

## **SBS LASHES AND BROWS MICROBLADING PRE-PROCEDURE REQUIREMENTS**

To ensure the best possible outcome and minimize the risk of complications, please adhere to the following pre-procedure requirements for your microblading service:

**Avoid Blood Thinners:** Refrain from consuming blood-thinning medications, alcohol, or substances containing caffeine for at least 24 hours before the microblading procedure. These substances can increase the risk of bleeding and affect the retention of pigments.

**Avoid Sun Exposure:** Minimize sun exposure, tanning beds, and use of self-tanning products for at least two weeks prior to your microblading appointment. Sunburned or excessively tanned skin may increase the risk of complications during the procedure.

**Avoid Facial Treatments:** Refrain from undergoing any facial treatments, such as chemical peels, microdermabrasion, or laser treatments, for at least two weeks before your microblading appointment. These treatments can make the skin more sensitive and increase the risk of adverse reactions.

**Avoid Excessive Exercise:** Avoid vigorous exercise or sweating on the day of your microblading appointment. Sweating can interfere with the healing process and affect the retention of pigments.

**Avoid Aspirin and Ibuprofen:** Avoid taking aspirin, ibuprofen, or other non-steroidal anti-inflammatory drugs (NSAIDs) for at least 48 hours prior to your microblading appointment, as they can increase the risk of bleeding.

**Notify of Health Conditions:** Inform SBS LASHES AND BROWS of any existing health conditions, including allergies, skin sensitivities, autoimmune disorders, or medications you are currently taking. This information will help ensure your safety during the procedure.

**Discontinue Use of Retinol Products:** Refrain from using retinol or retinoid-based products on or around the eyebrow area for at least two weeks prior to your microblading appointment. These products can thin the skin and make it more prone to bleeding and adverse reactions.

**Full Face Makeup:** Arrive at your microblading appointment with a clean face, free from any makeup or skincare products. This will allow for a clear assessment of your natural eyebrows and provide a suitable canvas for the microblading procedure.

**Arrange Transportation:** As the procedure involves numbing agents, it is advisable to arrange transportation to and from your appointment, as your vision may be temporarily affected.

By following these pre-procedure requirements, you can help ensure the best results and a smooth microblading experience. If you have any questions or concerns, please feel free to contact SBS LASHES AND BROWS.