

SBS LASHES AND BROWS LASH EXTENSION AFTERCARE INSTRUCTIONS

Avoid getting your lashes wet for the first 24 hours:

It is essential to keep your lash extensions dry for the first day after application. Water can weaken the adhesive and compromise the bond between the extensions and your natural lashes.

Avoid steam and saunas:

Steam can also affect the adhesive bond, so it is recommended to avoid steam rooms, saunas, and hot yoga classes for the first 48 hours.

Gentle Cleansing:

When cleansing your face, take extra care to avoid rubbing or pulling on your lash extensions. Use a gentle, foam-based cleanser specifically recommended for lash extensions. Apply the cleanser to your lashes using a recommended brush, ensuring a thorough and gentle wash. Rinse your lashes thoroughly to ensure all soap residue is removed. You can use a lash fan or a hair dryer on a low, cool setting to gently dry your lashes while brushing them with a spoolie brush.

Avoid oil-based products:

Oil-based products can break down the adhesive and cause the lash extensions to fall off prematurely. Use oil-free makeup removers, cleansers, and cosmetics to ensure the longevity of your lashes.

Avoid mascara on your lash extensions:

Lash extensions are designed to provide a fuller, more voluminous look without the need for mascara. Mascara can clump the lashes together and make them harder to clean.

Avoid using eyelash curlers:

Lash extensions already have a natural curl, so there is no need to use an eyelash curler. Curling your extensions can damage both the extensions and your natural lashes.

Avoid excessive rubbing or pulling:

Be mindful of rubbing or pulling on your lash extensions, as this can cause them to become loose or fall off. If you need to remove any debris or makeup from your lashes, follow the cleansing instructions and don't forget to dry them.

Maintain regular fills:

Lash extensions will naturally shed over time as your natural lashes go through their growth cycle. To keep your lashes looking full and beautiful, it is recommended to schedule regular fill appointments every 2-3 weeks, but no later than 3 weeks.

Protect your lashes while sleeping:

Avoid sleeping directly on your face to prevent any unnecessary friction or pressure on your lash extensions. Consider using a silk or satin pillowcase, as it is gentler on the lashes and reduces the risk of tangling.

If you experience any irritation or discomfort:

If you experience any redness, itching, or discomfort after getting lash extensions, contact me immediately. It's important to address any concerns promptly to ensure the health and safety of your eyes and lashes.

By following these aftercare instructions, you can help maintain the longevity and beautiful appearance of your lash extensions. If you have any further questions or concerns, don't hesitate to reach out to your lash technician for guidance. Enjoy your stunning lashes!