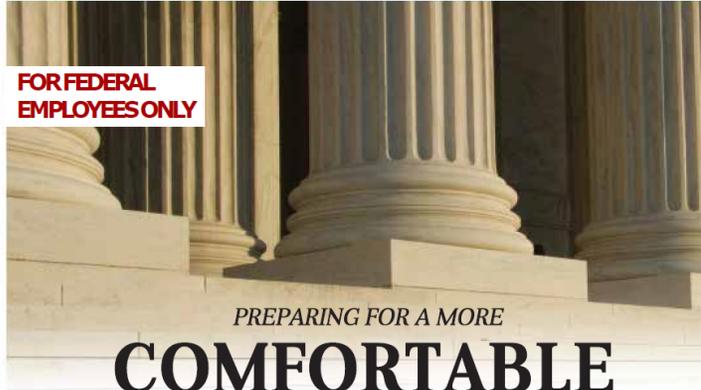


Thank you
for Joining
Us



As financial professionals who specialize in helping government employees transition from work to retirement, we understand that you may have questions about when and how you can retire. This report addresses common questions and presents strategies to help you prepare for retirement.

In today's volatile markets and uncertain economic conditions, the retirement dream can seem elusive. Many Americans are worried about whether they can afford to retire and want to know how to ensure that their savings last. Government workers have the added challenges of evaluating complex retirement benefits and making the most of their options when they retire. When taxes, healthcare, survivor benefits, and other options are taken into consideration, the right strategy could be worth hundreds of thousands of dollars over the course of a lifetime.

For those who have spent their careers in public service, retiring may involve a mix of emotions. You may be worried

about the financial aspects of retirement, you may feel ambivalent about leaving a job you love and losing the camaraderie of your profession, and you may wonder about what you will do when you're no longer working.

These complex feelings are a normal part of the retirement process, but you shouldn't allow them to put off developing strategies for the future. You have very important decisions to make about retirement: the most prudent course is to start thinking now about your retirement needs so that you can evaluate your options and make the right decisions when the time comes. We developed this report to help government employees understand their

options and ask better informed questions when developing their retirement strategies. We have also included a Retirement Forecasting Worksheet designed to help you think about the future and a Retirement Budget Worksheet to estimate retirement expenses. We strongly recommend that you sit down with your loved ones to read through this guide and work through the questions posed. When you're ready to discuss your thoughts with a professional, simply call us for a complimentary, no-obligation consultation.



FED RESOURCE

Fed Resource, LLC.
101 Market St. (Suite 213)
San Diego, CA 92101
info@fedresource.com

Going Beyond Your Benefits



Jeff Roediger

Connecting Public Employees to Financial Solutions * CSRS *
FERS * FEGLI * LTC * TSP * Public Pension * 403B
(LION) 18,000+

San Diego, California



Fed Resource, LLC



The Ohio State University



See contact info



See connections (500+)

12 Questions Federal
Employees need to answer
before retiring...

1. Is Your Official Personnel
Folder (OPF) Updated and
Accurate?

The following information should be in your Official Personnel Folder (OPF):

- The beginning and ending dates for each period of employment which will be used for your benefit computation;
- The effective dates for each promotion or within-grade increase during the period that will be used to compute your [high-3 average salary](#);
- The dates of pay changes or earnings and the pay rate, during employment periods when retirement deductions were not withheld from your salary;
- The tour-of-duty during any part-time employment (if you worked more hours than the official tour-of-duty, document the hours actually worked.);
- A record of time actually worked during intermittent or "when-actually-employed" service; and,
- Documentation of the dates of military service. If any service is not verified or any of the required documentation is missing, you should obtain assistance from your personnel officer.

2. Have You Reviewed Your
FERS/CSRS Annuity Payout
Estimate in the last 12 Months?

Planned and Projected Retirement

Retirement Characterization

Retirement System	CSRS
Employee Type	Regular
Retirement Type	Regular

Input Data

High 3 Average at Retirement	89,691
Estimated High 3 Increase/Year	2.00 %
Years of Service at Retirement	34
Months of Service at Retirement	1
Age at Retirement in Years	62
Age at Retirement in Months	1
Sick Leave Saved at Retirement	1,408
Sick Leave to be Saved/Year	104
Annual Inflation Factor	0.00 %
COLA (In Retirement)	2.98 %
CSRS Survivor	100% Survivor Benefit Selected = (55.00% x No Survivor Annuity).

