



FAMILY SOS PROGRAM

Family & Caregiver Supports Waiver

WHO IS IT FOR?

The Family SOS Program is a specialized program for parents and caregivers of children, adolescents and young adults **with ASD**. Families may be in behavioral crisis, needing resources after a diagnosis, entering a new phase or life transition, or want to strengthen the quality of their relationships or family dynamics.



WHAT WILL WE LEARN?

The program involves weekly or biweekly educational training sessions on an individual family basis in order to meet the family where they are and adjust sessions as their needs change. Sessions include supports to deeply understand their child/sibling/partner as well as realistic strategies to give families the tools to empower themselves.

WHAT IS THE COST?

There is no cost to you! Families on the Family & Caregiver Support and Community Integration Habilitation Waivers can utilize their FCAR funds for this service through our partnership with **The Altruist Group**.



WHERE IS IT OFFERED?

The Family SOS Program is being launched at both our Indianapolis and Terre Haute HeartSOS clinics. Families will schedule their sessions with our experienced clinicians based on their needs and availability.

HOW DO WE GET STARTED?

Visit our website or follow the QR Code for more details.

Contact us for general questions to determine if your family is a good fit and/or find out if you are covered!

asdheartsos.com



WE HEAR YOUR SOS!