

The true soldier fights not because he hates what is in front of him, but because he loves what is behind him." -G.K. Chesterton

You've had our backs. Now we have yours.

In honour of the brave men and women who selflessly served and are currently active in the military and their commitment to our country, we've curated a way to show appreciation for their service and sacrifices.

Many veterans suffer from a number of mental, physical, and emotional ailments, including PTSD, a debilitating condition affecting one's ability to lead an everyday life. Many combat veterans have trouble sleeping due to nightmares or flashbacks about traumatic experiences during military service. These symptoms make it difficult for them to function normally in society and can lead to substance abuse issues or other self-destructive behaviours like suicide attempts or self-harm.

Fortunately, there is hope with floatation therapy as an alternative treatment option!


Clinical research has shown that floatation therapy is an effective alternative treatment for post-traumatic stress disorder (PTSD) and other stress and pain-related conditions, depression, floatation was equal to counselling at near 70%, with relaxation training at 53% and physical therapy and medication at 20%.


-Thomas H. Fine, M.A. and Roderick Borrie, Ph.D.


The ability to heal from the effects of these conditions is an ongoing process that requires dedication and support from family and friends and professional care. Here, at Zero Gravity mind & body wellness, we are aware that the physical effects of PTSD are often challenging to manage alone, and we want to help.


Our service for Veterans is a flat fee of \$50. Please come see and feel all the benefits that floating can provide.

*We appreciate the opportunity to personally
thank you for your service the best
way we know how.*

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