

# THE BUZZ

*The monthly Honey Bee Therapies Newsletter*



## September 2022

*Falon Bridwell & Christi MacWilliams,  
Owners of HBT*

Howdy Honey Bees!

Welcome to our September newsletter! It has been a few weeks since our kiddos have gone back to school and we hope you have been adjusting well to your back to school schedules.

We know programming around kids school schedules can be challenging, so we included a list of local ISD's and their days off during this fall semester. See more on page 4 & 5.

As always, feel free to reach out if you need help with anything, have suggestions, or simply want to check in!

WHAT YOU'LL FIND INSIDE:

- **DOCUMENTATION REMINDERS**
- **REFERRAL REFRESHER**
- **HEART & BRAIN COMICS**
- **AUSTIN DAY OF YOGA**

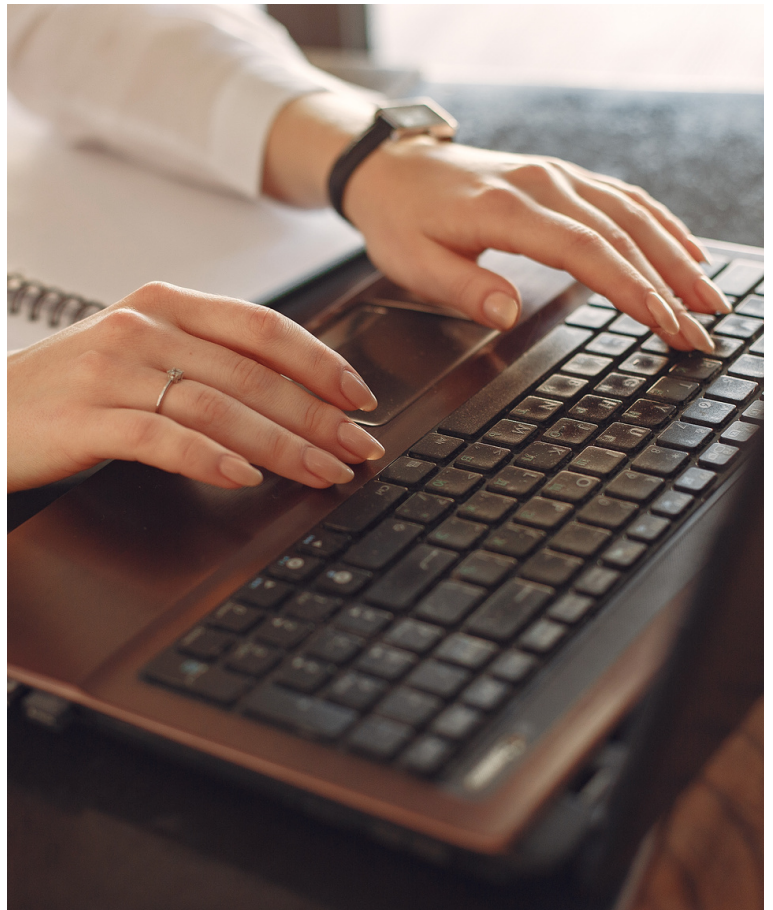


## Documentation Reminders

Remember that the activities you choose should relate to the needs statements indicated on the wraparound plan. **Explain in your note why the chosen activity relates to the needs statement.**

If you have a new client and the wraparound plan has not been created yet, you can put "TBD" until you get the wraparound plan. Remember to follow up with caseworkers and get the plan as soon as possible! If you are having trouble getting a wraparound plan, please reach out to us and we will assist you.

When a client is new to YES waiver, they may not have a wraparound plan until the first team meeting. If that is the case, use your first few sessions to build rapport and work on goals that the client has disclosed to you personally.



## More Documentation Reminders

Remember that you have 24 hours to document on a provided session. This is a **requirement** indicated by the Local Mental Health Authorities.

Please have your notes and invoices submitted by 8AM on Monday morning. We have this timeline in place to ensure that we can have your documents submitted and you will get paid on time.

We know that documentation can be challenging, so if you ever feel that you need a refresher, please reach out to us and we can set up a zoom call to help you!

Seriously, we are genuinely happy to help!

## Referral Refresher

When you receive a referral, you have **24 hours** to contact the family. You have **5 days** to initiate services. If you have a family that you cannot reach, please email the caseworker and CC us!

Remember that we have a referral form and a discharge form that you are **required** to fill out. These are important documents for us to have so we can help you if you cannot get into touch with families, know when you need a referral, and track which caseworkers you have if something comes up!

