

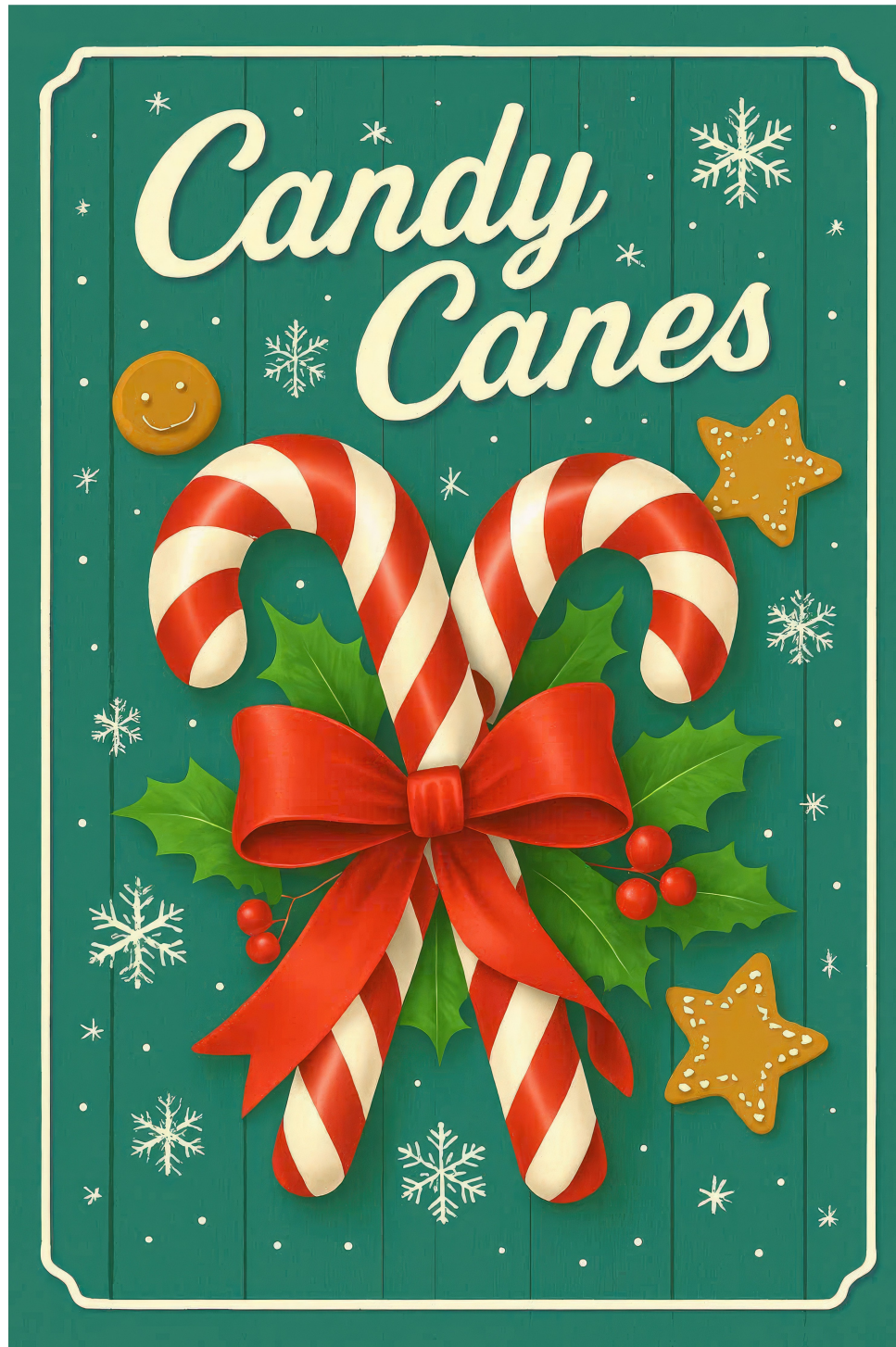


SIERRA SENIOR CENTER NEWS

PO Box 122, 49111 Cinder Lane, Oakhurst, CA 93644 (559) 658-2200

Instagram: [@sierraseniorcenter](#)

Facebook: [@OakhurstSeniorCenter](#)



