



# Psalm 46:1-3 (NIV)

"God is our refuge and strength, an ever-present help in trouble.  
Therefore we will not fear, though the earth give way and the  
mountains fall into the heart of the sea, though its waters roar and  
foam and the mountains quake with their surging."

# God's Love Letter

Ah, the beauty of autumn.

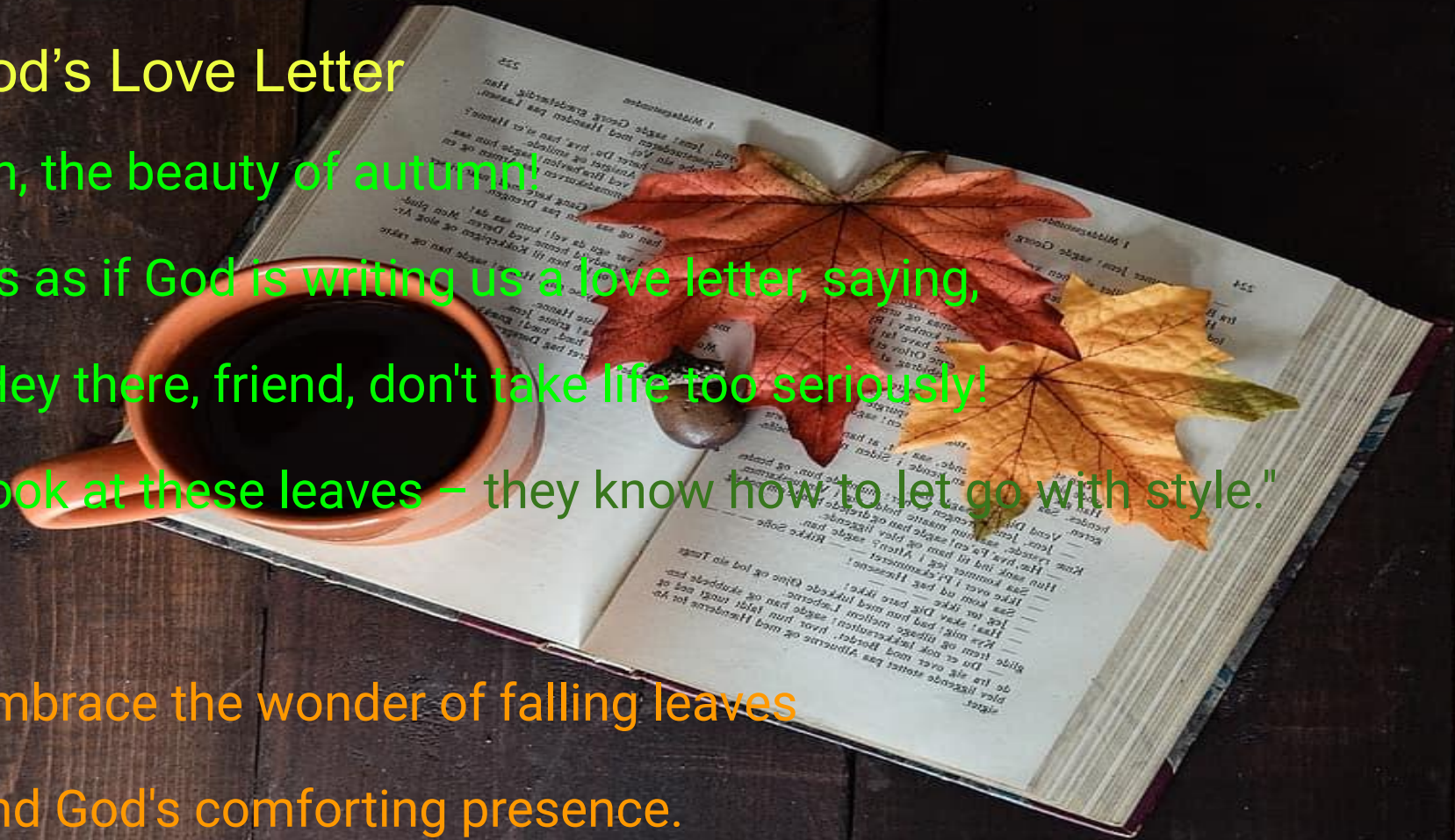
It's as if God is writing us a love letter, saying,

"Hey there, friend, don't take life too seriously!

