



Ingredients

- 2 lbs. Round Steak
- (Can also use shoulder steak or chuck steak)
- Season All (Can use salt, cayenne, or black pepper)
- I large onion (Can use I I/2 cup of onion season blend)
- 2-3 Tbsp. vegetable cooking oil
- 4-6 cups of water
- 1 ½ Tbsp. All-purpose flour
- I Tbsp. Chicken or beef bouillon (Can use 2 Chicken bullion cubes)
- 1 ½ Tbsp. Browning sauce

Smother Steak and Gravy Method

- 1. Cut steak into serving-size pieces.
- 2. Cover the bottom of a large pot or skillet with oil. When hot, brown steak on both sides.
- 3. Remove from steak from the pan and saute onions in the same pot until transparent.
- 4. Add steak back to the pan and add 2 cups of water. Cover the pot with a lid and turn down to mediumhigh heat and let the water boil down until most of the water has cooked out.
- 5. Add another 2 cups of water and let the water boil down again.
- 6. Mix flour, chicken, or beef bouillon in a large mug, and then fill the mug with water. Add Browning sauce to this mixture. Pour into the pot, and this will thicken the gravy. Let it boil down again.
- 7. If steak is not tender enough, add more water and let it cook down again until gravy is thick again. Serve over rice.