



SIERRA SENIOR CENTER NEWS

PO Box 122, 49111 Cinder Lane, Oakhurst, CA 93644 (559) 658-2200

Instagram: [@sierraseniorcenter](#)

Facebook: [@OakhurstSeniorCenter](#)



September 2026 Lunch Program

The Senior Lunch Program offers a different hot meal every weekday for adults 60 and older, regardless of income. Sierra Senior Center is one of the locations that provides a hot lunch at 11:30a.m. every Monday through Friday.

This program is funded by the federal government via a grant to the counties. Madera County provides additional funds to support the program.

- This program serves seniors 60 and over. If you are a caregiver or spouse of a senior who is attending, you may enroll as well.
- You must order a meal by 11:30am the day before you are attending – in person, via email, or by phone.
- Your meal is free; there is a suggested donation of \$2.50. It is voluntary and no eligible individual will be denied services. This contribution supports the ongoing costs of the program.

You must reserve your meal by 11:30am PRIOR to the day you plan to attend; you can reserve it with our lovely SSC lunch rep Michelle, or contact EMRAP at emrap.seniorlunch@gmail.com or 559-460-3431.

September 2026 ACTIVITIES CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<u>1</u> 10am – 12pm Card Playing Group 3 – 5pm Hiking Group	<u>2</u> 10am – 12pm SSC Board Meeting 11am – 1pm Mahjong 1 – 2pm Tai Chi	<u>3</u> 10 – 11am Exercise 11am Gen Meeting 11am – 4pm Bingo	<u>4</u>	<u>5</u> 11am – 4pm Bingo
<u>6</u> 10am-2pm Mountain Unitarian Universalist Church Svc	<u>7</u> LABOR DAY – CLOSED!	<u>8</u> 10am – 12pm Card Playing Group 12 – 1pm EVENT COMMITTEE 3 – 5pm Hiking Group	<u>9</u> 11am – 1pm Mahjong 1 – 2pm Tai Chi	<u>10</u> 10am – 12pm Food Bank 10 – 11am Exercise 11am – 4pm Bingo	<u>11</u> 5pm – 7pm PAINT PARTY – Night Train	<u>12</u> 11am – 4pm Bingo & \$5 Lunch (Baked Chicken)
<u>13</u> 10am-2pm Mountain Unitarian Universalist Church Svc 2 – 4:30pm BUNCO	<u>14</u>	<u>15</u> 10am – 12pm Brown Bag 10am – 12pm Card Group 3 – 5pm Hiking 4 – 8pm HOW Dinner	<u>16</u> 11am – 1pm Mahjong 1 – 2pm Tai Chi	<u>17</u> 10 – 11am Exercise 11am – 4pm Bingo	<u>18</u> 2pm – 4pm Food Preservation Class 6pm – 8pm Wreath Making Class	<u>19</u> 9-10:30 PANCAKE BREAKFAST
<u>20</u> 10am-2pm Mountain Unitarian Universalist Church Svc	<u>21</u>	<u>22</u> 10am – 12pm Card Playing Group 12 – 1pm EVENT COMMITTEE 3 – 5pm Hiking Group	<u>23</u> 11am – 1pm Mahjong 1 – 2pm Tai Chi	<u>24</u> 10 – 11am Exercise 11am – 4pm Bingo 2pm – 7pm Koffee & Cards 7pm – 9pm Radio Club	<u>25</u> 1pm – 2pm Master Gardener Program 5pm – 7pm PAINT PARTY – Baby Bat	<u>26</u> 11am – 4pm Bingo & Pizza Lunch
<u>27</u> 10am-2pm Mountain Unitarian Universalist Church Svc 4 – 6pm Potato Palooza	<u>28</u>	<u>29</u> 10am – 12pm Card Group 3 – 5pm Hiking Group	<u>30</u> 11am – 1pm Mahjong 1 – 2pm Tai Chi 3pm – 5pm Android Smart Phone Basics			

September 2026 Events & Activities



**CLASSIC
HEARTS**

Playing Cards on Tuesdays from 10AM to noon. Mainly playing Hearts but open to other tables of games



SSC
Sierra Senior Center
A Vibrant Community for Life after 50

HIKE CLUB

— TUESDAYS 3-5PM —

MEET YOUR LEADER
KAI NELSON

Kai is currently training for a professional hike guiding role in Yosemite and is a certified Wilderness First Responder, bringing both passion and safety expertise to every adventure.

