## The Real Deal About Prayer

**And Why It Actually Matters** 

By Vaughn Jennings

For Homeschool Companion's May 06, 2025, Faculty Meeting,

### What's Prayer All About Anyway?

Let's get real for a sec. We're all dealing with some pretty wild stuff in life, right? Life stress, friend drama, family issues, and that constant existential dread of deciding what to post on social media. (... well, kind of.) But seriously, what if I told you there's actually a science to handling all this chaos? Not like chemistry-class science with random elements and equations, but something way more practical called

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Yeah, Prayerology's a thing.

# Prayer Isn't Just for Grandmas

Forget what you've seen in movies where prayer is just mumbling some words before dinner or kneeling beside your bed at night.

According to Pastor Glenn Coon (who's basically a prayer expert), prayer is literally a science—a way to connect with God and actually get answers to your problems. And who doesn't want solutions to their problems?

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Nobody, that's who.

#### The ABC Method That's Actually Simple

Forget complicated formulas and religious jargon. Prayer can be as simple as ABC:

- Ask—just straight-up ask for what you need
- Believe—trust that you'll get an answer (this is the hard part, ngl)
- Claim: Act like you've already received what you asked for

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See the difference?

# God Isn't Some Scary **Dude Waiting** for You to Mess Up

Here's something wild: God is actually EAGER to answer your prayers.

It's not like He's sitting up there with a checklist like, "Hmm, this person said a bad word last week, so no answered prayers for them!"

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The Bible compares God to a parent who actually wants to give good stuff to their kids.

Think about it—if your friend asked to borrow your charger, you'd probably let them, right? God's basically like that but with unlimited resources and way more patience.

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Many of us think we're not "good enough" to pray or that God won't listen because we've messed up too many times.

But that's literally not how it works.

No sin is too big for God to forgive. Seriously. That embarrassing thing you did in sixth grade? God's over it. Those thoughts you have sometimes? God can handle it. The point is to approach prayer with what Pastor Coon calls "childlike faith" – just simple trust without all the overthinking we're so good at.





#### **Keeping It Real in Your Faith**

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That's exactly when prayer can come through.

## The TL;DR Version

Prayer isn't about being perfect or saying the right words.

#### It's about:

- Focusing on solutions, not problems
- Understanding God actually wants to help
- Having childlike faith (simple trust)
- Recognizing that prayer is for everyday life, not just religious moments

So next time life feels like it's on nightmare mode...

Maybe try the ABC approach.

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What's there to lose?

At worst, you spent a few minutes in quiet reflection.

At best? You might just find the answers you've been looking for all along.



## Peace out.





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