DECEMBER 2025 LUNCH

The Senior Lunch Program offers a different hot meal every weekday for adults 60 and older, regardless of income. Sierra Senior Center is one of the locations that provides a hot lunch at 11:30am Monday through Friday. You must reserve your meal by 11:30am PRIOR to the day you plan to attend; you can reserve it with our lovely SSC lunch rep Michelle, or contact EMRAP at emrap.seniorlunch@gmail.com or 559-460-3431.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Breast w/ Mushroom Sauce California Mixed Veggies Barley Mandarin Oranges	2 Vegetable Chili Broccoli Wheat Dinner Roll Tropical Fruit	3 Build Your Own Burrito w/ Beef Barbacoa, Shredded Cheese, Peppers, Onions, Cabbage & Cilantro Honeydew	4 Chicken Meatballs w/ Gravy Hi C Salad Wheat Egg Noodles Mixed Fruit	5 Hotdog on Wheat Bun Broccoli Salad Peaches
8 Chicken Patty w/ Gravy Zucchini Barley Mandarin Oranges	9 Tuna Salad Sandwich Minestrone Soup Cantaloupe	10 Swiss Beef Patty Hi C Salad Wheat Roll Pineapple Tidbits	11 Baked Chicken Drumstick Broccoli Penne Pasta w/ Marinara Apricots	12 Stuffed Bell Pepper Peas & Carrots Quinoa Mixed Fruit
15 Beef Patty w/ Gravy California Mixed Veggies Wheat Egg Noodles Mandarin Oranges	16 Chicken Fajitas Sauteed Corn, Peppers & Onions Wheat Flour Tortilla Cantaloupe	17 Pork Rib-B-Q Sandwich on Wheat Bun Coleslaw Pineapple Tidbits	18 Beef Salisbury Steak w/ Gravy Hi C Salad Red Potatoes Wheat Dinner Roll Peaches	19 Breaded Fish Brussel Sprouts Whole Grain Rice Apricots
22 Beef Meatloaf w/ Gravy Italian Veggies Wheat Egg Noodles Mandarin Oranges	23 Tandoori Chicken Thigh California Mixed Veggies Black Rice Cantaloupe	24 Roasted Turkey w/ Gravy Brussel Sprouts Mashed Sweet Potatoes Wheat Dinner Roll Honeydew	25 	26 Orange Chicken Broccoli Whole Grain Wild Rice Apricots
29 Pork Rib-B-Q w/ Gravy Sauteed Corn, Peppers & Onions Wheat Egg Noodle Mandarin Oranges	30 Broccoli Beef Sweet Potatoes Black Rice Mixed Fruit	31 Beef Country Fried Steak w/ Gravy Dill Carrots Mashed Potatoes Wheat Dinner Roll Pineapple Tidbits		

NOVEMBER 2025 Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<u>1</u> 10am-2pm Open Hours	<u>2</u> 10am-2pm Open Hours	<u>3</u> 10am-2pm Open Hours 10am SSC Board Meeting 11am-1pm Mahjong	<u>4</u> 10am – 11am Exercise 11am General Meeting 11am Bingo	<u>5</u> 5pm-7pm PAINT PARTY	<u>6</u> 11am Bingo
<u>7</u> 12pm Mountain Unitarian Universalist Church Svc 3pm-5pm CHRISTMAS DINNER	<u>8</u> 10am – 2pm Open Hours	<u>9</u> 10am – 2pm Open Hours 10am – 11am SSC Event Committee	<u>10</u> 10am – 2pm Open Hours 11am – 1pm Mahjong	<u>11</u> 10am – 12pm Food Bank Distribution 10am – 11am Exercise 11am Bingo 6pm – 7pm Ballroom Dance	<u>12</u>	<u>13</u> 11am Bingo & Potluck
<u>14</u> 12pm Mountain Unitarian Universalist Church Svc 2pm BUNCO	<u>15</u> 10am – 2pm Open Hours 3pm – 7pm Christmas Placemat Workshop	<u>16</u> 10am – 12pm Brown Bag Distribution 10am – 2pm Open Hours	<u>17</u> 10am – 2pm Open Hours 11am – 1pm Mahjong	<u>18</u> 10am – 11am Exercise 11am Bingo	<u>19</u> 2:15pm Hot Choc Party (at Majestic Mtn call to volunteer) 1pm-2pm Master Gardener Workshop 5pm-7pm PAINT PARTY	<u>20</u>
<u>21</u> 12pm Mountain Unitarian Universalist Church Svc	<u>22</u> 10am – 2pm Open Hours	<u>23</u> 10am – 2pm Open Hours 10am – 11am SSC Event Committee	<u>24</u> 10am – 2pm Open Hours	<u>25</u>  MERRY CHRISTMAS	<u>26</u>	<u>27</u> 11am Bingo & Pizza Lunch
<u>28</u> 12pm Mountain Unitarian Universalist Church Svc	<u>29</u> 10am – 2pm Open Hours	<u>30</u> 10am – 2pm Open Hours	<u>31</u> 10am – 2pm Open Hours			

DECEMBER 2025 Events & Activities



Sierra Senior Center
SOCIAL SENIORS
Monday, Tuesday & Wednesday
10am to 2pm



49111 Cinder Lane, Oakhurst | (559) 658-2200
www.SierraSeniorCenter.com



Sierra Senior Center
Board of Directors Meeting
10am Wednesday
December 3, 2025
Senior Center Library
Guests welcome!