Having recently moved to Oakhurst, Kai is excited to connect with the community, meet new people, and explore the outdoors together—making the hiking club the perfect way to do just that.

MODERATE 2-6 MILE HIKES

NEW LOCATION EVERY WEEK

TEXT: 719-459-5441 TO GET ON TEXT LIST



MAHJONG CLUB

LEARN • PLAY • CONNECT

BEGINNERS WELCOME!
No experience necessary!

Whether you're brand new to Mahjong or an experienced player, everyone is welcome!

- Learn the basics**
We'll help you get started.
- Practice your skills**
Sharpen your strategy and enjoy the challenge.
- Meet new friends**
Great company and good conversation.
- Enjoy friendly competition**
Fun, relaxed, and engaging.

EVERY WEDNESDAY | 11:00 AM – 1:00 PM

Sierra Senior Center
49111 Cinder Lane
Oakhurst, CA 93644
(559) 658-2200
www.SierraSeniorCenter.com

SSC
Sierra Senior Center
A Vibrant Community for Life after 50
Connect, Engage, Thrive

Sharpen Your Mind. • Make New Friends. • Have Fun!



Sierra Senior Center

Board of Directors Meeting

10am Wednesday
September 2, 2026
Senior Center Library

Guests welcome!

SSC
Sierra Senior Center
A Vibrant Community for Life after 50
Connect, Engage, Thrive

Strengthen Mind, Body, and Soul

TAI CHI

Class

\$10
PER
CLASS

NEW INSTRUCTOR
Chris Marie Brown

I have practiced tai chi for forty years and have taught for most of that time. I learned the art when I moved to Fresno and was practicing law for the poor. Stress reduction drew me to it. Eventually I left law and taught gifted children in Dinuba and am now retired. Tai chi helps me release stress, balance better, and keep moving with ease as I age.

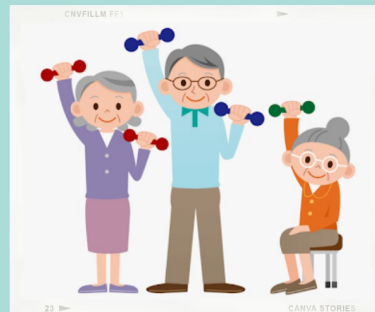
I hope you will join us.

Every Wednesday at 1pm

Sierra Senior Center
49111 Cinder Ln,
Oakhurst, CA



Sierra Senior Center Exercise Class



Every Thursday 10am-11am

49111 Cinder Lane, Oakhurst
559-658-2200

Sierra Senior Center

General Membership Meeting

THURSDAY
September 3, 2026
11:00am



49111 Cinder Lane, Oakhurst
(559) 658-2200 | OakhurstSierraSeniorCenter@gmail.com

Sierra Senior Center



EVERY THURSDAY
12:00pm

Bingo sales close at 11:30am.
Bingo begins promptly at 12:00pm.
Play will not be delayed due to late arrival.
Open to the public; must be 18 yrs old to play.

49111 Cinder Lane, Oakhurst
(559) 658-2200 | OakhurstSierraSeniorCenter.com
www.SierraSeniorCenter.com

Sierra Senior Center September 5, 2026

• Bingo sales close at 11:30am; arrive early to purchase your games. •



SSC hosts Bingo every Thursday & the 1st,
2nd & 4th Saturday of every month.

• Bingo begins at 12pm sharp. Play will not be delayed due to late arrival. •

49111 Cinder Lane, Oakhurst | 559-658-2200
www.SierraSeniorCenter.com

SSC Event Committee

Interested in getting involved with your fellow seniors? Join the SSC Event committee. The committee meets the second & fourth Tuesdays in the Senior Center library at noon. We have great events planned for 2026 but we need YOUR help! Please consider volunteering with SSC.

