

At the grocery store



a carton of milk



a pound of butter



a piece of cheese



a dozen eggs



a loaf of bread



a vegetable



a tomato



a bag of potatoes



a bag of rice



a can of beans



a piece of fruit



a bunch of bananas



a bag of oranges



a bag of apples



a bar of chocolate



a piece of meat



a piece of fish



a shaker of salt



a jar of sugar



a case of beer

We need eggs and some vegetables.

1 Use the vocabulary list to find the right food or drink.

- | | |
|---|---|
| a) a plant that is eaten as food | l) a candy that contains mostly cocoa and sugar |
| b) a root vegetable with brown skin | m) a round, soft, red vegetable |
| c) a white substance used to flavor or preserve food | n) a solid, yellow food that is made from milk |
| d) animal that lives in water | o) a sweet food such as a blueberry, orange, or apple |
| e) brown, alcoholic drink made from grains | p) a white, sweet grain |
| f) long, yellow, curved fruit | q) a fatty, yellow food made from cream |
| g) oval thing from a chicken | r) cook it to make toast |
| h) round, red fruit | s) citrus fruit that is round with an orange skin |
| i) a very large seed, high in protein, cooked as a meal | t) small white grains from an Asian plant |
| j) the flesh of an animal used as food | |
| k) white liquid from cows that people drink | |

Word tips! A **grocery store** is also called a **supermarket**. Very often, instead of using the words for the specific quantity for the food, we use the word 'some.' For example, instead of saying, "I want two pieces of fish and one loaf of bread," just say, "I want **some** fish and **some** bread." You can also skip the word 'some' and just say, "I want fish and bread."



Let's chat! Use the questions below for a quick chat.

1. The last time you went to the grocery store, what did you buy? (If you're not the person who does the groceries at your home, make your answers about that person instead of 'you'.)
2. What food items do you buy the most often? Why do you buy them?
3. What food items do you almost never buy? Why do you almost never buy them?
4. What are the most expensive food items that you buy? The least expensive?



Quick game: I went to the store and bought... This is a traditional memory game for kids. I choose an item from the list, like 'a piece of cheese.' Then, I say, "I went to the store and bought a piece of cheese." Then, you repeat what I said, but you add another item at the end. For example, you say, "I went to the store and bought a piece of cheese and a case of beer." We continue like this, adding one new item every time, until someone makes a mistake.



② Change the word "some" to a specific quantity.

- | | |
|---|-------------------------|
| ▶ some milk <i>a carton of milk</i> | f) some cheese |
| a) some apples | g) some eggs |
| b) some bananas | h) some potatoes |
| c) some bread | i) some sugar |
| d) some fish | j) some beer |
| e) some salt | k) some chocolate |

Questions with what

What book did you read?

Read these questions:

What did you read?

Newspaper? Book? Magazine?

What did you order?

Beer? Coffee? Dinner?

What do you need?

Shoes? Pants? Jacket?

We use '**what**' to ask for basic information about things.

Compare with these questions:

What book did you read?

The Giver? The Hobbit?

What meal did you order?

Chicken? Steak? Fish?

What colour shoes do you need?

Black? Brown? Red?

We use '**what + noun**' to ask for **more precise** information.

Interactive practice

Ask your tutor about their life and preferences using '**what + noun**.' For example, "**What town** do you live in?"

Possible questions: 'high school,' 'street,' 'teachers,' 'music,' 'movies,' 'flavour of ice cream,' 'season,' 'sports,' 'friends,' etc.

Then, it is your tutor's turn to ask you some questions.

3 Write questions in the past using *what + noun*.

► I saw a movie.

What movie did you see?

a) We played a sport.

b) They went to a concert.

c) Camilla visited a country.

d) I had a kind of beer.

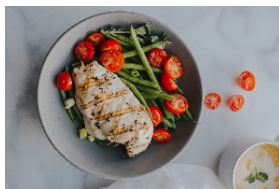
e) Daniel bought a car.

f) I sang a song.

g) I caught a bus.

h) They did a lesson.

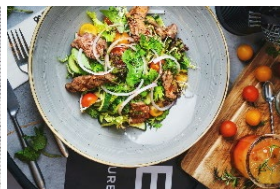
i) She took a test.

Meals*For lunch, I had a bowl of soup.*

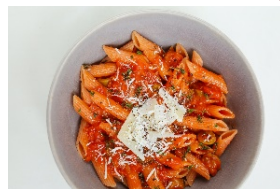
a meal



for breakfast



for lunch



for dinner



a picnic



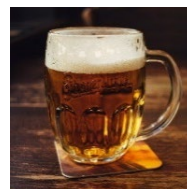
to be thirsty



a glass of juice



a glass of wine



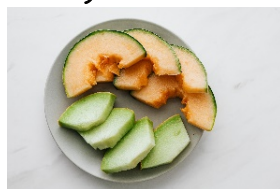
a beer



a drink



to be hungry



some food



a bowl of soup



a slice of pizza



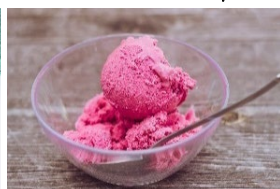
a sandwich



a piece of cake



a cracker



a bowl of ice cream



a cup of coffee



a cup of tea

4 Use the vocabulary list to find the right word.

- | | |
|--|--|
| a) a beverage prepared by adding leaves to boiling water | j) the main meal of the day |
| b) a food that is a mix of water and boiled vegetables or meat | k) a very dark drink made from ground beans and boiled water |
| c) a frozen food with flavored cream | l) a meal outdoors away from home |
| d) a light meal in the middle of the day | m) a thin, crisp, salty biscuit |
| e) a sweet, baked, bread-like food | n) an alcoholic drink from grains |
| f) an alcoholic beverage | o) flat bread topped with tomato sauce and cheese |
| g) an alcoholic drink from grapes | p) food between two pieces of bread |
| h) food served and eaten together, at one time | q) liquid from fruits or vegetables |
| i) the first meal of the day | r) need something to drink |
| | s) need something to eat |
| | t) the things that people eat |

Let's chat! Use the questions below for a quick chat.

