

SBS LASHES AND BROWS MICROBLADING AFTERCARE INSTRUCTIONS

Following your microblading procedure, it is essential to properly care for your eyebrows to ensure optimal healing and long-lasting results. Please follow these aftercare instructions provided by SBS LASHES AND BROWS:

1. **Keep the Area Clean:** Gently clean the treated area with a mild, fragrance-free cleanser and lukewarm water using a clean cotton pad or your fingertips. Avoid using harsh soaps, cleansers, or rubbing the area vigorously.
2. **Apply the Aftercare Ointment:** Use a clean cotton swab or a clean fingertip to apply a thin layer of the aftercare ointment provided by SBS LASHES AND BROWS. Apply the ointment sparingly and avoid excessive application to prevent clogging of the hair follicles.
3. **Avoid Water Exposure:** Keep your eyebrows dry and avoid any water contact for the first 10 days after the procedure. This includes avoiding swimming, saunas, steam rooms, hot tubs, and excessive sweating. Moisture can cause the pigment to fade or be pushed out of the skin.
4. **Avoid Touching or Picking:** Refrain from touching, scratching, or picking at the treated area. Let the scabs naturally flake off to avoid scarring or premature loss of pigment. Itching is a normal part of the healing process, but resist the urge to scratch.
5. **Avoid Sun Exposure:** Protect your eyebrows from direct sunlight and tanning beds during the healing process. Sun exposure can fade the pigment and increase the risk of complications. If sun exposure is unavoidable, apply a broad-spectrum sunscreen with SPF 30 or higher on the treated area.
6. **Avoid Makeup and Skincare Products:** Avoid applying makeup, creams, lotions, or other skincare products directly on the treated area for at least 10 days. These products can interfere with the healing process and may contain ingredients that could cause irritation or infection.
7. **Avoid Sweating and Exercise:** Minimize physical activities, exercise, and excessive sweating for the first 10 days after the procedure. Sweat contains salt, which can prematurely fade the pigment and disrupt the healing process.
8. **Avoid Saunas and Steam Rooms:** Refrain from using saunas, steam rooms, or any heat-related treatments for at least two weeks after the microblading procedure. Heat can cause excessive sweating and adversely affect the healing process.
9. **Protect from Contaminated Environments:** Avoid exposure to dusty or dirty environments, as well as pet dander, during the healing process. These particles can introduce bacteria and cause infection or irritation.
10. **Attend Follow-Up Appointments:** Schedule and attend your recommended touch-up appointment with SBS LASHES AND BROWS. Touch-ups are typically scheduled 4-8 weeks after the initial procedure and are important for perfecting the shape, color, and density of your microbladed eyebrows.

Remember that individual healing may vary, and it is crucial to closely follow these aftercare instructions to achieve the best possible results. If you have any questions or concerns during the healing process, please contact SBS LASHES AND BROWS for guidance and assistance.