Learn / Play Mahjong!
at SSC
Wednesday 11am-1pm
No game on 12/23/25 or 12/31/25



Sierra Senior Center
Exercise Class



Every Thursday 10am-11am
49111 Cinder Lane, Oakhurst
559-658-2200

Sierra Senior Center

General Membership Meeting

THURSDAY
December 4, 2025
11:00am

49111 Cinder Lane, Oakhurst
(559) 658-2200 | OakhurstSierraSeniorCenter@gmail.com

Sierra Senior Center



EVERY THURSDAY
12:00pm

Bingo sales close at 11:30am.
Bingo begins promptly at 12:00pm.
Play will not be delayed due to late arrival.
Open to the public; must be 18 yrs old to play.

49111 Cinder Lane, Oakhurst
(559) 658-2200 | OakhurstSierraSeniorCenter.com
www.SierraSeniorCenter.com

Pick Your Painting Party!

Choose your painting when you register!

PAINT PARTY

FRIDAY
DEC
5
5:00 pm
to
7:00 pm



\$5 discount for
SSC Members

Paint this one!



Or this one!



SIGN UP
HERE



Instructor: Rhiana Jones
rhianajones@handmadejoybyrhi.com
Facebook.com/handmadejoybyrhi.com
Non-member - <https://square.link/u/t29aty0E>
Member - <https://square.link/u/ITBUN8CG>

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Sierra Senior Center

December 6, 2025

• Bingo sales close at 11:30am; arrive early to purchase your games. •



SSC hosts Bingo every Thursday & the 1st, 2nd & 4th Saturday of every month.

• Bingo begins at 12pm sharp. Play will not be delayed due to late arrival. •

49111 Cinder Lane, Oakhurst | 559-658-2200
www.SierraSeniorCenter.com

Sierra Senior Center

Holiday dinner

Join us for a Fabulous Holiday dinner prepared by The Wild R

Sunday, December 7th
3:00pm - 5:00pm
49111 Cinder Lane, Oakhurst, CA

Three Courses:
Beef Stroganoff with Buttered Noodles
Chicken Parfait w/ Brie Cheese and Basil Pesto
Roasted Vegetable Neapolitan

*Includes lemonade and mulled cider, a small salad with baby mix lettuce feta cheese and pecans. Dessert will be chocolate ganache

Free for Members / \$15 for Non-Members

<https://tinyurl.com/sccholiday2025>

SSC Event Committee

Interested in getting involved with your fellow seniors? Join the SSC Event committee. The committee meets the second & fourth Tuesdays in the Senior Center library at 10:00 a.m. We have great events planned for 2026 but we need YOUR help! Please consider volunteering with SSC.

Sierra Senior Center

50

FUN FACT

Fun fact about Sierra Senior Center!
The minimum age to join is only 50.
What are you waiting for?
Sign up today!

49111 Cinder Ln, Oakhurst | (559) 658-2200
www.SierraSeniorCenter.com

**NO
PARTNER
NO
PROBLEM**



DANCE CLASSES

Teaching both American and Latin styles:
Swing, Fox Trot, Cha Cha and salsa.!

**EVERY TWO WEEKS ON THURSDAY
STARTING SEPTEMBER 18TH
AT 6PM**

INSTRUCTOR: ED BAILEY

FREE for Members/ \$5 non-members
Pay at the door or via the link below:
<https://tinyurl.com/sscdanceclass>

MADERA COUNTY
FOOD BANK
THE  OF COMMUNITY MATTERS

FREE FOOD DISTRIBUTION



OAKHURST COMMUNITY CENTER
39800 Road 425B, Oakhurst

**2nd Thursday Every Month
10:00am - 12:00pm**

For more information contact:
Michelle Ruiz: 559-674-1482



Sierra Senior Center
Presents

Bunco

December 19, 2025

LET THE GOOD TIMES ROLL!!

Every 2nd Sunday
of the Month
2pm - 4pm

pay at the door!

\$15

CASH PRIZES!

Must be 18 to play.

RSVP to
Kathy Chisum
530-440-2213
or just show up!

49111
Cinder
Lane
Oakhurst





Volunteers Needed

✧ Come in and color Christmas
Placements with us! They will
be used for Majestic Mountain
senior living facility for their
Holiday Dinners!

3PM – 7PM
DECEMBER 15TH

49111 Cinder Ln,
Oakhurst, CA 93644

**All supplies
including Holiday
Stencils provided!**



MADERA COUNTY
FOOD BANK
THE ♥ OF COMMUNITY MATTERS



Sierra Senior Center

Brown Bag Program
2025 Schedule

January 21	April 22	July 22	October 21
February 18	May 20	August 19	November 18
March 18	June 17	September 16	December 16



SNOW MUCH JOY



PAINT PARTY

FRIDAY
DEC
19

 5:00 pm
 to
 7:00 pm





\$40
18 inch - 3d wooden sled

LOCATION
Sierra Senior Center
49111 Cinder Ln, Oakhurst, CA

***Must register in advance by Dec 5**

3 D Wooden Sled 



SIGN UP HERE 

INSTRUCTOR: Rhiana Jones
rhianaajones@handmadejoybyrhi.com
Facebook.com/handmadejoybyrhi

<https://square.link/u/UyXKXEhw>

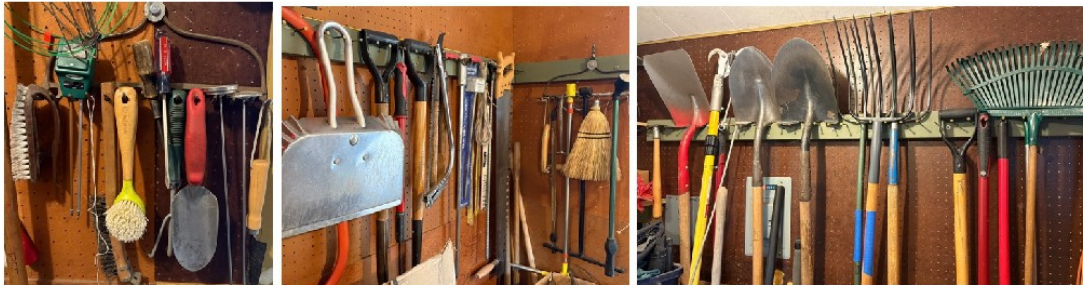
September 2020



UC Master Gardener
University of California
Agriculture & Natural Resources

'TOOL TALK' - DISCUSS GARDEN TOOLS: use; selection; maintenance; storage; gifts!!

Presented by Master Gardener Randy Thomson



FRIDAY, DEC. 19th, 2025
1:00 - 2:00 p.m.



Location: Sierra Senior Center
49111 Cinder Lane, Oakhurst, CA

Our workshops are open to the public and **FREE** of charge.
Hope to see you there!



To be added to the email list: originalhealth@sti.net / 559-365-6342

Visit our website: <https://link.ucanr.edu/maderamg>

Join us at: facebook.com/MaderaMasterGardeners



Scan code for more Info



It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>. Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397. For local inquiries, call UCCE Madera County (559) 675-7879.

Sierra Senior Center



Bingo & PIZZA*

4th SATURDAY
OF EACH MONTH

*free pizza for bingo players
served at 11am

SATURDAY
December 27, 2025

Bingo sales end at 11:30am-
arrive early to purchase your games

49111 Cinder Ln, Oakhurst
559-658-2200 oakhurstsierraseniorcenter@gmail.com

Sierra Senior Center

CONGRATULATIONS



DECEMBER
2025

*player of the
month*

Jack Roache

**Winner receives \$5 off each session of Bingo
played during the month**

49111 Cinder Lane, Oakhurst | 559-658-2200

HELP OUT THE SENIOR CENTER!



Volunteer Coordinator:
Georgia Kopel
georgiakopelssc@gmail.com
510-499-4973

Volunteer Application *Please print clearly!*

Personal Contact Information

Date: _____ Name: _____

Address: _____

Cell Phone: _____ Home Phone: _____

Email: _____

Emergency Contact Information

Name: _____ Relationship to you: _____

Cell Phone: _____ Home Phone: _____

Email: _____

Interests and Qualifications

What areas are you interested in volunteering for?

<input type="checkbox"/>	Fundraising	<input type="checkbox"/>	Administrative Support
<input type="checkbox"/>	Event Planning	<input type="checkbox"/>	Social Media / Marketing
<input type="checkbox"/>	Baking for Events and/or Bingo	<input type="checkbox"/>	Yard Work
<input type="checkbox"/>	Phone calling	<input type="checkbox"/>	Teach classes (exercise, dance, art, etc)
<input type="checkbox"/>	Start a club (hiking, Scrabble, bicycling, etc)	<input type="checkbox"/>	Event set-up / prep / clean-up

Your special training, skills, hobbies: _____

Language (s): ☐ English ☐ Other: _____

Any physical or medical limitations: _____

I recognize that the opportunity to participate as a volunteer at the Sierra Senior may carry a risk of personal injury and I hereby agree to assume all risks that may be associated with my participation. I hereby release, discharge, waive and relinquish all claims, liabilities and damages I may sustain from bodily injury, personal injury or property damage and hold harmless the Sierra Senior Center, its officers, directors, employees and agents.

Volunteer Signature: _____ Date: _____

Print Name: _____



The Sierra Senior Center would like to publicly thank our current members for their ongoing support of the Sierra Senior Center. With your help, we have worked to bring our center back to life and to present more one-time and on-going events.

Support your Senior Center by joining our community or renewing your membership. A single membership is \$20 annually; a couple membership is \$30 annually. Once you register or renew, our automated system will remind you when your membership is about to expire. How simple is that?

Scan the code or visit tinyurl.com/SSCMembershipSSC to join or renew.



Questions? Ask any board member or email us at OakhurstSierraSeniorCenter@gmail.com.



SOS



SUPPORT OUR SENIORS

Join us in making a meaningful difference in the lives of our community's seniors by donating to the Sierra Senior Center. Your generous contributions directly support programs and services that enhance the well-being and quality of life for our community members.

Your donation helps us maintain and expand services, ensuring that seniors have access to resources and support necessary to lead fulfilling and independent lives.

DONATE TODAY—MAKE A DIFFERENCE IN THE LIVES OF OUR SENIORS!

<https://tinyurl.com/SSCSOS>

COMMUNITY SERVICES



Please fill out Brown Bag Application and mail it in to our office. To ensure you receive your brown bag, please submit your application and fee by the 5th of the month. Here is the break down for **pro - rated** months.

Please note: Calendar dates are subject to change.

January – December	\$60.00	July – December	\$30.00
February – December	\$55.00	August – December	\$25.00
March – December	\$50.00	September – December	\$20.00
April – December	\$45.00	October – December	\$15.00
May – December	\$40.00	November – December	\$10.00
June – December	\$35.00	December	\$5.00

Calendar	Tuesday	2025
Month	Day	Year
January	21	2025
February	18	2025
March	18	2025
April	22	2025
May	20	2025
June	17	2025
July	22	2025
August	19	2025
September	16	2025
October	21	2025
November	18	2025
December	16	2025

For application, contact mruiz.maderafoodbank@gmail.com or call 559-674-1482.



CalFresh Program

Who is it for?

CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

Visit www.cdss.ca.gov/calfresh to apply online or call the CalFresh Benefits Hotline at 877-847-3663





LET'S CONNECT

Our Care Companions at Valley Caregiver Resource Center want to provide your senior residents an opportunity to stay connected during this time. We will reach out to them by phone on a weekly basis

*All it takes is an authorized referral and we
can begin our conversation today!*

Funding Provided by Fresno-Madera Agency on Aging

Our phone calls promote:

- Socialization
- Community Connection
- Companionship
- Enhanced Physical & Cognitive Health
- Positivity & Self-Esteem
- Staying Active in their Unique Setting

FOR MORE INFORMATION

Contact Meghan Velasquez
559-224-9121
mvelasquez@valleycrc.org



Eastern Madera County **SENIOR BUS**



For Reservations Call
(559) 263-8080
or
(800) 325-7433

[www.maderacounty.com/government/
public-works/transit](http://www.maderacounty.com/government/public-works/transit)



NEED WATER BILL ASSISTANCE?

**Madera County residents
may be eligible for the Low
Income Home Water
Assistance Program
(LIHWAP)**

Get Help Now!

Submit the following:

- ✓ Complete Application Packet
- ✓ Copy of Applicant's REAL ID
- ✓ Copy of Applicant's Social Security Card
- ✓ Copy of current water bill
- ✓ Provide proof of income for the past 6 weeks for all household members
- ✓ Verification of Benefits from the Department of Social Services for all household members

Contact Us!

(559)675-5721
Lpaz@maderacap.org
1225 Gill Avenue
Madera CA. 93637



MCDPH MOBILE HEALTH

Wellness Checkups



Services:

- ▶ Glucose
- ▶ Blood Pressure
- ▶ Pulse & Oxygen
- ▶ Temperature
- ▶ Body Mass Index (BMI)



FOR MORE INFO, VISIT
[MADERACOUNTY.COM/MOBILEHEALTH](https://maderacounty.com/mobilehealth)
OR SCAN THE QR CODE.