NOW! Earn free event admission for your help!
Talk to any committee member for details.



FREE FOOD DISTRIBUTION



OAKHURST COMMUNITY CENTER

39800 Road 425B, Oakhurst

**2nd Thursday Every Month
10:00am - 12:00pm**

For more information contact:
Michelle Ruiz: 559-674-1482

FRIDAY

5PM - 7PM

11

SEPTEMBER

Moonlit Express

Paint Party

ALL AGES WELCOME!

MAGIC
CREATIVITY
FUN

JOIN US FOR AN
ENCHANTING
EVENING!



MAGICAL TREATS

Enjoy rootbeer
floats, popcorn
and fun snacks!



DOOR PRIZES!

Exciting prizes
throughout
the night!



ALL SUPPLIES INCLUDED!

We provide
everything
you need.

Rootbeer Floats, Popcorn and Door Prizes included!



INSTRUCTOR:

Rhiana Jones



facebook.com/
handmadejoybyrhi.com



rhianajones@
handmadejoybyrhi.com



LOCATION:

49111 Cinder Ln,
Oakhurst, CA

\$25

PER PERSON

SIGN UP
HERE

Non-Members - <https://square.link/u/932NWNnz>

Members - <https://square.link/u/mkUbhdKV>



Bingo & Lunch

Lunch
Only
\$5

September 12, 2026

Baked chicken with sauce over rice,
broccoli salad, watermelon wedge

must be 18 years old to play.

- Lunch served at 11:00a.
- Bingo sales close at 11:30a.
- Play begins at 12:00p sharp.



11:00am sharp, lunches sell out quickly!



49111 Cinder Lane
Oakhurst, California 93644
www.SierraSeniorCenter.com



Sierra Senior Center
Presents
Bunco
September 13, 2026
LET THE GOOD TIMES ROLL!!

Every 2nd Sunday
of the Month
2pm - 4pm

pay at the door!
\$15

CASH PRIZES!
Must be 18 to play.

RSVP to
Kathy Chisum
530-440-2213
or just show up!

49111
Cinder Lane
Oakhurst





Sierra Senior Center



Brown Bag Program

2026 Schedule

January 20	April 21	July 21	October 20
February 17	May 19	August 18	November 17
March 17	June 16	September 15	December 15

The cost is \$60.00 a year. These funds go toward the program expenses (freight charges, food costs, and warehousing).

*No restrictions on monthly income to qualify.
To register or for additional information contact:

Michelle Gallardo,
Operations Manager/Program Coordinator
559-674-1482
mg.maderafoodbank@gmail.com

Succulent WREATH Making Class



Create a beautiful, living succulent wreath to enjoy for months to come!



DATE:
SEPTEMBER 18TH



TIME:
6:00 P.M. – 8:00 P.M.



LOCATION:
**OAKHURST
SENIOR CENTER**



\$45
PER PERSON

All materials provided!

- ♥ No experience needed!
- ♥ All supplies and instruction included to create your own gorgeous succulent wreath.

*Bring your creativity
and let's create something
beautiful together!*



RESERVE YOUR SPOT!
PAYMENT DUE TO SECURE YOUR SPOT.



venmo
Aimee Jasso
@Aimee-Jasso-2

♥ MINIMUM OF 10 PEOPLE NEEDED TO HOLD THE CLASS ♥

→→→ QUESTIONS? CONTACT AIMEE ♥ (209)270-0386 ♥ LET'S GROW, CREATE & HAVE FUN! ←←←



UC Master Food Preserver
University of California
Agriculture & Natural Resources

Presented by UC Agriculture and
Natural Resources (UCANR), F3 Local,
and UC Master Food Preservers.

FRIDAY
Sept. 18, '26
2:00 – 4 pm
FREE Class!