The referral/discharge form will be re-sent via email. Please feel free to reach out if you have any questions.



## Basically Free Money

You read it right. Free money.

We are looking to expand our team into San Antonio and need some stellar worker bees to make that happen!

If you know any Recreation Therapists who are interested in contracting, please let us know! We will give you \$100 for referring a contractor who provides services for at least 3 months.

Please reach out if you have any questions about this!

Fall 2022 Semester

# STUDENT HOLIDAYS FROM SCHOOL

## AUSTIN ISD

- September 5- Labor Day
- October 7- Student Early Release
- October 14- Student Holiday
- Nov 21-25 - Fall Break
- Dec 22-23 - Student Holiday
- Dec 26-Jan 6 - Winter Break

## GEORGETOWN ISD

- September 5- Labor Day
- September 19- Student Holiday
- October 7-10 - Fall Break
- October 31- Student Holiday
- Nov 21-25 - Thanksgiving Break
- Dec 16 - Early Release
- Dec 19-Jan 3 - Winter Break

## ROUND ROCK ISD

- September 5- Labor Day
- September 26- Student Holiday
- October 10- Student Holiday
- October 24- Student Holiday
- Nov 21-25 - Fall Break
- Dec 16 - Teacher Workday
- Dec 19-Jan 3 - Winter Break

## HUTTO ISD

- September 5- Labor Day
- October 10- Student Holiday
- October 31- Nov 1- Student Holiday
- Nov 11- Student Holiday
- Nov 21-25 - Fall Break
- Dec 16 - Early Release
- Dec 19-Jan 2 - Winter Break

## LIBERTY HILL ISD

- September 5- Labor Day
- October 10 & 11 - Student Holiday
- November 4- Student Holiday
- Nov 21-25 - Fall Break
- Dec 19-Jan 2 - Winter Break

## LEANDER ISD

- September 5- Labor Day
- September 26- Student Holiday
- October 10 & 11- Student Holiday
- November 8- Student Holiday
- Nov 21-25 - Fall Break
- Dec 16 - Early Release
- Dec 19-Jan 2 - Winter Break

\*All info pulled from ISD websites

## **HAYS ISD**

- September 5- Labor Day
- September 6- Student Holiday
- October 7 & 10 - Student Holiday
- October 31 & Nov 1- Student Holiday
- Nov 21-25 - Fall Break
- Dec 14-15 - Early release (HS ONLY)
- Dec 16 - Early release (6th-12th)
- Dec 19-Jan 4 - Winter Break

## **SAN MARCOS ISD**

- September 5- Labor Day
- September 30- Student Holiday
- October 10 - Student Holiday
- October 31- Student Holiday
- Nov 21-25 - Thanksgiving Break
- Dec 19-Jan 3 - Winter Break

## **BASTROP ISD**

- September 2- Student Holiday
- September 5- Labor Day
- October 7 & 10 - Student Holiday
- November 1- Student Holiday
- Nov 21-25 - Thanksgiving Break
- Dec 19-Jan 4 - Winter Break

## **TAYLOR ISD**

- September 5- Labor Day
- October 7 & 10- Student Holiday
- Nov 21-25 - Fall Break
- Dec 16 - Early Release
- Dec 19-Jan 4 - Winter Break

## **NEW BRAUNFELS ISD**

- September 5- Labor Day
- September 23- County Fair Holiday
- October 10 - Student Holiday
- November 4- Student Holiday
- Nov 21-25 - Thanksgiving Break
- Dec 20- Early release (3 hrs early)
- Dec 21-Jan 4 - Winter Break

## **COMAL ISD**

- September 5- Labor Day
- September 23- County Fair Holiday
- October 10 - Student Holiday
- Oct 26 & 27- Elementary Early Release
- Nov 21-25 - Thanksgiving Break
- Dec 19-Jan 3 - Winter Break

## **SEGUIN ISD**

- September 5- Labor Day
- September 21- Student Half Day
- October 7- County Fair Holiday
- October 19- Student Holiday
- November 2- Student Half Day
- Nov 21-25 - Thanksgiving Break
- Dec 19-Jan 3 - Winter Break

## **SCHERTZ-CIBOLO-UC ISD**

- September 2 & 16 - Early Release
- September 5- Labor Day
- October 10 - Student Holiday
- Oct 7 & 28, Nov 4 - Early Release
- November 11- Student Holiday
- Nov 21-25 - Thanksgiving Break
- Dec 16- Early Release
- Dec 19-Jan 2 - Winter Break

# Online Social

## Honey Bee Provider Online Social

Location: Zoom Online

Date/Time: Wednesday, Sept 21  
10:00AM-11:30PM

Meet us on Zoom for our next social within the comfort of your own home! The start of the meeting with focus on checking in with everyone and playing a fun group game. We will then transition into a few reminders followed by time for questions. We will not be having another in-person social until our December Christmas Party.