1. What foods from the list do you like the most? The least?
2. Did you eat all three meals yesterday? What did you eat for each meal?
3. Think of your meals so far today. What did you eat?

**Adverbs of frequency**

I often go out for lunch.

Adverbs of frequency indicate how often something occurs.

*I **always** eat breakfast.*
*I **usually** have toast for breakfast.*
*I **often** go out for lunch.*
*I **sometimes** have a snack after lunch.*
*I **rarely** have dinner before 6 p.m.*
*I **never** drink coffee after supper.*

The frequency of the action diminishes as you go from **always** to **never**.

With the verb '**to be**,' adverbs of frequency come after the verb.

*There are **always** lots of people at this restaurant.*
*It is **often** hard to get a table at this place.*
*Ryan is **never** on time when we go out for dinner.*

Interactive practice

1. Pick a meal, like 'breakfast.' Ask your tutor a question like, "What do you usually eat and drink for breakfast?"
2. They tell you about different foods that they 'always,' 'often,' 'rarely,' or 'never' eat for that meal, following the format on the left. They also name a few drinks.
3. Then, switch roles. Your tutor asks you a question. Do two meals each.

5 Rewrite the sentences with the adverbs of frequency in the right order.

- You watch TV usually in the evening. *You usually watch TV in the evening.*
- a) We never are late for school.
- b) Ellie often is happy.
- c) They buy new clothes always at Christmas.
- d) Levi reads sometimes the newspaper.
- e) I am at home rarely on Saturdays.
- f) We study usually for tests.












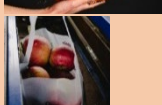


Unit review

Food: "What do you eat for breakfast?"

Secret word: When it's my turn, I secretly choose a word from one of the vocabulary lists in this unit. Then, I describe this thing to you without saying the word. You try to guess what word I'm talking about. Then we switch. You can use the vocabulary lists while playing. Play for a few minutes.



Vocabulary review: *At the grocery store.* Draw a line to connect the words to the pictures.

a carton of milk		a vegetable		a piece of fruit	
a pound of butter		a tomato		a bunch of bananas	
a piece of cheese		a bag of potatoes		a bag of oranges	
a dozen eggs		a bag of rice		a bag of apples	
a loaf of bread		a can of beans		a bar of chocolate	

Let's chat! Imagine you are planning a picnic for you and some friends. Your tutor will ask you the following questions about your plans for the picnic. Then, it's your turn to ask your tutor.



1. What do you want to drink?
2. What do you want to eat?
3. What is the dessert?
4. Where do you want to have your picnic?
5. What activities or sports do you want to do after eating?

Word challenge! Without looking back at the unit, put these words in order according to frequency.



often / never / rarely / sometimes / usually / always

Answer: _____ / _____ / _____ / _____ / _____ / _____
most frequent *least frequent*

Vocabulary review: Meals. Draw a line to connect the words to the pictures.

a meal		to be thirsty		to be hungry	
for breakfast		a glass of juice		some food	
for lunch		a glass of wine		a bowl of soup	
for dinner		a beer		a slice of pizza	
a picnic		a drink		a sandwich	

Recommended homework*Choose one or more activities*

Reading and watching. Use your phone's camera or a "QR Code scanner" to open these pages.



Read "Going to the Supermarket," from Lingua. <https://lingua.com/english/reading/supermarket/>



Watch a TV episode on CBC Gem. (It's free!) One good choice is *Schitt's Creek*. <https://gem.cbc.ca/>



Watch "Let's Learn English at the Grocery Store," by Bob the Canadian. <https://youtu.be/NG-de6quWkE>

Writing topic: Choose a country that typically has very different food than Canada (e.g. Spain or Thailand). Next, write an email to someone in that country. Describe a typical Canadian breakfast, lunch and dinner. Finally, ask questions about what they typically eat in their country.



End of Unit A1-08.

Answers. ① A. vegetable B. potato C. salt D. fish E. beer F. long G. egg H. apple I. beans J. meat K. milk L. chocolate M. tomato N. cheese O. fruit P. sugar Q. butter R. bread S. orange T. rice ② A. a bag of apples B. a bunch of bananas C. a loaf of bread D. a piece of fish E. a shaker of salt F. a piece of cheese G. a dozen eggs H. a bag of potatoes I. a jar of sugar J. a case of beer K. a bar of chocolate ③ A. What sport did you play? B. What concert did they go to? C. What country did Camilla visit? D. What kind of beer did you have? E. What car did Daniel buy? F. What song did I sing? G. What bus did you catch? H. What lesson did you do? I. What test did she take? ④ A. tea B. soup C. ice cream D. lunch E. cake F. a drink G. wine H. a meal I. breakfast J. dinner K. coffee L. picnic M. a cracker N. beer O. pizza P. a sandwich Q. juice R. thirsty S. hungry T. food ⑤ A. We are never late for school. B. Ellie is often happy. C. They always buy new clothes at Christmas. D. Levi sometimes reads the newspaper. E. I am rarely at home on Saturdays. F. We usually study for tests.



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