Cottage Food 101: Turning Your Home Kitchen into a Food Business

Interactive workshop learning the steps to turning your home kitchen recipes into sellable products with a legally compliant and profitable business!

Get clarity on regulations, health permits, what foods are allowed!

See examples of compliant products, packaging, and labeling!

Receive resources and tools for starting your business and hear case studies from a panel of local cottage food owners!



LOCATION: Sierra Senior Center
4911 Cinder Lane, Oakhurst, CA 93644

FREE CLASS – Register with website or QR code

Click here: <https://forms.gle/4DnFDnEGYBynJHXs6>

graceaces@sti.net / (559) 365-6342



<https://link.ucanr.edu/mfps-fresnomaderamerced> UC Master Food Preservers of Fresno/Madera/Merced Counties



It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>. Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397. For local inquiries, call UCCE Madera County (559) 675-7879.

Pancake Breakfast

Save some money on eating out by joining us at the Sierra Senior Center for a delicious stack of pancakes, eggs, bacon, sausage, fruit, orange juice, and coffee for only \$10!

September 19, 2026
9am - 10:30am

\$10.00
PER ADULT

\$5.00
CHILDREN
UNDER 10



Sierra Senior Ctr
4911 Cinder Ln
Oakhurst



IRENE'S KREATE AND KRAFT PRESENTS

Kookies AND Kards

WHEN:

August 27th

September 24th

Anytime between
2:00 pm and 7:00 pm

WHERE:

Sierra Senior Center
4911 Cinder Lane Oakhurst

COST:

\$25.00 INCLUDES ALL SUPPLIES
(MOST KITS MAKE 8 CARDS)

DIFFERENT THEMES AVAILABLE..YOU PICK!
NO SKILLS NEEDED

PLEASE RSVP: IRENE GUADAGNINI 559-760-4147

Sierra Senior Center



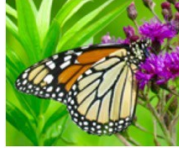
Radio Club Meetings are held the 4th Thursday of each month (except November & December) from 7-9:00pm at Sierra Senior Center.

Contact President Terry Burley, W6HRY or revcab@sti.net with questions.

49111 Cinder Lane, Oakhurst | 559-658-2200



Native Plants and Attracting Pollinators



Free Monthly Classes on the 4th Friday – except December

Friday, Sept. 25, 2026 - 1:00 – 2:00 pm
Sierra Senior Center, 49111 Cinder Lane, Oakhurst

LEARN: The vital ecological role of pollinators and the importance of restoring their habitat across the region.
WHAT pollinators are and WHY they are so important.
HOW TO design, plant and maintain a pollinator garden.
The environmental benefits of biodiversity, soil health, water conservation & pollinator recovery

Presenter: Kyle Gaede, Program manager for Coarsegold Resource Conservation District (CRCD), also works collaboratively with the Xerxes Society to promote pollinator gardens.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anr/files/TitleIXPolicy.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95616, (530) 750-1397. For local inquiries, call UCCE Madera County (559) 675-7879.

FRIDAY
5PM - 7PM
25
SEPTEMBER

Cozy Bat Paint Party!

A NIGHT OF CREATIVITY, FUN & COZY VIBES!

ALL
AGES
WELCOME!

ENJOY:



MONSTER
CRUNCH
SNACKS



SWEET
TREATS



FUN GAMES
& ACTIVITIES



DOOR PRIZES
THROUGHOUT
THE NIGHT!

ALL
SUPPLIES
INCLUDED!

JUST BRING
YOUR
CREATIVITY!



Come Paint, Relax
& Have a Bat-tastic Time!



INSTRUCTOR:

Rhiana Jones

facebook.com/
handmadejoybyrhi
rhianajones@
handmadejoybyrhi.com



LOCATION:

49111 Cinder Ln,
Oakhurst, CA

\$25
PER PERSON

SIGN UP
HERE!