**"In a world of algorithms, hashtags, and followers, know the true importance of human connection."**



## Bee The Best You Can Bee!

This month we want to give a shout out to our contractor, Rachel Collins.

Rachel is consistent in her work. She does a great job meeting her clients where they are at and working with them to assure therapeutic value has been provided.

Rachel is a documentation queen, always using professional terminology and painting a clear picture of how the client responds to session and what differences were noticed from start to end of session.

We are proud to have you on our team! Thank you for all that you do.

# AUSTIN FREE DAY OF YOGA

Sept 5th



KEEP YOUR MIND & BODY HEALTHY

ON MONDAY, LABOR DAY, SEPTEMBER 5TH, 2022 PARTICIPATING STUDIOS ACROSS THE AUSTIN AREA WILL OFFER FREE YOGA CLASSES AS AN OPPORTUNITY FOR PEOPLE OF EVERY AGE AND FITNESS LEVEL TO:

TRY YOGA FOR THE FIRST TIME  
EXPERIENCE A NEW STYLE OF YOGA  
MEET A NEW INSTRUCTOR  
DISCOVER THE BENEFITS OF YOGA

THE WATERLOO GREENWAY CONSERVANCY HAS PARTNERED WITH FREE DAY OF YOGA TO OFFER FREE OUTDOOR YOGA CLASSES IN THEIR BEAUTIFUL SPACES! WATERLOO GREENWAY IS A 1.5 MILE PUBLIC PARK SYSTEM RIGHT IN THE HEART OF DOWNTOWN AUSTIN.

BRING YOUR OWN MAT AND WATER BOTTLE, AND ENJOY A VARIETY OF CLASSES IN THE FRESH AIR THROUGHOUT THE DAY.

FOR MORE INFORMATION ON PARTICIPATING STUDIOS, PLEASE CLICK THE "LEARN MORE" LINK BELOW.

PLEASE MAKE YOURSELF FAMILIAR WITH EACH TYPE OF YOGA BY CLICKING THE "VIEW DETAILS" BUTTON BY EACH CLASS. IF YOU TAKE A CLIENT, PLEASE REMAIN SENSITIVE TO YOUR CLIENTS NEEDS AND COMFORT LEVEL. FOR EXAMPLE, SOME CLASS DESCRIPTIONS ARE A "CALM & RELAXING FLOW" WHILE OTHERS ARE "GROOVY FLOW WITH CHANTING AND DANCE."

[LEARN MORE](#)

## Save The Date

Austin Museum Day will be on Sunday, September 18th. Enjoy dozens of Austin Area Museums for free in a celebration of art, culture, history, music, nature, science, and play!

See flyer on next page!

Visit the [Austin Museum Partnerships Facebook Page](#) to keep updated on Museum happenings in the area! They will release list of museums participating as time gets closer.



---

## Life Skills Curriculum

The website "It's My Move" is full of helpful links to curriculum to strengthen youth's application of life skills training and to help in completing the goals identified on the learning plan.

While not all of these skills may be ones we cover, there are definitely skills related to recreation therapy: Self Care, Social Skills, Exercise, etc.

This website is helpful for providing skills to youth age 16 or older that are getting ready to transition out of the program and into adulthood.

**CLICK FOR LINK**





• SUNDAY, SEPTEMBER 18TH, 2022 • DOMINGO, 18 SEPTIEMBRE, 2022 •

# AUSTIN MUSEUM DAY

• A FREE DAY TO DISCOVER AUSTIN AREA MUSEUMS • UN DÍA GRATIS PARA DESCUBRIR LOS MUSEOS DEL ÁREA DE AUSTIN •



BUCK 2022

• AUSTINMUSEUMDAY.ORG • #AUSTINMUSEUMDAY2022 •

SPONSORED BY



# Youth Empowerment Services Waiver

## Expected Outcomes

### What are we looking for?



The following outcomes can be expected as a result of delivering services:

The youth and/or caregiver reports improved emotional and/or behavioral functioning.

The youth and/or caregiver report increased individual and caregiver strengths.

The youth and/or caregiver are linked with and are utilizing natural and community support systems.

