English Class 08

Here is an outline of what we will do in class today

# First period: Cause-and-effect essays

* Work in *Academic Inquiry*: Cause-and-effect essays
  + P. 109: Take a few minutes to write causes and effects of pandemics.
  + First, the pandemic has causes. It is an effect.
  + Next, the pandemic is a cause. It has effects.
  + Cause and effect essay: About ONE of these relationships. See p. 112.
  + Exercise p. 112
    - First, read alone. Highlight thesis statement and topic sentences.
    - What is the essay about? Is it more about its cause or its effects?
    - Then, in teams: Fix thesis statements.
* About the midterm speaking exam
  + Read the instructions together
  + In the lab period: Practice finding main ideas with video 3.

# With your team: Sign up for the speaking exam

The link is in “Devoirs,” in the one for the speaking exam.

# Second period: Phones and mindfulness

* You will read a text and watch two or three videos. Take some notes. What ideas seem the most important to you? What ideas relate the most to you or your life?
* Kristian Sørensen, on *Behavioral Scientist*: “Who’s Your Real Boss?”  
  *Behavioral Scientist is a reputable non-profit online magazine that focuses social sciences and issues, written by leading thinkers and practitioners in the field.*<http://behavioralscientist.org/whos-real-boss/>
* Richard J. Davidson (TEDxSanFrancisco): “How mindfulness changes the emotional life of our brains”  
  <https://youtu.be/7CBfCW67xT8>  
  *Richard Davidson is professor of psychology and psychiatry at the University of Wisconsin–Madison.*
* \*\*\* Joey Schweitzer (Better Ideas): “How overstimulation is ruining your life”   
  **For this one, try to find the main ideas, like you will have to do for the speaking exam.**<https://youtu.be/yYWvUoN4yt8>  
  **Remember to find the main ideas! You will correct this with your team.**  
  *Joey Schweitzer is a famous Canadian Youtuber who specializes on life improvement.*
* Matt D’Avella: “6 Ways to Reduce Screen Time” (Watch to the very end!)  
  <https://youtu.be/XQQUo2gmUs4>  
  *Matt D’Avella is an American filmmaker and Youtuber. He has written and directed several documentaries, and his Youtube channel is extremely successful. His videos focus on life improvement: minimalism, personal finance, motivation, etc.*
* Finished? Maybe take some time to make changes to your phone. ☺

# Third period: Personal discussion and problem-solution essays

* Personal discussion: Open the Personal Discussion file. Take turns asking questions.
* Correct the activity together: Find the main ideas.
* Work in *Academic Inquiry*: Problem-solution essays
  + P. 148: Read about problem-solution essays. P. 150: Emphasize chain structure.
  + Exercise p. 150-
    - First, read alone. Highlight thesis statement and topic sentences.
    - What is the essay about? Is it more about its cause or its effects?
    - Then, in teams: Fix thesis statements.

# Remember to check the homework file!