Non-Members - <https://square.link/u/HZ9iuJH2z>
Members - <https://square.link/u/csmMPv7C>

Sierra Senior Center



Bingo & PIZZA*

4th SATURDAY
OF EACH MONTH

*free pizza for bingo players
served at 11am

SATURDAY
September 26, 2026

Bingo sales end at 11:30am-
arrive early to purchase your games

49111 Cinder Ln, Oakhurst
559-658-2200 oakhurstsierraseniorcenter@gmail.com



Potato PALOOZA

Sierra Senior Center Fundraiser

RAFFLE PRIZES WILL BE AVAILABLE AT THE
LUNCHEON!

09/27/2026 4PM - 6PM

FOOD WILL BE SERVED BETWEEN 4 - 4:30PM

49111 CINDER LN, OAKHURST

MENU

****Taco Tater-** shredded cheese, lettuce and tomato with salsa

****Classic tater-** butter, sour cream, bacon bits and green onion

****Texas two step tater-** chili and shredded cheddar

Salad, bread and dessert included!

**\$15 PER INDIVIDUAL
\$80 RESERVED TABLE OF 6**

Register Here

<https://tinyurl.com/potatossc2026>



THE *Color* OF *Shade*

ALL
AGES
WELCOME!

A TILE MURAL PROJECT

at the Sierra Senior Center

GATHER YOUR
GROUP & CREATE
SOMETHING
BEAUTIFUL
TOGETHER!

If you have a group
of people (preferably
4 or more) and would
like to schedule a
time and date to
paint, **text me** and
I'll see if it's
available or
possible for
that date!



★ THERE ARE CERTAIN **RULES** AND **COLOR THEMES**
FOR EACH TILE, AND THE PROJECT WILL ONLY
WORK IF THEY ARE FOLLOWED. ★



PRICE:
\$15
PER TILE



LOCATION:
SIERRA
SENIOR
CENTER



GROUPS
PREFERABLY
4 OR MORE

ALL PAINTING WILL BE DONE AT
THE SIERRA SENIOR CENTER



TEXT ME TO SCHEDULE YOUR GROUP TIME!

(916) 812-7024

Let's make something colorful, fun & meaningful together!

September 2026 SENIOR SPOTLIGHT

PEGGY CHILDRESS

Peggy Childress was born on June 26, 1937 in Fresno, California, but it was the mountains and the small communities surrounding them that would become home to her heart. Raised in Coarsegold, California, Peggy grew up on a ranch and attended Coarsegold Elementary school before continuing her education at Sierra High School in Tollhouse.

Life was different when Peggy was growing up. College was not an option for her because she needed to work, and from an early age she learned the value of hard work and making the most of what she had. While still in grammar school she spent her summers living with her aunt and working at a photo studio, where she learned how to develop film. It was an unusual skill for a young girl and one that gave Peggy an early glimpse into the working world.

Her independence began early as well. Peggy started driving at just 13 years old with a special permit that allowed her to drive to the bus stop. Getting to school was no small undertaking. She spent about four hours each school day riding the bus, two hours each way! Despite the long commute, Peggy remembers Sierra High School fondly. She describes it as a wonderful high school, and among her favorite classes were crafting and sewing.

Peggy's first car was a white 1939 Ford coupe, a car she wishes she still had today. She owned it for nearly 20 years, making it a significant part of her younger years and a reminder of a time she remembers bringing a smile to her face.

In 1958, Peggy married, and together they built their life and raised their two sons. Peggy has lived on her current property for most of her life. At one point, the smaller house on the property was unfortunately destroyed by fire, but Peggy rebuilt and continued making the property her home. The only time she lived anywhere else was when she and her husband moved to Idaho in 1991. They stayed for a couple of years, but Peggy soon discovered just how much she missed the mountains. Eventually, she returned home. The mountains have clearly always been more than just a place to Peggy. They are where she belongs.

Growing up on a ranch, Peggy was accustomed to having animals around. She had and enjoyed horses and has always had a dog. Today, however, she has no animals. Her life remains full with friendships, activities, and the simple routines that have kept her busy throughout the years.