Planned and Projected Retirement Data

	Planned Retirement					Delayed Retirement						
	62	63	64	65	66	67	68	69	70	71	72	73
Age In Years	62	63	64	65	66	67	68	69	70	71	72	73
Age In Months	1	1	1	1	1	1	1	1	1	1	1	1
Service Years	34	35	36	37	38	39	40	41	42	43	44	45
Service Months	1	1	1	1	1	1	1	1	1	1	1	1
Sick Leave Years	0	0	0	0	0	0	0	1	1	1	1	1
Sick Leave Months	8	8	9	9	10	11	11	0	0	1	2	2
High 3 Average	89,691	91,485	93,315	95,181	97,084	99,026	101,007	103,027	105,087	107,189	109,333	111,519
Change in High 3 Average		1,794	1,830	1,866	1,903	1,942	1,981	2,020	2,060	2,102	2,144	2,186
Annual ANNUITY (Before Penalties)	59,121	62,133	65,398	68,768	72,085	75,672	79,206	83,022	86,522	88,252	90,200	92,004
Annual Retire Early Penalty												
Annual Deposit Penalty												
Annual Redeposit Penalty												
Annual Annuity No Survivor	59,121	62,133	65,398	68,768	72,085	75,672	79,206	83,022	86,522	88,252	90,200	92,004
Monthly Annuity No Survivor *	4,927	5,178	5,450	5,731	6,007	6,306	6,601	6,919	7,210	7,354	7,517	7,667
Annual Annuity With Survivor	53,479	56,190	59,128	62,161	65,147	68,375	71,555	74,990	78,140	79,697	81,450	83,073
Monthly Annuity With Survivor *	4,457	4,683	4,927	5,180	5,429	5,698	5,963	6,249	6,512	6,641	6,787	6,923
Annual Survivor Annuity	32,517	34,173	35,969	37,822	39,647	41,620	43,563	45,662	47,587	48,539	49,610	50,602
Monthly Survivor Annuity	2,710	2,848	2,997	3,152	3,304	3,468	3,630	3,805	3,966	4,045	4,134	4,217
Annual Cost of Survivor Annuity *	5,640	5,940	6,276	6,612	6,936	7,296	7,656	8,040	8,376	8,556	8,760	8,928
Monthly Cost of Survivor Annuity *	470	495	523	551	578	608	638	670	698	713	730	744

The Retirement Preparedness Advantage

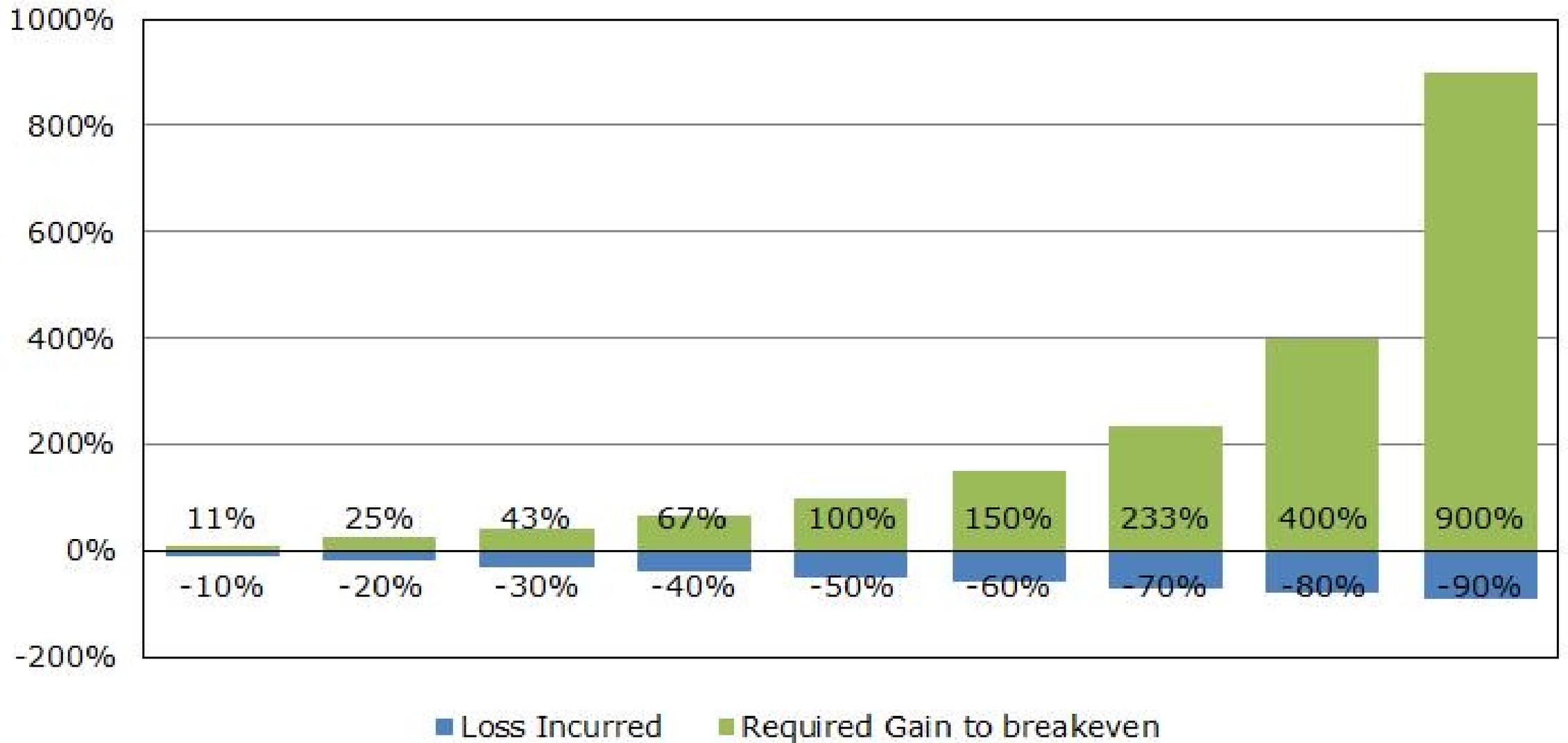
3. Do You Understand The
Proposed White House Changes
to Your Retirement Benefits?

Proposed Federal Benefit Changes for 2020 – Federal News Network – March 2019

- The budget proposes the following:
- Increasing employee payments to the Federal Employees Retirement System defined benefit plan, so that employees and their employing agency pay an equal share of the employee's annuity cost — phased in at a 1-percent increase each year — and reducing or eliminating cost of living adjustments for existing and future retirees.
- Basing annuity calculations on employees' "High-5" salary years instead of "High-3" salary years — a common private sector practice — and the elimination of the FERS Special Retirement Supplement for those employees who retire before their Social Security eligibility age.
- Modifying the G Fund to base its yield on a short-term T-bill rate.

4. Is Your TSP Allocation Set up
to minimize a major Market
correction?

	G Fund	F Fund*	C Fund*	S Fund*	I Fund*	L Funds**
Description of Investments	Government securities (specially issued to the TSP)	Bonds	Stocks of large and medium-sized U.S. companies	Stocks of small to medium-sized U.S. companies (not included in the C Fund)	International stocks	Invested in the G, F, C, S, and I Funds
Objective of Fund	To obtain long-term Treasury rates without risk of loss	To match the performance of the Lehman Brothers U.S. Aggregate (LBA) index	To match the performance of the S&P 500 index	To match the performance of the Dow Jones Wilshire 4500 Completion (DJW 4500) index	To match the performance of the Morgan Stanley Capital International EAFE (Europe, Australasia, Far East) index	To provide professionally diversified portfolios based on various time horizons, using the G, F, C, S, and I Funds
Risk (See page 11)	Inflation risk	Market risk Credit risk Prepayment risk Inflation risk	Market risk Inflation risk	Market risk Inflation risk	Market risk Currency risk Inflation risk	Risk based proportionally on risk in underlying funds
Volatility	Low	Low to moderate	Moderate	Moderate to high — historically more volatile than	High — historically more volatile than C or S Funds	Diversification reduces volatility as time horizon



5. Have You Reviewed The
Impact of Taxes on The
Distribution of Your TSP?

TSP Modernization Act

- Allows age 59 ½ age based in service and post-separation lump sum withdrawals and rollovers.
- Separated individual may remain in TSP after age 70 ½. RMDs are still required.
- Stop monthly payments.
- Change payment frequency (monthly vs annually).
- Elect an annuity while receiving monthly payments.
- Instruct TSP as to how much of the withdrawal should be ROTH vs Traditional.
- May take 2 years to implement, program changes, form revisions, publication and web page changes are needed.