Improved stability in areas of life domain functioning, including reduced risk of out of home placement, hospitalization, or multi-system involvement.

The youth is able to be discharged from YES Waiver and/or transitioned to less intensive services.

Services should be accessible, coordinated, strengths-based, non-stigmatizing, and developmentally appropriate.

# Bastrop Activities

## Teen Catapult Challenge

- Location: Bastrop Public Library, Pressley Meeting Room
- Date/Time: Sept 8th from 4:45PM-6:15PM
- Activities: By the power of science, we will launch the things in the air! No animals --or humans-- will be harmed in this program! The library has teen events every Thursday. Check out [their website](#) for more events.

## Lego Club

- Location: Bastrop Public Library, Pressley Meeting Room
- Date/Time: 3rd Tuesday of the month (Sept 20) from 3:00PM-4:30PM
- Activities: Fun activities and challenges for ages elementary to tween. Everyone is welcome.

## The Farm Street Opry

- Location: Bastrop Convention Center, 1408 Chestnut Street
- Date/Time: September 1st, 5:30p (Occurs monthly)
- Activities: Family Friendly musical performance featuring local Texas talent and special guest performers. Doors open at 5:30 pm show starts at 7:00 pm. Admission \$7.50. Children 10 and under free. Concessions available - Non- alcoholic event. The 1st Thursday of each month!

## Lost Pines Art Center

- Location: 1204 Chesnut Street
- Date/Time: M-F 9a-5p, Sat 11-5p
- Activities: Admission is always free. They do offer specialty classes such as water color and glass blowing for ages 14+. Those are on the expensive side.

## First Friday Art Walk

- Location: Main Street Businesses on Main Street. Bastrop, TX 78702
- Date/Time: Recurring monthly on the 1st Friday from 6:00 PM to 8:00 PM
- Activities: Free art and culture experience with local artists, interactive experiences, even a Drum Circle at R.A. Mercantile (1022 Main Street) that you can join in on.

## City of Bastrop Recreation:

[This Website](#) did not have the best info but click that link to get all of it! Starting in September, they will have a youth program that is offered every 2nd and 4th Mondays at 4:30pm. This hour program will host a wide array of ideas, experiments, experiences, and opportunities! Discovery is a program that gives youth, ages 7 to 12, an opportunity to seek, explore and DISCOVER!! It might be an experiment, an art project or anything in between, but there is always a "take away" and an opportunity to learn and have fun!



## Smithville Rec Center

106 ROYSTON, SMITHVILLE, TX

Basketball Court: 17 and under: \$1  
18 and up : \$2

Exercise Room: \$5

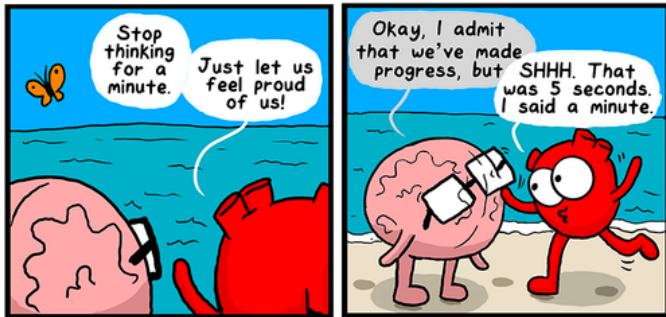
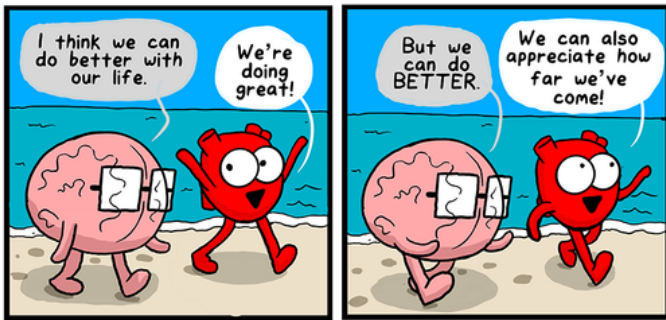
Racquetball Court: \$5