Some of Peggy's most treasured memories involve friendships that have lasted a lifetime. Her best friend, Evelyn, has been part of her life since third grade. Although Evelyn moved to Oregon two years ago, the distance hasn't ended their friendship. The two still call each other often and continue to maintain the close bond they have shared since childhood.

Peggy also has a longtime friend named Edith, whom she has known for nearly as long. Edith now lives in Arizona, but the two still keep in touch. For Peggy, these friendships are a reminder that some connections can last through decades, distance, and all the changes life brings.

Peggy spent many years working at Sierra Online on the assembly line

before retiring. She left the job in 1991, but she remembers the people there as one of the best parts of working. She said that when you work alongside people for so long, you get to know everyone like family. It is that family-like atmosphere that Peggy misses most.

Even in retirement, Peggy has never been one to simply sit still. She enjoys staying busy, especially by baking for her friends and neighbors. She says keeping busy helps keep her mind occupied, and baking gives her an opportunity to do something she enjoys while doing something kind for others.

She also has a long history of giving her time to her community. Although she does not currently volunteer anywhere, Peggy used to help with school events by making cookies for the children. Her willingness to contribute in simple, thoughtful ways reflects the kind of person she has always been, someone who finds value in helping others and staying connected to her community.

Peggy learned to crochet from her mother. While she doesn't crochet anymore, she once made a large tablecloth for her mother, a handmade piece that represents both a skill passed down through generations and the love that went into creating something for someone special.

For someone who says she isn't much of a traveler, Peggy has a surprisingly clear answer when asked where she would go if she could take an all-expenses-paid vacation anywhere in the world. After quick thoughts, she chose deep-sea fishing. She had gone deep-sea fishing a long time ago in the San Francisco Bay area and remembered enjoying it. Perhaps it isn't the faraway destination that appeals to Peggy as much as the experience itself, but a chance to get out on the water, try

something exciting, and make another good memory.

Today, Peggy continues to stay active. For approximately 20 years, she has attended exercise classes at the Sierra Senior Center every Thursday and she still goes. She also enjoys playing Bunco, giving her plenty of opportunities to socialize, laugh, and spend time with friends.

When asked what she thinks is the most interesting thing about herself, Peggy didn't name a particular accomplishment or adventure. Instead, she pointed to the simple fact that she has lived in the same place for so long. Perhaps that says more about Peggy than any grand adventure ever could.

Peggy has built a life rooted in one place, surrounded by memories that span nearly nine decades. She has known the same mountains, held friendships that began in childhood, raised a family, worked hard, rebuilt after loss, and remained connected to her community. She has learned skills from her mother, passed kindness on to others, and found ways to keep herself busy and engaged.

Her story is not one of constant travel or dramatic change. It is a story about putting down roots and choosing, time and time again, to come home.

For Peggy, home has always been here. So when you see Peggy out and about be sure to tell her hello. She is the true definition of a "local."

Help the SIERRA SENIOR CENTER!



Volunteer Coordinator:
Georgia Kopel
georgiakopelssc@gmail.com
510-499-4973

Volunteer Application Please print clearly!

Personal Contact Information

Date: _____ Name: _____

Address: _____

Cell Phone: _____ Home Phone: _____

Email: _____

Emergency Contact Information

Name: _____ Relationship to you: _____

Cell Phone: _____ Home Phone: _____

Email: _____

Interests and Qualifications

What areas are you interested in volunteering for?

☐	Fundraising	☐	Administrative Support
☐	Event Planning	☐	Social Media / Marketing
☐	Baking for Events and/or Bingo	☐	Yard Work
☐	Phone calling	☐	Teach classes (exercise, dance, art, etc)
☐	Start a club (hiking, Scrabble, bicycling, etc)	☐	Event set-up / prep / clean-up

Your special training, skills, hobbies: _____

Language (s): ☐ English ☐ Other: _____

Any physical or medical limitations: _____

I recognize that the opportunity to participate as a volunteer at the Sierra Senior may carry a risk of personal injury and I hereby agree to assume all risks that may be associated with my participation. I hereby release, discharge, waive and relinquish all claims, liabilities and damages I may sustain from bodily injury, personal injury or property damage and hold harmless the Sierra Senior Center, its officers, directors, employees and agents.

