

Jang's Taekwondo

(WTF Style)

Master Jong C. Jang (8th Dan Black Belt)
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At the Beginning of Class:

Salute to National Flag: Guki-eh Dae-ha-yo, Kyong-ye

Recite Institute Commandments: Kwan-shi

- | | |
|--------------------------|-------------------------------|
| 1. Honor Yourself: | Hanna: Nah-reur We-huhn-dah |
| 2. Honor Your Institute: | Duel: Kwan-eur We-huhn-dah |
| 3. Honor Your Country: | Set: Nah-rah-reur We-huhn-dah |

Bow to Institute Director: Kwan-jang-nim Gae, Kyong-ye

At the End of Class:

Repeat "Beginning of Class" procedure

Pay Respect to Higher Belted Student:

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|--|------------------------------------|
| 1. Higher and Lower Belted Students face one another | |
| 2. Lower Belt: | Cha-ryut, Sa-bum-nim Gae, Kyong-ye |
| 3. Higher Belt: | TaeKwonDo |
| 4. Lower Belt: | Gam-sa Ham-ni-da (Thank You) |
| 5. Higher Belt: | Cheo-ma-ne-yo (Your Welcome) |
| 6. Shake hands | |

Introduce Yourself:

My name is _____.

I am _____ years old.

I go to _____ school. (Adult: I am a <profession>.)

I joined Taekwondo for self-defense and self-control.

My master's name is Jong C. Jang, Kwan-jang-nim, Sir!

Respect/Greetings:

Sir:	Nim
Come to Attention:	Cha-ryut (Cha-ryeot, Cha-ryot, Cha-ruet)
Bow or Salute:	Kyong-ye (Kee-young-e, Kyeong-re, Kyun-yeah, Gyong-nae)
Hello or Goodbye (Informal):	An-nyong (An-nyong, An-niyong)
Hello:	An-nyong Ha-se-yo (An-niyong Ha-si-yo)
Goodbye:	An-nyong Hee-gae-ship-si-yo
You're Welcome:	Cheo-ma-ne-yo
Thank You - To Adults:	Gam-sa Ham-ni-da (Kam-sa Ham-ni-da) (Gam-sa Hae-ni-da)
Thank You - To Children:	Gam-sa Ham-da (Kam-sa Ham-da, Gam-sa Hae-da)
Excuse Me (Sorry):	Mee-ahn Ham-ni-dah

Cardinal (Counting) Numbers:

One: Han-na (Han-nah)
Two: Duel (Dul, Tul, Tuel, Dool)
Three: Set
Four: Net
Five: Ta-suht (Da-sut, Da-sot, Ta-sot, Tah-sut)
Six: Yuh-suht (Ya-sut, Yo-sot, Yah-sut)
Seven: Il-gop (Eal-gop, Il-kop)
Eight: Yuh-duhl (Ya-dul, Yo-dul, Yu-dol, Yuh-dul)
Nine: A-hop (Ah-hop)
Ten: Yeol (Yol, Yul, Yoll, Yah-ul)
Eleven: Yeol Han-na
Twelve: Yeol Duel
...
Twenty: Sooh-meul (Sa-mul, Su-mol, Su-mull)
Thirty: Sorun

Ordinal Numbers:

First: Il
Second: Yi
Third: Sahn
Fourth: Sah
Fifth: Oh
Sixth: Yuk
Seventh: Chil
Eighth: Pal
Ninth: Goo
Tenth: Ship

Techniques:

	Ki-sool
Stance:	Seo-gi
Block:	Mak-ki
Kick:	Cha-gi
Strike:	Chi-gi
Thrust:	Chi-reu-gi (Chi-roo-gi)
Punch:	Ji-reu-gi (Ji-roo-gi)
Breaking:	Kyuk-pa (Kyok-pa)
Back Slide:	Hoo-jin
Back Sliding Step:	Hoo-jin Ilbo
Forward Slide:	Jeon-jin
Forward Sliding Step:	Jeon-jin Ilbo

Sparring:

	Gyo-roo-gi (Gyo-reu-gi)
Referee:	Joo-sim
Red:	Hong
Blue:	Chung
Come to Attention:	Cha-ryut (Cha-ryeot, Cha-ryot, Cha-ruet)
Bow:	Kyong-ye (Kee-young-e, Kyeong-re, Kyun-yeah, Gyong-nae)
Ready:	Jun-be (Jun-bi, Chun-bee, June-bee, Joon-be, Joon-bi)
Start/Begin:	Shi-jak (Shi-jock, Shee-jak, She-jak, Si-jak)
Stop (End):	Geu-man
Return to Ready Stance/ Starting Position:	Bah-row (Pah-row)
Pause (Break):	Kall-yo (Kal-yeo)
Continue (Resume):	Kae-sohk (Kay-soek, Kae-sok, Ka-sook, Key-seok)
Warning:	Kyong-go
Deduction Point:	Gam-jum
Award Point:	Jeum
Winner:	Sung

General Terms:

School:	Kwan
President (Master) of Institute:	Kwan-jang-nim
Master Instructor:	Sa-bum-nim (Sa-beum-nim, Sa-beom-nim)
Instructor:	Kyo-sa-nim (Kyo-sah-nim)
Junior Asst Instructor:	Sun-bae
Student:	Hak-saeng (Hak-sang)
Training Hall:	Do-jang
Institute:	Ji-doe-kwan
Warm-up Exercises:	Mom-pul-gi
Attention:	Cha-ryeot (Cha-ryut, Cha-ryot, Cha-ruet)
Sitting Position:	An-juh (An-joo)
Stand up:	Ill-ah-suh-dah
Line up:	Chul-suh
Shout (Yell):	Ki-hap
Relax (Rest, At ease):	Shyuh (Shiuh, shiyo, Siot)
Turn around:	Dwee-ro To-ra (Due-ro doe-ra, Duie-lo Do-la)
Repeat:	Dda-shih (Ta-si)
Dismissed from class:	Soo-lyun-goot
I Understand:	Ah-dah
Yes:	Nae
No (Informal):	Ah-nee
No (Formal):	Ah-nyuh
Uniform:	Do-buhk
Belt:	Dee (Ti, Tee)
Forms:	Poom-sae