Class outline 03

Here is an outline of what we will do in class today

# First period: Book discussion

* Book discussion in your teams: questions prepared by person A
* Personal and professional qualities
  + Do the vocabulary activity
  + During the lab: Choose one quality personal and one professional quality for each team member

# Lab period: Everyday happiness

* Use the photocopies to guide your work during the lab period. You need to keep the photocopies for your midterm writing exam.
* Stephen Kotler: “Big Think: How to enter ‘flow state’ on command”  
  *Stephen Kotler is an author and a journalist. He writes primarily non-fiction about cultural questions.*<https://www.youtube.com/watch?v=znwUCNrjpD4>
* Ali Abdaal: “My honest advice to someone who feels behind in life”  
  *Ali Abdaal is a Youtuber, author, and business owner. He focuses on productivity and self-improvement.*<https://www.youtube.com/watch?v=b_VPkTYmI_g>

# Third period: Group interaction

* Personal qualities. The teacher will explain the activity.
* Personal discussion. The teacher will give you questions.

# Remember to check the homework file!