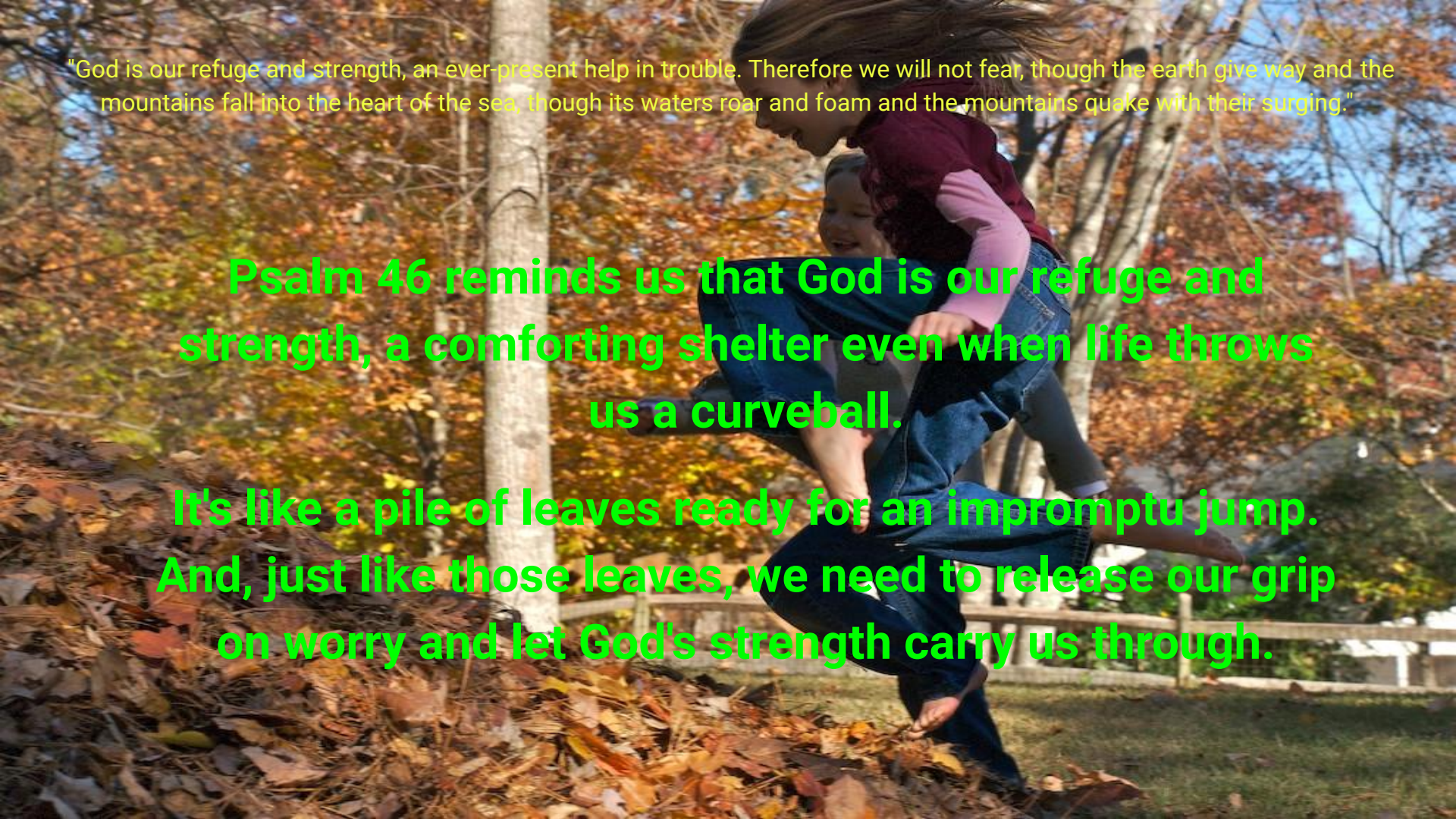
Look at these leaves – they know how to let go with style."

Embrace the wonder of falling leaves

and God's comforting presence.







"God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging."

**Psalm 46 reminds us that God is our refuge and strength, a comforting shelter even when life throws us a curveball.**

**It's like a pile of leaves ready for an impromptu jump. And, just like those leaves, we need to release our grip on worry and let God's strength carry us through.**





As the leaves gracefully tumble to the ground,  
they show us the art of letting go.  
They don't hang around, complaining about  
the wind or questioning  
the timing of their fall.

They simply go with the flow,  
letting the breeze take them on an adventure.

In the same way, we can learn to go with the flow of life's  
changes, trusting that God is our ever-present help in times of  
trouble, even if life's winds are a little gusty.





**Autumn teaches us about the beauty of change.**

It's okay to find humor in the unpredictable.

Just as leaves don't take themselves too seriously, we can choose to laugh at life's quirks and idiosyncrasies, knowing that God's refuge is as reliable as the falling leaves – always there when we need it.





**So, as you watch those leaves fall with grace, imagine them giggling on their way down.**

**Let their whimsical descent remind you to embrace life with a smile.**

**Surrender your worries, fears, and anxieties with a chuckle, knowing that God's love and shelter are right there, steady as a pile of leaves waiting for a joyful leap.**



A photograph of a park bench with a black metal frame and light-colored wooden slats. The bench is surrounded by a thick carpet of fallen autumn leaves in various shades of red, orange, and yellow. The text is overlaid on the image in a bold, black, sans-serif font.

**Take a moment today to reflect on the falling leaves  
and the changing seasons in your life.**

**As you do, surrender your concerns  
with a smile and a chuckle.**

**Find peace in the shelter of God's presence, and let  
the beauty of autumn teach you that humor and  
faith make for a joyful and lighthearted journey, just  
like those playful leaves on their way to the ground.**