



THE  
**Lazy**

PARENT



## Consultancy and Parenting Support

We all know parenting can be one of the most life changing, incredible and equally challenging experiences

At The Lazy Parent we understand the impact this can have on your day-to-day life



With over 10 years industry experience supporting families from all walks of life, we endeavor to truly listen and help you define the areas of your parenting journey you would like to see strengthened

At The Lazy Parent we give you space to minimise your stress, remove the stigma around these feelings and provide you with support that best suits you and your family

We believe in decreasing parental isolation by increasing support which sometimes can be as simple as having someone who can listen to us and understand the place we are speaking from

We offer individualised supports as well as group programs where you can meet and share with other like minded parents

For further information or to arrange your first session please email  
thelazyparent@outlook.com  
or follow us for parenting tips and links to support



IG \_thelazyparent  
FB @lazyparent  
<https://thelazyparent.com.au/>