: Meet and Greet Meeting

Location: Ballroom

4:15 pm

Event: NA and Random Trivia Game

Location: Ballroom

5:30 pm

Workshop: Finding a New Way to Live

Speakers: Jordan H (Southern)/Meagan H (Northern)

Location: Ballroom

6:45 pm

Workshop: Surrender

Speakers: Frankie M (Central Valley, CA)/Derick D (Southern)

Location: Ballroom

8:00 pm

Speaker Meeting: Friday Night Speaker

Speaker: Sarah Q (Boston, MA)

Location: Ballroom

9:30 pm **Event**: Dance

Location: Ballroom

9:45 pm

Event: Bingo\*
Location: Sahara

# **Saturday**

8:00 am

**Event**: Yoga Meditation Yogi: Lauran H.

Location: Sahara

8:00 am

Event: Antelope Island Hike

Trail Guide: Zach S.

Location: Meet at Speaker-Tape booth

11:15 am

Workshop: No Topic Yet

Speakers: Ken H. (Savannah, GA)/Codie H (Burley, ID)

Location: Ballroom

# Saturday (Cont.)

12:30 pm

Speaker Meeting: Noon Speaker Meeting

Speaker: CJ (Nomad) Location: Ballroom

01:45

Workshop: Keys to Freedom

Speakers: Phil O (New York)/Willy J (Northern)

Location: Ballroom

3:00 pm

Workshop: No Topic Yet

Speakers: Charmaine J (Chicago, IL)/Dillon R. (Northern)

Location: Ballroom

04:15 pm

Speaker Meeting: Midday Speaker

Speaker:

Location: Ballroom

05:30 pm

Dinner Break/Banquet\*

07:00 pm

Event: Cleantime Countdown

Host: Justin J Location: Ballroom

08:00 pm

**Speaker Meeting**: Main Speaker Speaker: Ralph P (Chicago, IL)

Location: Ballroom

10:00 pm

Event: Comedy Show\*
Comedian: Not Selected
Location: Ballroom

10:00 pm

Workshop: No Topic Yet

Speakers: Clinton A (North Carolina)

Location: Sahara

11:00 pm
Event: Raffle
Host: Justin J
Location: Ballroom

## Sunday

08:00 am

Event: Yoga Meditation

Yogi: Tracy S Location: Sahara

09:45 am

Speaker Meeting: Sunday Spiritual Speaker

Speaker: Curtis G (Savannah, GA)

Location: Ballroom

\*These are ticketed events; please purchase them at the Registration Table.

**Registration:** open Friday March 20<sup>th</sup> at 2pm. Please register upon arrival in the Hallway. For registration questions please text the Registration chair.

Marathon Meetings: begin Friday 2 pm to Sunday 8:00am in the Comfort Suites Board Room. (The room will be available throughout the convention, feel free to have meetings)

**Merchandise**: sold in the Hallway starting Friday March 20<sup>th</sup> at 4:00pm.

**Alternate Merchandise:** sold Sunday March 22<sup>nd</sup> at 8:00-9:45 am and then again at 11:00 am in the Main Hallway.

**Speaker Tapes**: available for purchase on a jump drive. Order information table in the Hallway, \$20.00 for entire convention audio.

Hospitality Room: Cactus Room, open throughout convention.

Yoga and Meditation: BYOB/BYOM (Bring your own blanket or mat if you have one.) We will have some mats available for those who do not have their own.

Please remember that your actions at this convention are a direct reflection of NA as a whole. Please **use the trash cans and ashtrays** to clean up after yourself. Utah law requires at least **25 feet** of smoke free area to any public access building. There are designated smoking areas, please use them.

This convention is not designed for children. There are no facilities at the convention to watch or entertain children. Please make arrangements for your children before attending any convention functions. If you choose to bring children to this convention, they must remain under your immediate supervision at all times. If your children are found unattended at any time you will be asked to leave the convention to make other arrangements for them before returning.

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press radio and films. We do not disclose last names, nor do we appear in the media as members of Narcotics Anonymous.