Personal notes for your speaking exam

Use this document to prepare for your speaking exam. Try to write notes, not a text. You will lose marks if you look like you’re reading a text. For the full instructions for the exam, please look in “Fichiers,” in “Week 08.”

# Video 1: Joey Schweitzer (Better Ideas): “How I tricked my brain to like doing hard things”

Main ideas:

Your story:

# Video 2: Joey Schweitzer (Better Ideas): “Why it's so hard to be happy”

Main ideas:

Your story:

# Video 3: Jordan Peterson (on Word to the Wise): “Make a Damn Schedule”

Main ideas:

Your story:

# Video 4: Matt D’Avella: “A Minimalist Approach to Personal Finance”

Main ideas:

Your story: