English Class 02

Here is an outline of what we will do in class today

# First period: Academic discussion and grammar

* Academic discussion: Survivalism.
  + We have prepared questions.
  + In the future: You will prepare questions, as part of the homework.
  + Read instructions and grid together.
* Work in *Academic Inquiry*
  + Vocabulary: p. 9-12.
  + Bloom’s taxonomy p. 12: Knowledge.
  + Grammar: Clauses and fragments p. 28-30.

# Second period: The growth mindset

* You will read a text and watch two videos. Take some notes. What ideas seem the most important to you? What ideas relate the most to you or your life?
* Sara Lindberg, on Verywell Mind: “The Growth Mindset.”  
  *Verywell Mind is a reputable website for mental health information. The articles are written by professionals in the field and reviewed by editors.*<https://www.verywellmind.com/tips-for-goal-setting-self-improvement-4688587>
* Chelsea Fagan: “How To Better Yourself Without Hating Who You Already Are”  
  *Chelsea Fagan is a writer, Youtuber, and business owner. She never finished college, so she is an example of a successful “self-made” person. She is not a mental health professional.*<https://youtu.be/cbO3_sxWkj4>
* Jordan Peterson: “The Improvement Mindset” (ideally the first 23 minutes, but if you don’t have time, just watch what you have time to watch)  
  *Jordan Peterson is a practicing psychologist and a professor of psychology at the University of Toronto. He is a famous writer and public speaker.*<https://youtu.be/9Xc7DN-noAc?start=3181&end=4568>  
  Note: The section you are supposed to watch is from 52:58 to 1:16:08.

# Third period: Personal discussion and writing workshop

* Personal discussion: Open the Personal Discussion file. Take turns asking questions.
* Writing workshop: Brainstorming about values. Your teacher will explain the activity.

# Remember to check the homework file!