

## What to Wear for Riding Class

### Required:

ASTM approved riding helmet

Shoes or boots with a heel (paddock boots are best all around)

### Suggested:

*Riding breeches, tights, or long pants (not slippery or bulky)*

*(Jeans are OK but the seams may rub)*

*Shirt or sweater (shirt must cover shoulders, T-shirts OK for warm weather)*

*Light jacket (no floppy hoodies or sweatshirts)*

*Layers for cold days.*

*Gloves (for winter & summer)*

*Long socks*

*No dangling earrings or bracelets, tuck necklace inside tucked shirt!*

## What to Wear for Vaulting Class

### Required:

ASTM approved riding helmet

Gymnastics shoes preferred

Pool shoes or soft sneakers allowed

Boots when working with the horses

*Suggested: Close fitting, comfortable clothing!*

*Tights*

*Leg warmers*

*Gym pants (not too bulky)*

*Unitards*

*Stretchy shirts*

*T-shirts (tucked in)*

*Light jacket*

*Layers for cold weather*

*No necklaces or dangling earrings! Cover piercings with bandaids to prevent catching on equipment or horse's mane.*

