

Growth Mindset & Professionalism

Change starts with you—your thoughts, your words, and your actions.



What is a Growth Mindset?

A growth mindset is the belief that your talents and capacities aren't fixed. You can improve them over time. With practice, hard work, and persistence, you can get better at whatever you choose. In a growth mindset, failure is a data point; it is information on what does not work. Learn from your mistakes. Better yet, learn from other people's mistakes. Treat setbacks in life as lessons. When you view obstacles as opportunities, you don't just survive challenges—you thrive because of them.



Invest in Yourself

Do you have the will to change? Do you have the will to grow? Do you want a better future for yourself and your family? Are you willing to work hard, to sacrifice, to save, and to invest in yourself? The best investment you can make is in yourself. Invest in your personal growth and development. Do it every day. Make it a habit. Dedicate one hour per day to your personal growth and development.



Positive Attitude & Positive People

Your attitude is one of your greatest assets. Stop the negative self-talk and replace it with positive self-coaching. Don't create barriers in your mind before starting your journey. Free yourself from all negativity. Tell yourself, "You got this. You can do it." Also, surround yourself with positive people. Spend time with people who push you to be the best version of yourself. Maintain an optimistic outlook, even during hard times.



Set Goals for Yourself

Create a clear vision and visualize every step it takes to achieve your goals. Stay focused on your goals and keep your mind on the present and the future, not the past. Leave the past in the past. No one is coming to save you. You have to solve your own problems and build your own future.



Integrity

The cornerstone of professionalism is integrity. People with integrity are honest and ethical at all times. They do the right thing at all times. They keep their word, promises, and commitments. They avoid gossip and backbiting. They learn from their mistakes. They take responsibility for their errors. They give credit where credit is due. They follow the rules, even when no one is watching. This makes them trustworthy and dependable.



Accountability

Accountability means: Being punctual—arriving on time or, better yet, early. Being responsive. Returning phone calls and replying to e-mail and text messages within 24 hours. Meeting every deadline and making no excuses. Always double checking your work for accuracy and completeness before sharing it with others. Always following through on your word: If you say you'll do it, do it.



Work Ethic

Embrace work. Build a strong work ethic to achieve your goals. Success is found in the details. Keep your mind and space clean and free of clutter. Maintain an organized agenda. Create a to-do list to stay on track.



Communication

Be respectful of all those around you, including your colleagues, supervisors, subordinates, and the people who you serve. Avoid discussing personal or sensitive topics unrelated to the task at hand. During face-to-face conversations, put your phone away and listen intently. Use professional language and full sentences in your digital communication.



Continuing Education

Never stop learning. Demonstrate expertise by pursuing continuing education and practicing your skills every day. Change is a journey, taken one step at a time. Never give up. Keep going and keep growing.