6. Do You Have A Plan To
Maximize Your Social Security
Income Benefit(s)

Personalized Social Security Optimization Report



Social Security Optimization®
Make Social Security the Cornerstone of Your Retirement Plan

Personalized Social Security Optimization Report

In order to provide a complete, detailed report, please be sure to check all areas of concern.

- 1. **Finding your PIA**
- 2. **Deciding now or later**
If you would like to review the impact of taking your benefit at age 62, your FRA, or age 70.
- 3. **Understanding the divorce factor**
If you would like to find out how a past divorce might affect Security benefits.
- 4. **Learning total benefits over your lifetime**
If you would like to learn about getting the maximum benefit over your lifetime, not just a check.
- 5. **Determining the best option for you**
If you'd like to have a personalized report that shows the best strategy for you...
- 6. **Protecting the survivor's benefit**
If you would like to find out how to protect the survivor's income.
- 7. **Managing the impact of taxes**
If you would like to see how your Social Security filing strategy can significantly reduce your income tax liability.
- 8. **Choosing to work**
If you'd like to understand how working can impact your monthly benefit amount.
- 9. **Your overall plan**
If you would like your report to analyze the sustainability of your overall retirement income plan.
- 10. **Medicare**
Include the list of 10 things every retiree needs to know about Medicare.

Name: _____

Spouse's Name: _____

Your Age: _____ Spouse's Age: _____

Phone: _____ Cell Phone: _____

Email Address: _____

7. Have you reviewed the best time to retire? -----Choosing a Retirement Date

Check with your local personnel service center to verify that you have enough service and meet the age requirements for [retirement eligibility](#). They can provide personalized assistance because they have your employment records. Your local personnel service center will also talk with you about the date your annuity payments can start based on the date you pick.

Do you just want to know the “best” days (financially) to retire in 2019? Here’s a quick chart, FedSmith 10-2018

FERS	CSRS
Dec. 31, 2019	Jan. 3, 2020
	Jan. 2, 2020
	Jan. 1, 2020
	Dec. 31, 2019
The LAST DAY of any month	The LAST DAY of any month or the first 3 days of a month

8. Are your Beneficiary Designations Updated?

- FEGLI
- FERS/CSRS
- TSP
- Will and Trust

Federal employees should review all designation of beneficiary forms for completeness (and updating them if necessary), including:

- (1) SF 2808 (Designation of Beneficiary – CSRS contributions) or SF 3102 (Designation of Beneficiary – FERS contributions). Note that “Trans”FERS employees must complete both Form 2808 and Form 3102;
- (2) TSP 3 (Designation of Beneficiary – Thrift Savings Plan);
and
- (3) SF 2823 (Designation of Beneficiary – Federal Employee Group Life Insurance).

9. How is Unused Sick Leave Treated at Retirement?

All employees receive credit for the total number of [unused sick leave](#) hours accumulated until their day of retirement. Employees should be aware of three things with respect to the treatment of unused sick leave:

- Unused sick leave hours are added to their length of service;
- Unused sick leave credit is used only in the *computation* of a retiring employee's CSRS or FERS annuity. Note that employees who leave federal service and opt for a deferred retirement lose all of their unused sick leave at the time of their departure from federal service. Unused sick leave cannot be used to establish retirement *eligibility* or to calculate the high-three average salary; and
- There is no limit on the amount of unused sick leave that can be credited.

OPM's sick leave conversion table for converting unused sick leave in hours to months and days of service time may be found in OPM's CSRS and FERS Handbook, Chapter 50, page 51.

10. Have You Reviewed Your
FEGLI/LTC Coverage and are you
planning to keep some or all of your
Life Insurance in retirement?

FED LTC – Good opportunity to discuss other options. Very expensive

FGLI --- Option B cost prohibitive

11. Are You Planning To Keep
Your Health Benefits in
Retirement?

FEHB – Remember you must choose a survivor option to have the spouse included in the Health Plan at Retirement

- Your annuity must begin within 30 days or, if you are retiring under the Minimum Retirement Age (MRA) plus 10 provision of the Federal Employees Retirement System (FERS), health and life insurance coverage is suspended until your annuity begins, even if it is postponed.

- You must be covered for health insurance when you retire.

- You must have been continuously covered by the Federal Employees Health Benefits Program, TRICARE, or the Civilian Health and Medical Program for Uniformed Services (CHAMPUS):

- for five years immediately before retiring; or

- during all of your federal employment since your first opportunity to enroll; or

- continuously for full periods of service beginning with the enrollment that started before January 1, 1965, and ending with the date on which you become an annuitant, whichever is shortest.

If you are a Federal annuitant enrolled in the FEHB Program and if you decide to cancel your FEHB enrollment, you should be aware of the consequences of canceling your FEHB enrollment including the following but not limited to:

- You CANNOT re-enroll in the FEHB Program.

- You and your enrolled family members will not be eligible to enroll in temporary continuation of coverage or convert to a nongroup contract; in addition, the 31-day extension of coverage does not apply to cancelled enrollments.

- If you die, you will not have an FEHB Self and Family enrollment for your survivors to continue, even if they are eligible for a survivor annuity.

12. Do You have a Trusted Retirement Planner(Fiduciary) who specializes in Federal Employees

Who are you getting
your retirement
advice from?



Six Critical Questions to Ask Your Financial Planner

1. *Are you a fiduciary for the recommendations you make?*

2. *How are you paid?*

a. Transparency – Do not hire or work with them until you understand.

3. *What professional credentials do you have and what is your educational background?*

4. *Do you provide holistic planning?*

a. Do they look at your entire financial picture? Specialize working with Gov Employees?

5. *Do you help with taxes?*

a. Distribution of Assets, Roth vs Traditional

6. *What other services do you provide?*

Fraud Charges Filed Against Brokers Targeting Fed Retirees



U.S. SECURITIES AND EXCHANGE COMMISSION

Search SEC.gov

COMPANY FILINGS | MORE SEARCH OPTIONS

ABOUT | DIVISIONS | ENFORCEMENT | REGULATION | EDUCATION | FILINGS | NEWS

Newsroom

Press Releases

Public Statements

Speeches

Testimony

Spotlight Topics

Media Kit

Press Contacts

Events

Webcasts

What's New

Media Gallery

RSS Feeds

Social Media

Press Release



SEC Files Fraud Charges Against Former Brokers Targeting Federal Retirees

Related Materials

- [SEC Complaint](#)

FOR IMMEDIATE RELEASE 2017-135

Washington D.C., July 31, 2017— The Securities and Exchange Commission today charged four former Atlanta-area brokers with fraudulently inducing federal employees to roll over holdings from their federal Thrift Savings Plan (TSP) retirement accounts into higher-fee, variable annuity products.

The SEC's enforcement action comes at a time when the agency has been focusing more specifically on brokers' and advisers' interactions with senior investors, and others investing for retirement, through the ReTIRE initiative of the agency's national exam program and the work of the Broker-Dealer Task Force in its Enforcement Division.

The SEC's complaint charges an entity called Federal Employee Benefits Counselors through which the brokers targeted federal employees nearing retirement with sizable funds invested in the TSP. The complaint alleges that the brokers misled investors concerning significant details about the recommended variable annuity investment, including the associated fees and guaranteed investment returns. The brokers allegedly fostered the misleading impression that they were in some way affiliated with or approved by the federal government. In some instances, investors were led to believe that their funds would be invested in a product that was offered, vetted, or specifically selected by the TSP. According to the SEC's complaint, the brokers sent investors incomplete or modified transaction forms as well as written materials they devised that obscured that the investment was a privately issued variable annuity with no connection to the TSP and would be processed through a private brokerage firm with which the brokers were associated. The brokers sold approximately 200 variable annuities with a total face value of approximately \$40 million to



How prepared are you for retirement?

Complete The Survey and Request a No Cost Retirement Consultation



"CONNECTING FEDERAL
EMPLOYEES TO FINANCIAL
SOLUTIONS."

BOOK A NO COST RETIREMENT CONSULTATION

COMPLETE THIS CHECKLIST BEFORE RETIRING

1. Is Your (OPF) Official Personnel Folder updated and Accurate - Credible Civilian Service Form (SF 50)
2. Have you reviewed your FERS/CSRS Annuity Payout estimate in the last 12 months?
3. Do you understand the proposed White House Changes to your retirement benefits?
4. Is your TSP Allocation Setup to minimize a major market correction ?
5. Have you reviewed the impact of taxes on the distribution of your TSP?
6. Do you have a plan to maximize your Social Security Income?
7. Have you researched the best month and day to retire?
8. Are Your Beneficiary Designations Updated (TSP/FERS/CSRS/FEGLI)?
9. How is your unused sick leave treated at retirement?
10. Have you reviewed your FEGLI Coverage and are you planning to keep some or all of your Life Insurance in Retirement?