M-Th 8a-9p

Fri 8a-6:30p

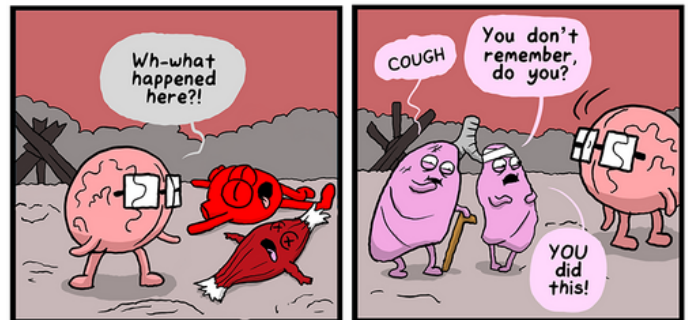
Sat 10a-2p

Sun 2p-6p



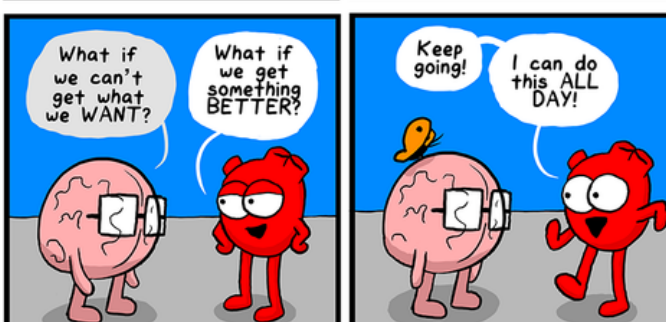
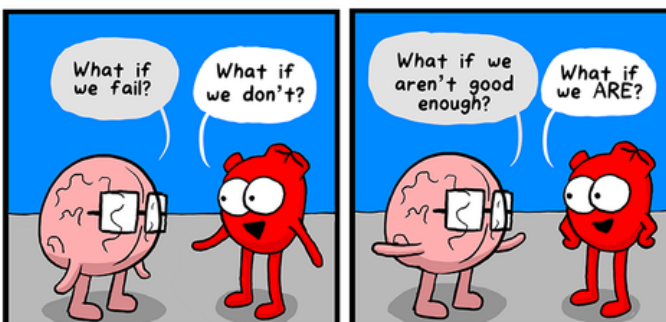
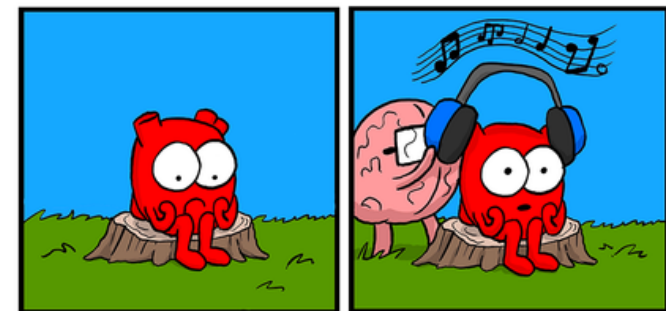
Heart and Brain

@theAwkwardYeti



Heart and Brain

@theAwkwardYeti



Heart and Brain

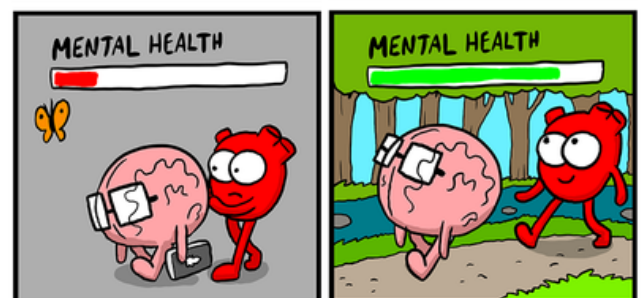
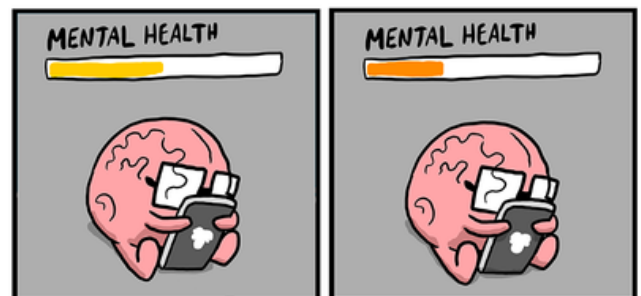
@theAwkwardYeti

DAILY SELF CARE IDEAS



Heart and brain

@theAwkwardYeti



Heart and Brain

@theAwkwardYeti



# Daily Planner

S M T W T F S

DATE:

## SCHEDULE

06:00	
07:00	
08:00	
09:00	
10:00	
11:00	
12:00	
01:00	
02:00	
03:00	
04:00	
05:00	
06:00	
07:00	
08:00	

## TO DO LIST

- 
- 
- 
- 
- 
- 
- 
- 
- 
- 

## NOTES:

