

# General Tips to Enhance Learning and Memorization

## Make mistakes!

Whether written or spoken, our mistakes help us to learn and remember what the word we need really is. Eventually, you won't need to correct a mistake.

## Take breaks!

Regular breaks, especially when you can get outside in the fresh air, help to relax us. Relaxed minds and bodies are much better at holding on to new information.

## Study Buddy!

Get a study buddy or group! The support of a group can help you stay motivated and enjoy the revision process. A happy and relaxed you remembers more!

## Do and Create!

Draw pictures, write notes, design flashcards or create stories to help strengthen your memory. Doing something while learning really helps to reinforce your memory!

## Teach!

Try teaching a friend or family member something you learned in class. Doing this can help you to have a deeper understanding and to realize the gaps in your knowledge.

## Immersion!

Immerse yourself in as many ways as possible. Language exchange events at the Cégep are a great place to increase your immersion outside of the classroom!

# Enhance Your Learning and Memorization of Languages

## Vocabulary

**Build Sentences and Make Connections** – Create sentences using the word you're trying to learn. Seeing it in its context will help!

**Listen while Reading** – Using audiobooks at the same time as reading can help you to reinforce learning new words.

**Regular, Short Revision** – Revise vocabulary for 20-30 minutes every two days leading up to a vocab quiz.

**Try Flashcards** – Write the word on one side and the definition on the other and use this to test yourself!

## Grammar

**Diversify** – Use your grammar book, YouTube tutorials, online exercises, or even flashcards. By varying the way you practise grammar, you can help maintain interest and reinforce your learning.

**Try Gamification** – Online games can be useful and fun for practicing grammar.

**Talk to Someone** – Ask your teacher or your tutor questions about grammar. The more questions you ask, the more thoroughly you'll understand the grammar.

**Become a Tutor** – Practice by explaining and using the grammar that you're helping your tutee to learn!

## Pronunciation

**Record Yourself** – Hearing yourself speak can help you to identify the words you find difficult to say and the sounds you find hard to make.

**Tongue Twisters** – Play around with your voice and develop some quick muscle memory for the formation of words in your second (third or fourth) language. They're fun even if you make mistakes!

**Exposure, Exposure, Exposure** – Watch TV, films, and listen to the radio or podcasts as much as you can! Nothing beats listening to a native speaker to improve your recognition of words and how to say them. It'll even help consolidate your vocabulary and grammar skills, too!