Volunteer Signature: _____ Date: _____

Print Name: _____



SOS



SUPPORT OUR SENIORS

Join us in making a meaningful difference in the lives of our community's seniors by donating to the Sierra Senior Center. Your generous contributions directly support programs and services that enhance the well-being and quality of life for our community members.

Your donation helps us maintain and expand services, ensuring that seniors have access to resources and support necessary to lead fulfilling and independent lives.

DONATE TODAY—MAKE A DIFFERENCE IN THE LIVES OF OUR SENIORS!

<https://tinyurl.com/SSCSOS>



The Sierra Senior Center would like to publicly thank our current members for their ongoing support of the Sierra Senior Center. With your help, we have worked to bring our center back to life and to present more one-time and on-going events.

Support your Senior Center by joining our community or renewing your membership. A single membership is \$20 annually; a couple membership is \$30 annually. Once you register or renew, our automated system will remind you when your membership is about to expire. How simple is that?

Scan the code or visit tinyurl.com/SSCMembershipSSC to join or renew.



Questions? Ask any board member or email us at OakhurstSierraSeniorCenter@gmail.com.

COMMUNITY SERVICES



Please fill out Brown Bag Application and mail it in to our office. To ensure you receive your brown bag, please submit your application and fee by the 5th of the month. Here is the break down for **pro - rated** months.

Please note: Calendar dates are subject to change.

January – December	\$60.00	July – December	\$30.00
February – December	\$55.00	August – December	\$25.00
March – December	\$50.00	September – December	\$20.00
April – December	\$45.00	October – December	\$15.00
May – December	\$40.00	November – December	\$10.00
June – December	\$35.00	December	\$5.00

For application, contact mruiz.maderafoodbank@gmail.com or call 559-674-1482.



CalFresh Program

Who is it for?

CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

Visit www.cdss.ca.gov/calfresh to apply online or call the CalFresh Benefits Hotline at 877-847-3663





LET'S CONNECT

Our Care Companions at Valley Caregiver Resource Center want to provide your senior residents an opportunity to stay connected during this time. We will reach out to them by phone on a weekly basis

*All it takes is an authorized referral and we
can begin our conversation today!*

Funding Provided by Fresno-Madera Agency on Aging

Our phone calls promote:

- Socialization
- Community Connection
- Companionship
- Enhanced Physical & Cognitive Health
- Positivity & Self-Esteem
- Staying Active in their Unique Setting

FOR MORE INFORMATION

Contact Meghan Velasquez
559-224-9121
mvelasquez@valleycrc.org



Eastern Madera County **SENIOR BUS**



For Reservations Call
(559) 263-8080
or
(800) 325-7433

[www.maderacounty.com/government/
public-works/transit](http://www.maderacounty.com/government/public-works/transit)



NEED WATER BILL ASSISTANCE?

**Madera County residents
may be eligible for the Low
Income Home Water
Assistance Program
(LIHWAP)**

Get Help Now!

Submit the following:

- ✓ Complete Application Packet
- ✓ Copy of Applicant's REAL ID
- ✓ Copy of Applicant's Social Security Card
- ✓ Copy of current water bill
- ✓ Provide proof of income for the past 6 weeks for all household members
- ✓ Verification of Benefits from the Department of Social Services for all household members

Contact Us!

(559)675-5721
Lpaz@maderacap.org
1225 Gill Avenue
Madera CA. 93637



MCDPH MOBILE HEALTH

Wellness Checkups



Services:

- ▶ Glucose
- ▶ Blood Pressure
- ▶ Pulse & Oxygen
- ▶ Temperature
- ▶ Body Mass Index (BMI)



FOR MORE INFO, VISIT
[MADERACOUNTY.COM/MOBILEHEALTH](https://maderacounty.com/mobilehealth)
OR SCAN THE QR CODE.

