

URMR NARCOTICS ANONYMOUS VIRTUAL MEETINGS

UPPER ROCKY MOUNTAIN WEEKLY ZOOM MEETINGS

Every night	7:00 PM	The Refuge - Gillette	647-377-729
Monday	7:00 PM	Cody Group Of NA	726-428-528
Monday	7:00 PM	Kemmerer Recovery Nation	411-078-7662
Monday	7:00 PM	On Life's Terms - Cheyenne	503-850-092
Tuesday	6:00 PM	URMR NA's Virtual Meeting of Recovery	152-528-577
Tuesday	7:00 PM	Welcome Home Group in Rock Springs	393-341-8639
Wednesday	7:00 PM	Kemmerer Recovery Nation	411-078-7662
Wednesday	8:00 PM	Welcome Home Group in Rock Springs	393-341-8639
Thursday	6:00 PM	URMR NA's Virtual Meeting of Recovery	152-528-577
Thursday	7:00 PM	Lander NA- Zoom meeting Thursdays	381-444-835
Friday	7:00 PM	Cody Group Of NA Literature Study (LC)	726-428-528
Friday	7:00 PM	Welcome Home Group in Rock Springs	393 341 8639
Saturday	5:30 PM	URMR NA's Virtual Meeting of Recovery	152-528-577
Saturday	7:00 PM	Lander NA- Zoom Meeting	763-008-387
Saturday	7:00 PM	Kemmerer Recovery Nation	411-078-7662
Sunday	7:00 PM	Powell Alive & Free	143-563-985
Sunday	7:00 PM	Welcome Home Group in Rock Springs	393-341-8639

Information will be updated as made available.

OFF THE WALL AREA COLORADO - Addicts Seeking Sanity

Wednesday	6 PM	Meeting ID: 968 308 041 Password: 709435
Sunday	4 PM	Birthday meeting - Meeting ID: 599 055 704 Password: 432600

Meeting lists around the world: virtual-na.org, intherooms.com, nabyphone.com

MONTANA REGION ZOOM MEETINGS

In light of recent meeting closures, Montana Region of Narcotics Anonymous will offer daily meetings online via video to support our fellowship and reduce isolation:

MORNING MEETINGS

Fri & Sun: Meeting at 9 AM
<https://zoom.us/j/905489644>

Meeting ID: 905 489 644

NIGHTLY MEETINGS

Mon-Sat: Meeting at 7 PM
Sunday: Meeting at 8 PM
<https://zoom.us/j/321529143>

Meeting ID: 321 529 143

NOON MEETINGS

Mon-Sun: Meeting at 12 PM
<https://zoom.us/j/965024325>

Meeting ID: 965 024 325

WOMEN'S MEETING

Thursday: Meeting at 8:30 PM
<https://zoom.us/j/362239376>

Meeting ID: 362 239 376

SOLUTION SEEKERS

Billings
Everyday, 8 PM
Meeting ID
561 370 9716

For more info visit:
www.namontana.org